

FRESHMAN

Course Planning Worksheet

Use this worksheet to indicate the courses you are interested in taking your freshman year.

Some things to consider . . .

- Choose a minimum of 7 credits per school year
- Courses are marked as either 0.5 credit or 1.0 credit. The 0.5 credit courses are for one semester only and the 1.0 credit courses last the entire year.
- All course descriptions for all students are listed online

[fvlhs.org / COURSES-AND-PLANNING](https://fvlhs.org/COURSES-AND-PLANNING)



Questions? Contact . . .

Mrs. Laura Gucinski - lgucinski@fvlhs.org

2023-24

Freshman Course Planning Worksheet 2023-2024

First Name _____ Last Name _____

Home Phone _____ Email _____

Current School _____

Possible Career Options:

1. _____ 2. _____



CORE CLASSES		Credit	Total
OTEST	Old Testament	1.0	1.0
PHSCI	Physical Science	1.0	1.0
ENGLISH (test results will determine course placement)		1.0	1.0
LAF	Language Arts Foundations		
LA1	Language Arts 1		
ALA1	Advanced Language Arts 1		
MATH (test results will determine course placement)		1.0	1.0
IBMAT1	Individualized Basic Math		
ALG1A	Algebra 1A		
ALG1	Algebra 1		
GEOM	Geometry (if intending to take Calculus senior year)		
Select from the following for your 1 Social Studies credit		1.0	1.0
GEOG	World Geography		
HIS1	History 1		
			5.0

Choose One

1
1 Study Hall Each Semester
7.0 CREDITS

2
1 Study Hall Either Semester
7.5 CREDITS

3
No Study Halls
8.0 CREDITS



Choose ONE Study Hall option

Option chosen by most students

ELECTIVES - 2-3 Credits required from . . .		Credit	Total
FINE ARTS	SBAND	Symphonic Band	1.0
	MCHOR	Men's Choir	1.0
	WCHOR	Women's Choir	1.0
	RDRAW	Realistic Drawing (Required before taking 2-D Art)	0.5
	PHOTO	Photography (Priority is given to upperclassmen)	0.5
	2DART	2-D Art (Semester 2 only - RDRAW is prerequisite)	0.5
PHYSICAL EDUCATION	HEALTH	Health (Required semester course taken in grades 9 or 10, or by taking College Health in grades 10-12)	0.5
	BODSP	Body Shop (Required before taking Body Shop 2)	0.5
	BODSP2	Body Shop 2 (Semester 2 only - BODSP is prerequisite)	0.5
	HRSMR	Heart Smart	0.5
	NETS	Nets to You	0.5
	PRACTIAL & PROFESSIONAL ARTS	COMAP	Business - Computer Applications
FOODS		Family and Consumer Education (FACE) - Foods	0.5
CAD1		Technology and Engineering - Computer-Aided Design 1	0.5
GA1		Technology and Engineering - Graphic Arts 1	0.5
IMA		Technology and Engineering - Introduction to Mechanical Arts (Required before taking WOOD1)	0.5
WOOD1		Technology and Engineering - Woodworking 1 (Semester 2 only - IMA is prerequisite)	0.5
ENESS		STEM Academy - Engineering Essentials	1.0
CSE		STEM Academy - Computer Science Essentials	1.0
PBS		STEM Academy - Principles of Biomedical Science	1.0
WORLD LANGUAGES		GER1	German 1
	LAT1	Latin 1	1.0
	SPAN1	Spanish 1	1.0
	SPAN2	Spanish 2 (Placement test at FVL in spring)	1.0
	Total Credits for Elective Classes		
Total Credits for Core Classes			5.0
List Your Credit Total			

Choose three alternate elective options in case of full classes or scheduling conflicts.

1. _____ 2. _____ 3. _____

Course Descriptions & Credit Requirements for Freshmen



Use the QR code or go to the web address to see descriptions and requirements of all course options for FVL.

[fvlhs.org / COURSES-AND-PLANNING](http://fvlhs.org/COURSES-AND-PLANNING)

Questions / Notes

Join us at FVL!

OCTOBER

- 1** - Cheer Camp
- 9** - Fall Sacred Band/Choirs Concert (2 PM)
- 12** - 8th Grade Welcome Night (4-8 PM)
- 21** - Fall Play *Clue: High School Edition* (6:30 PM)
- 22** - Fall Play *Clue: High School Edition* (6:30 PM)
- 23** - Fall Play *Clue: High School Edition* (2 PM)
- 24** - 8th Gr. Scheduling (by appointment)

NOVEMBER

- 3** - 8th Gr. Scheduling (by appointment)
- 10** - 5th/6th Grade Math Bowl (6 PM)
- 15** - 7th/8th Grade Math Bowl (6 PM)

DECEMBER

- 10** - FVL Schools & FVL Band Concert (6 PM)
- 19** - FVL Choirs Christmas Concert (1 PM)



Providing Christian education
to teens and preparing them
for lives of service and eternity

