

FACT SHEET

Measuring Hope in Issaquah School District

Year: 2021 Grade: 10 Sex: All Number of Students Surveyed: 1,227

Background

Hope is the belief that the future can be better than the past and you play a role in making it so.

Hope is made up of goals, pathways, and agency.

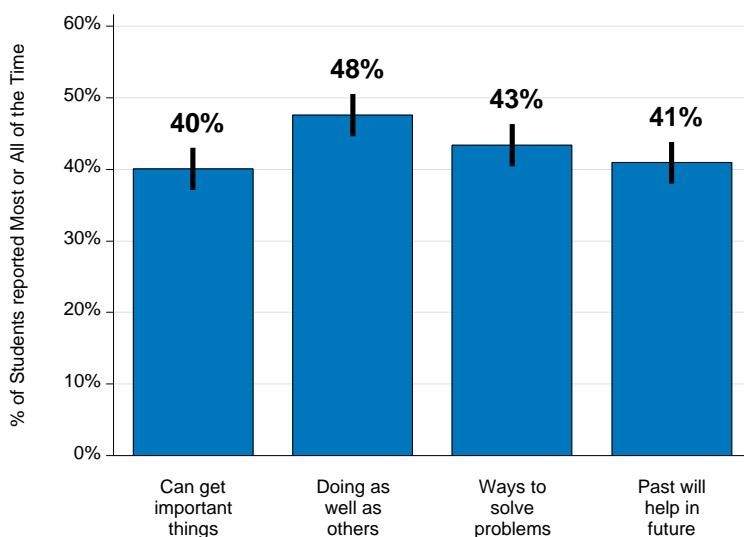
Four questions from the **Children's Hope Scale** were asked on the survey.

- Two questions about **pathways**; figuring out how to get from point A to point B to reach a goal.
- Two questions about **agency/willpower**; self-efficacy & motivation to use multiple ways to reach a goal.

Adding up the results from the four questions provides overall hope scores.

- No to very low hope
- Slightly hopeful
- Moderately hopeful
- Highly hopeful

Hope Scale Component
Questions Grade 10, 2021



Pathway Questions:

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

Pathways thinking is a child's belief in their capacity to find multiple ways to reach their goals.

Agency Questions:

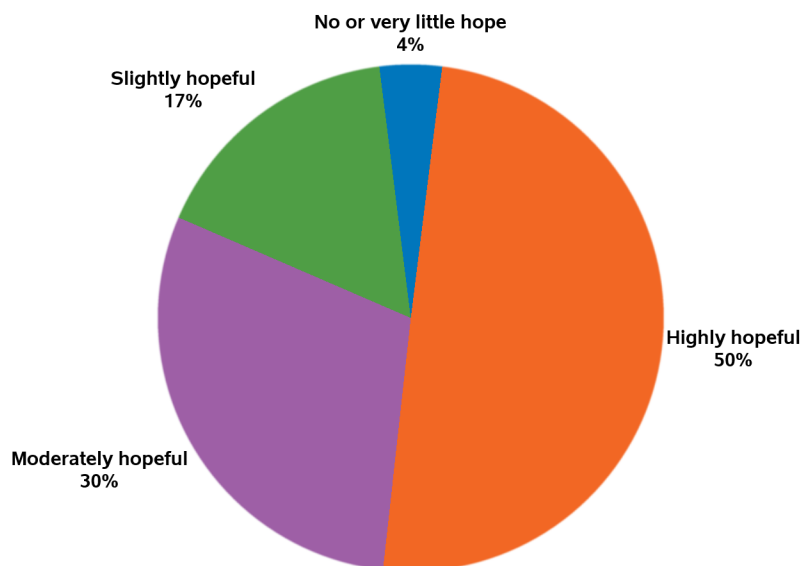
- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

FACT SHEET

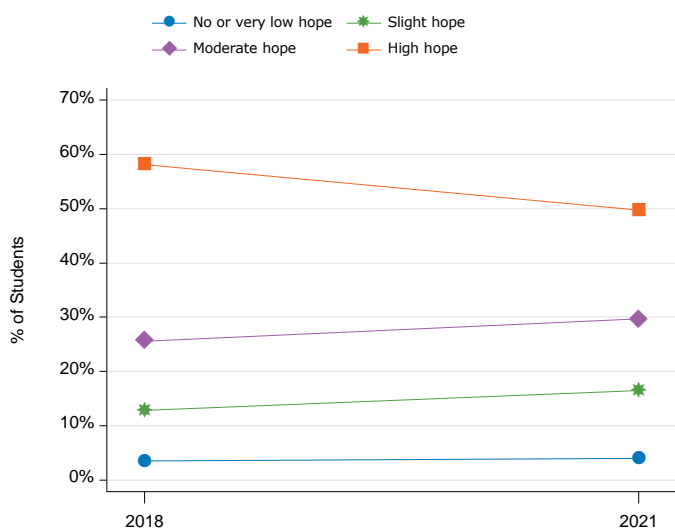
Measuring Hope

Levels of Hope Grade 10, 2021



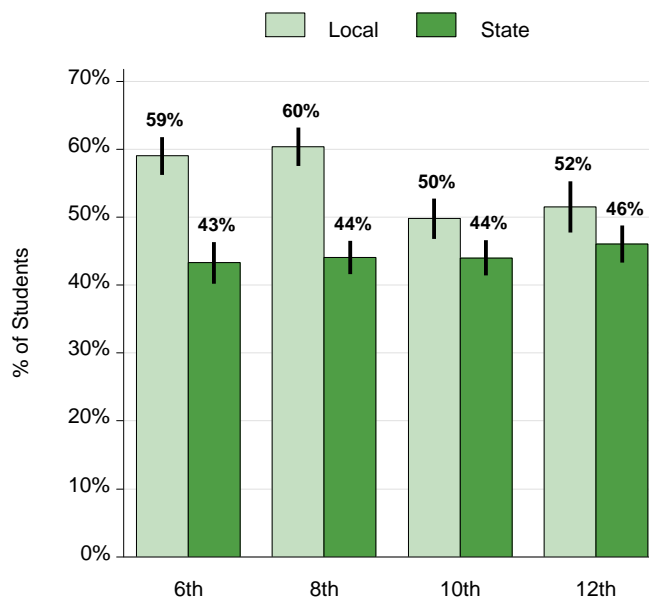
Research has shown that hope can be taught and is connected to academic achievements, well-being and positive life outcomes.

Levels of Hope 2018-2021, Grade 10



Prevalence	2018	2021
No or very low hope	3% ±1	4% ±1
Slight hope	13% ±3	17% ±2*
Moderate hope	26% ±3	30% ±3
High hope	58% ±4	50% ±3*

High Hope, All Grades, 2021

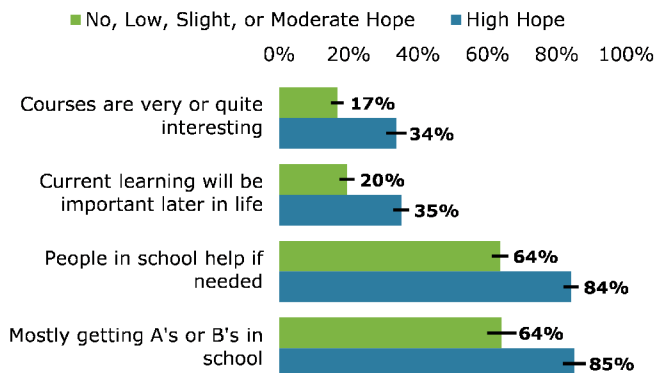


Prevalence	6th	8th	10th	12th
Local	59% ±3	60% ±3	50% ±3	52% ±4
State	43% ±3	44% ±2	44% ±3	46% ±3

FACT SHEET

Measuring Hope

Statewide Relationships between High Hope, Grade 10



For 10th graders statewide, those with **high levels of hope** are:

- More likely to find courses more interesting and helpful for their future
- More likely to think the things they are learning in school will be important later in life
- More likely to report having a person at schools that could help them if needed
- More likely to report getting high grades (A's or B's)

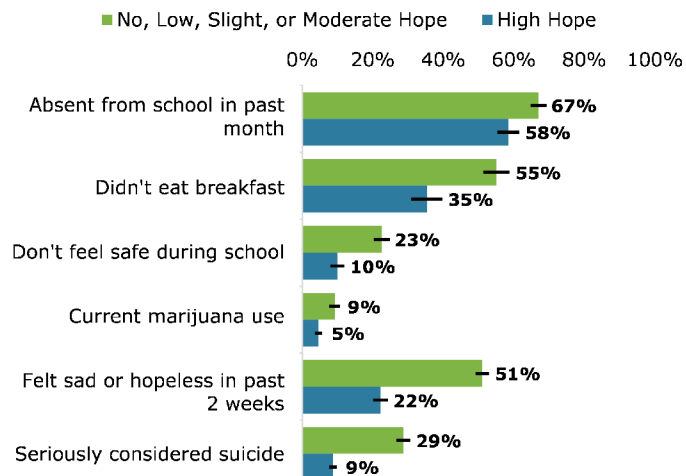
Compared to those with **lower levels of hope**.

For 10th graders statewide, those with **high levels of hope** are:

- Less likely to be absent from school in the past month
- Less likely to not have eaten breakfast
- Less likely to not feel safe during school
- Less likely to use marijuana in the past 30 days
- Less likely to feel sad or hopeless
- Less likely to have seriously considered suicide in the past year

Compared to those with **lower levels of hope**.

Statewide Relationships between High Hope, Grade 10



For More Information

- Hope Research Center-<https://www.ou.edu/tulsa/hope>

missing codes

S = result suppressed due to insufficient reporting from students of schools;
N/G = grade not available; N/S = question was not surveyed this year;
N/A = question was not asked of this grade;

prevalence is displayed with 95% confidence intervals (a± or black bar |)
*indicates a significant change from the previous year, <0.05

results generated at www.askhys.net on 03/20/2022

FACT SHEET

Measuring Hope in Issaquah School District

Year: 2021

Grade: 12

Sex: All

Number of Students Surveyed: 752

Background

Hope is the belief that the future can be better than the past and you play a role in making it so.

Hope is made up of goals, pathways, and agency.

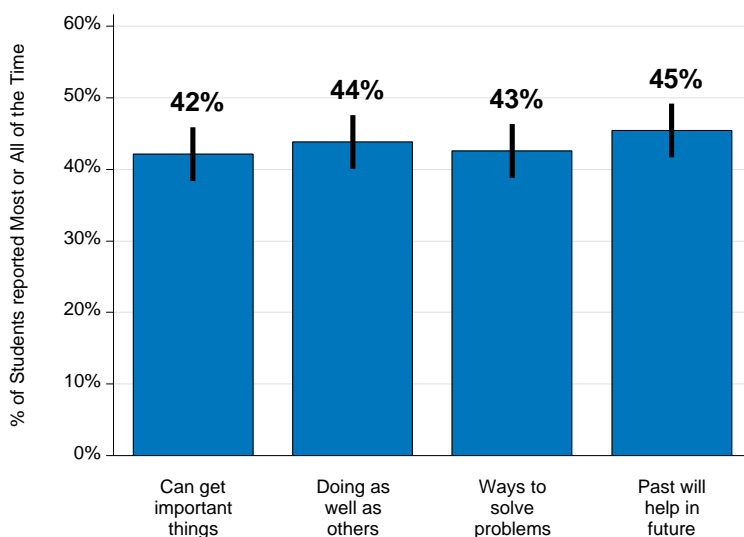
Four questions from the **Children's Hope Scale** were asked on the survey.

- Two questions about **pathways**; figuring out how to get from point A to point B to reach a goal.
- Two questions about **agency/willpower**; self-efficacy & motivation to use multiple ways to reach a goal.

Adding up the results from the four questions provides overall hope scores.

- No to very low hope
- Slightly hopeful
- Moderately hopeful
- Highly hopeful

Hope Scale Component
Questions Grade 12, 2021



Pathway Questions:

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

Pathways thinking is a child's belief in their capacity to find multiple ways to reach their goals.

Agency Questions:

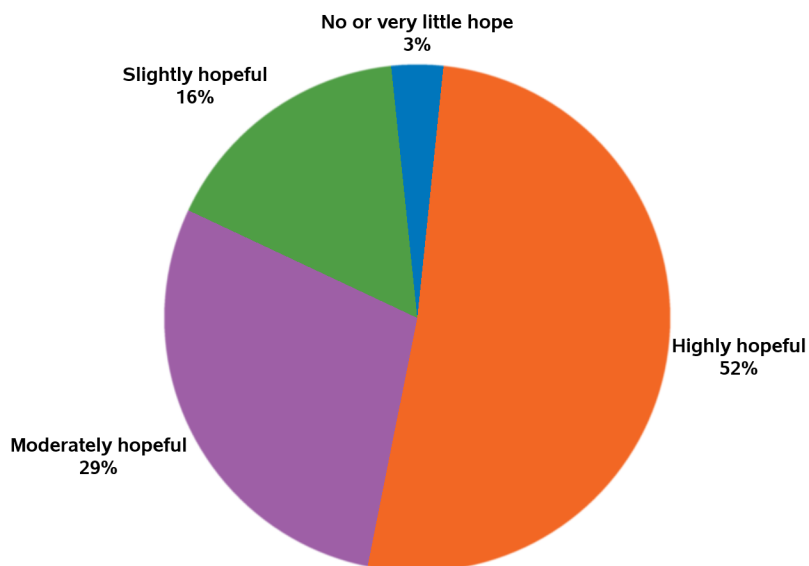
- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

FACT SHEET

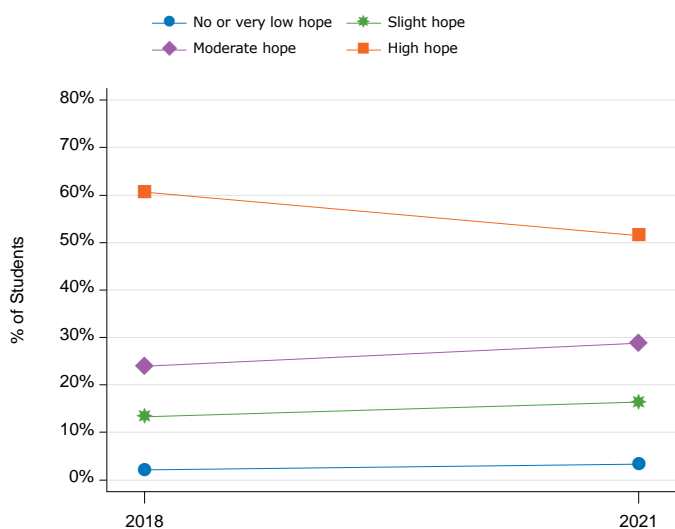
Measuring Hope

Levels of Hope Grade 12, 2021



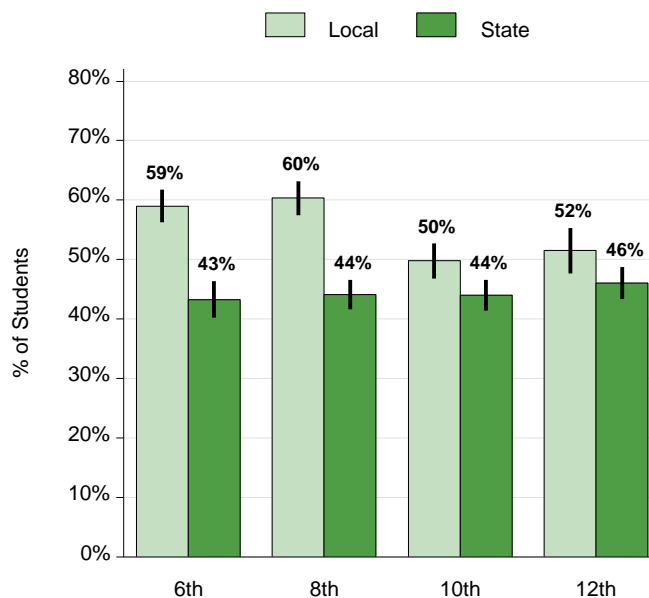
Research has shown that hope can be taught and is connected to academic achievements, well-being and positive life outcomes.

Levels of Hope 2018-2021, Grade 12



Prevalence	2018	2021
No or very low hope	2% ±2	3% ±1
Slight hope	13% ±4	16% ±3
Moderate hope	24% ±5	29% ±3
High hope	61% ±6	52% ±4*

High Hope, All Grades, 2021

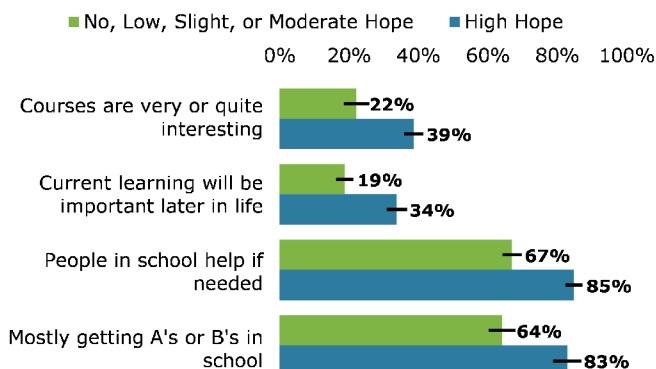


Prevalence	6th	8th	10th	12th
Local	59% ±3	60% ±3	50% ±3	52% ±4
State	43% ±3	44% ±2	44% ±3	46% ±3

FACT SHEET

Measuring Hope

Statewide Relationships between High Hope, Grade 12



For 12th graders statewide, those with **high levels of hope** are:

- More likely to find courses more interesting and helpful for their future
- More likely to think the things they are learning in school will be important later in life
- More likely to report having a person at schools that could help them if needed
- More likely to report getting high grades (A's or B's)

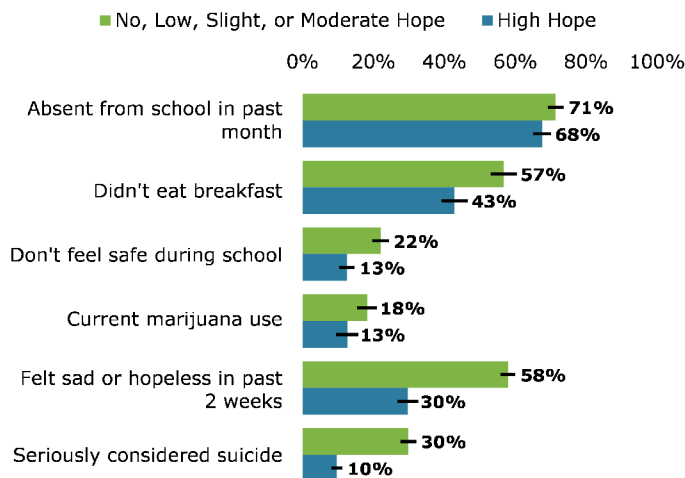
Compared to those with **lower levels of hope**.

For 12th graders statewide, those with **high levels of hope** are:

- Less likely to be absent from school in the past month
- Less likely to not have eaten breakfast
- Less likely to not feel safe during school
- Less likely to use marijuana in the past 30 days
- Less likely to feel sad or hopeless
- Less likely to have seriously considered suicide in the past year

Compared to those with **lower levels of hope**.

Statewide Relationships between High Hope, Grade 12



For More Information

- Hope Research Center-<https://www.ou.edu/tulsa/hope>

missing codes

S = result suppressed due to insufficient reporting from students of schools;
N/G = grade not available; N/S = question was not surveyed this year;
N/A = question was not asked of this grade;

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*indicates a significant change from the previous year, <0.05

results generated at www.askhys.net on 03/20/2022

FACT SHEET

Measuring Hope in Issaquah School District

Year: 2021

Grade: 6

Sex: All

Number of Students Surveyed: 1,346

Background

Hope is the belief that the future can be better than the past and you play a role in making it so.

Hope is made up of goals, pathways, and agency.

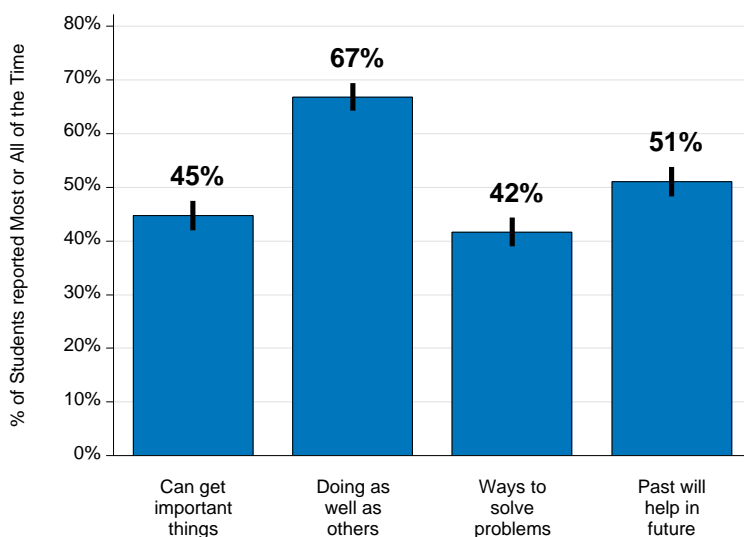
Four questions from the **Children's Hope Scale** were asked on the survey.

- Two questions about **pathways**; figuring out how to get from point A to point B to reach a goal.
- Two questions about **agency/willpower**; self-efficacy & motivation to use multiple ways to reach a goal.

Adding up the results from the four questions provides overall hope scores.

- No to very low hope
- Slightly hopeful
- Moderately hopeful
- Highly hopeful

Hope Scale Component
Questions Grade 6, 2021



Pathway Questions:

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

Pathways thinking is a child's belief in their capacity to find multiple ways to reach their goals.

Agency Questions:

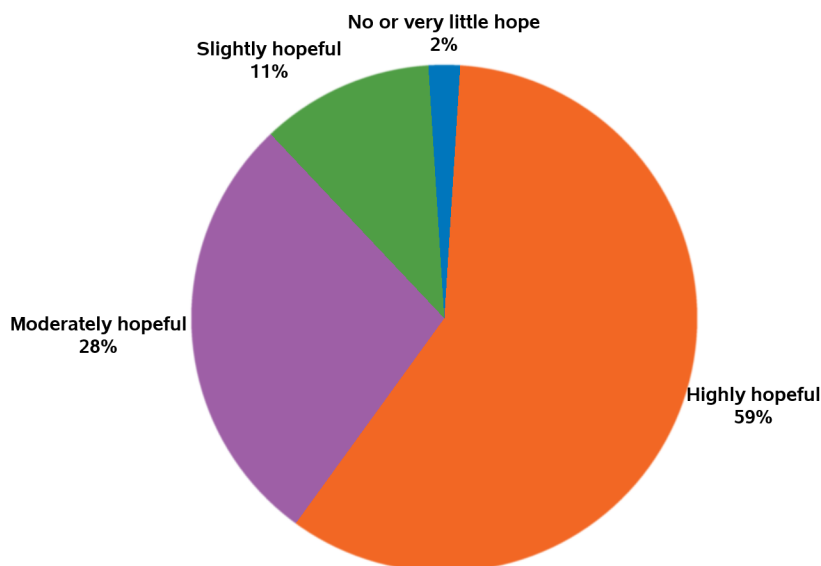
- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

FACT SHEET

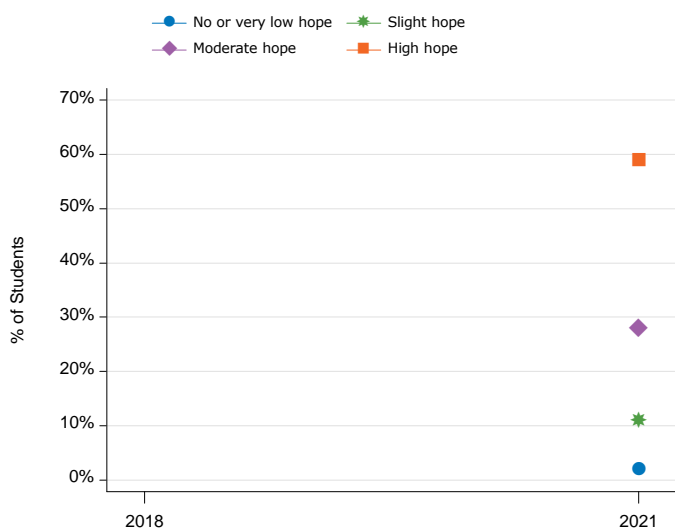
Measuring Hope

Levels of Hope Grade 6, 2021



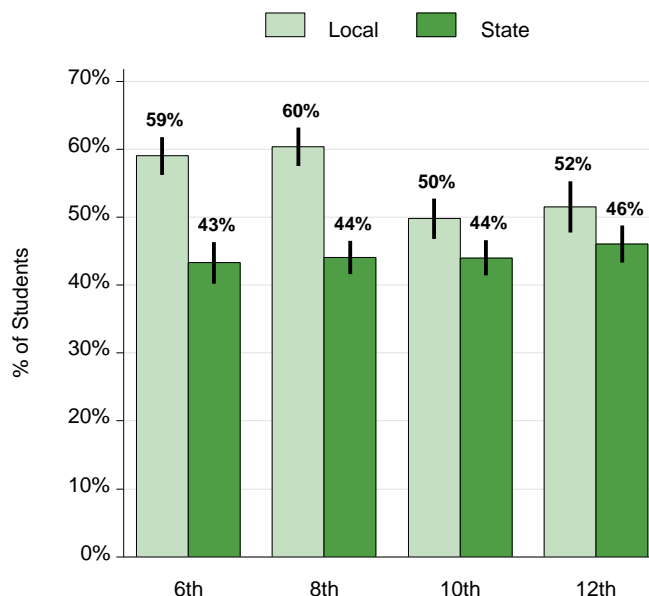
Research has shown that hope can be taught and is connected to academic achievements, well-being and positive life outcomes.

Levels of Hope 2018-2021, Grade 6



Prevalence	2018	2021
No or very low hope	N/A	2% ±1
Slight hope	N/A	11% ±2
Moderate hope	N/A	28% ±3
High hope	N/A	59% ±3

High Hope, All Grades, 2021

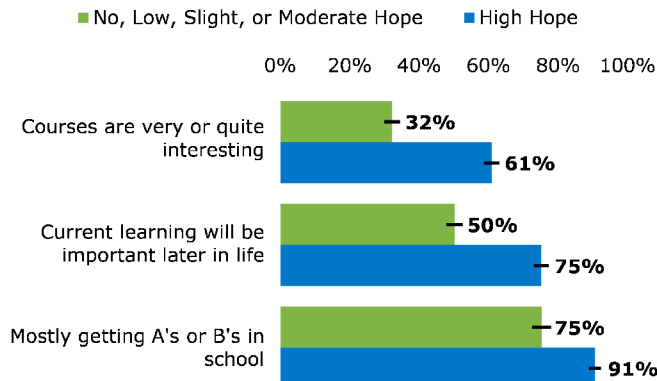


Prevalence	6th	8th	10th	12th
Local	59% ±3	60% ±3	50% ±3	52% ±4
State	43% ±3	44% ±2	44% ±3	46% ±3

FACT SHEET

Measuring Hope

Statewide Relationships between High Hope, Grade 6



For 6th graders statewide, those with **high levels of hope** are:

- More likely to find courses more interesting and helpful for their future
- More likely to think the things they are learning in school will be important later in life
- More likely to report having a person at schools that could help them if needed
- More likely to report getting high grades (A's or B's)

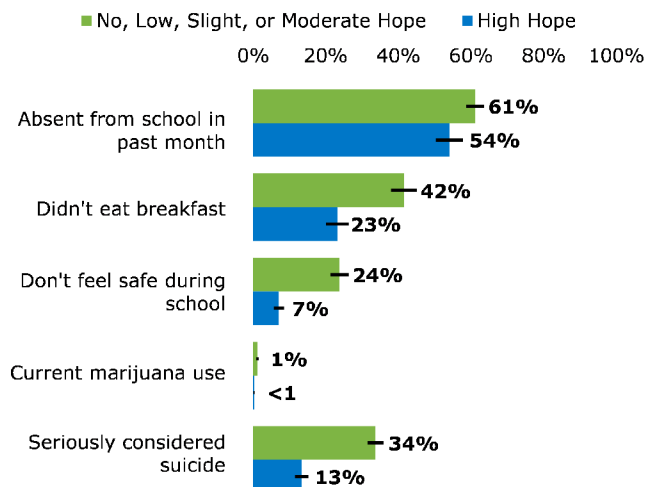
Compared to those with **lower levels of hope**.

For 6th graders statewide, those with **high levels of hope** are:

- Less likely to be absent from school in the past month
- Less likely to not have eaten breakfast
- Less likely to not feel safe during school
- Less likely to use marijuana in the past 30 days
- Less likely to have ever seriously thought about killing themselves

Compared to those with **lower levels of hope**.

Statewide Relationships between High Hope, Grade 6



For More Information

- Hope Research Center-<https://www.ou.edu/tulsa/hope>

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results generated at www.askhys.net on 03/20/2022

FACT SHEET

Measuring Hope in Issaquah School District

Year: 2021 Grade: 8 Sex: All Number of Students Surveyed: 1,295

Background

Hope is the belief that the future can be better than the past and you play a role in making it so.

Hope is made up of goals, pathways, and agency.

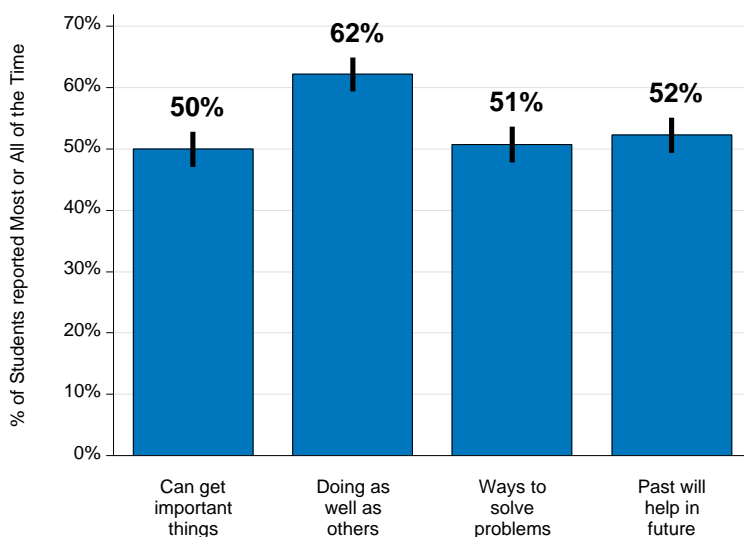
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- Two questions about **pathways**; figuring out how to get from point A to point B to reach a goal.
- Two questions about **agency/willpower**; self-efficacy & motivation to use multiple ways to reach a goal.

Adding up the results from the four questions provides overall hope scores.

- No to very low hope
- Slightly hopeful
- Moderately hopeful
- Highly hopeful

**Hope Scale Component
Questions Grade 8, 2021**



Pathway Questions:

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

Pathways thinking is a child's belief in their capacity to find multiple ways to reach their goals.

Agency Questions:

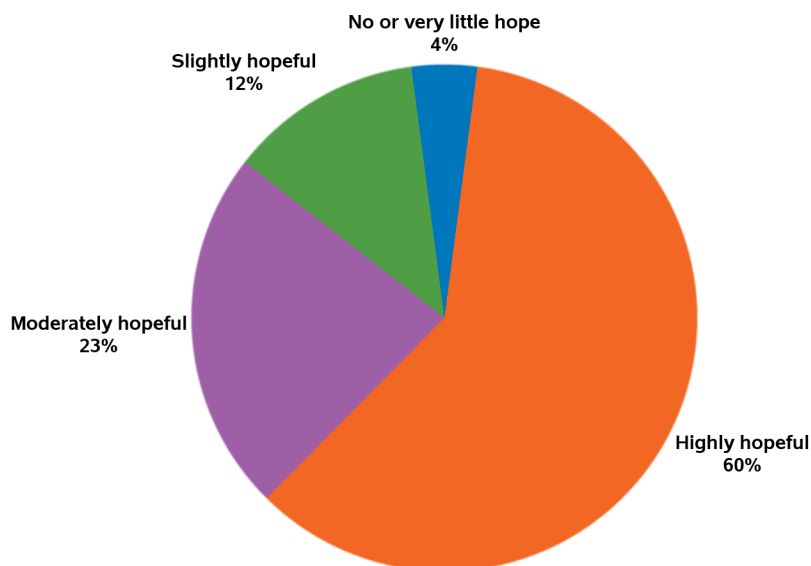
- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

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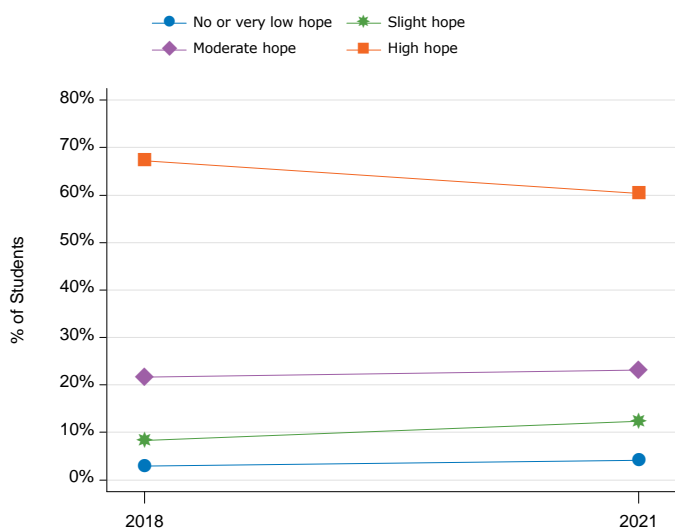
Measuring Hope

Levels of Hope Grade 8, 2021



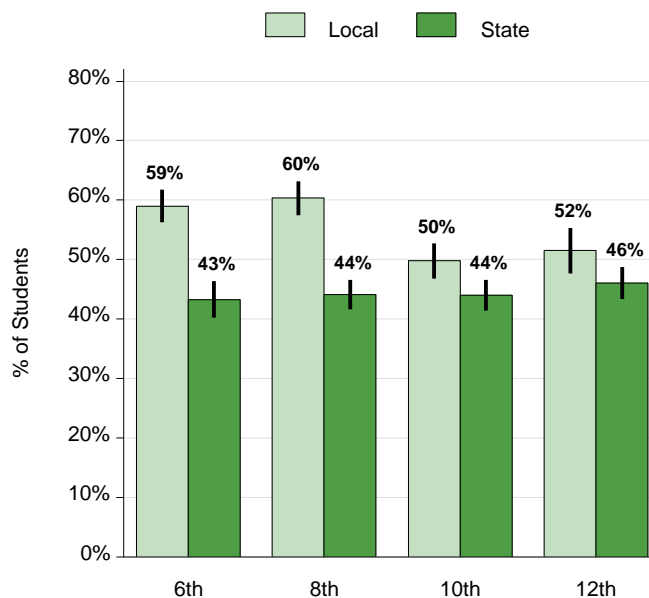
Research has shown that hope can be taught and is connected to academic achievements, well-being and positive life outcomes.

Levels of Hope 2018-2021, Grade 8



Prevalence	2018	2021
No or very low hope	3% ±1	4% ±1
Slight hope	8% ±2	12% ±2*
Moderate hope	22% ±3	23% ±2
High hope	67% ±4	60% ±3*

High Hope, All Grades, 2021

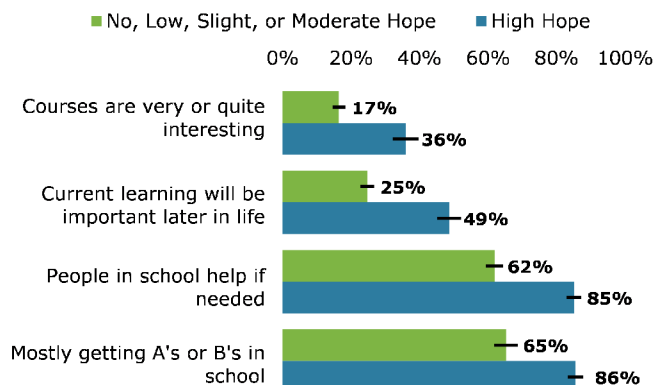


Prevalence	6th	8th	10th	12th
Local	59% ±3	60% ±3	50% ±3	52% ±4
State	43% ±3	44% ±2	44% ±3	46% ±3

FACT SHEET

Measuring Hope

Statewide Relationships between High Hope, Grade 8



For 8th graders statewide, those with **high levels of hope** are:

- More likely to find courses interesting
- More likely to think the things they are learning in school will be important later in life
- More likely to report having a person at schools that could help them if needed
- More likely to report getting high grades (A's or B's)

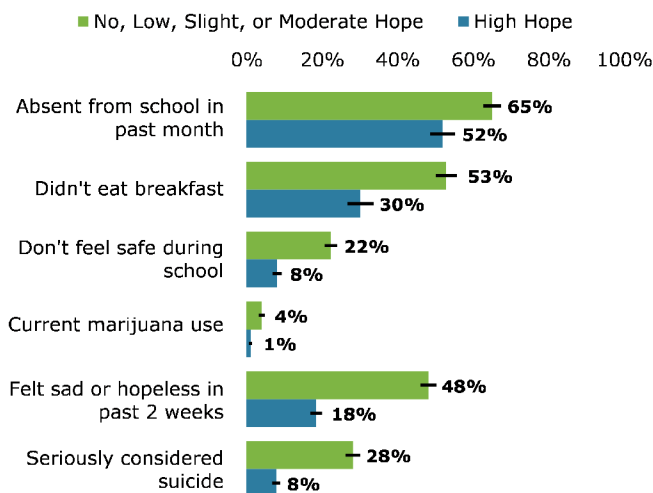
Compared to those with **lower levels of hope**.

For 8th graders statewide, those **with high levels of hope** are:

- Less likely to be absent from school in the past month
- Less likely to not have eaten breakfast
- Less likely to not feel safe during school
- Less likely to use marijuana in the past 30 days
- Less likely to feel sad or hopeless
- Less likely to have seriously considered suicide in the past year

Compared to those with **lower levels of hope**.

Statewide Relationships between High Hope, Grade 8



For More Information

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