

## WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b>	Lentil & Bacon <i>*Celery</i> <i>* Sulphur D02/Sulphates</i>	Tuscan Style Bean & Tomato. <i>*Celery</i>	Spiced Sweet Potato <i>*Celery</i> <i>*Milk</i> <i>*Soybeans</i>	Cream of Chicken <i>*Celery</i> <i>*Milk</i>	Tomato & Basil <i>*Celery</i>
<b>Main 1</b>	Crispy Battered Chicken Strips in a Sweet & Sour Sauce with Steamed Rice <i>*Gluten: Wheat</i> <i>* Eggs</i> <i>*Soybeans</i> <i>*MC Mustard,</i> <i>*MC Peanuts, Almonds, Cashew Nuts</i>	Chinese Hoi Sin Port with Lime & Soya Noodles <i>*Gluten: Wheat</i> <i>*Crustaceans</i> <i>* Eggs</i> <i>*Soybeans</i> <i>* Mustard</i> <i>*MC Peanuts</i>	Chicken Wrap & Potato Waffles <i>*Gluten: Wheat</i> <i>*Milk</i> <i>*Mustard</i> <i>*Soybeans</i>	Sausage, Mash, Roasted Onions & Gravy <i>*Gluten: Barley, Wheat</i> <i>*Milk</i> <i>*Sulphur D02/Sulphites</i>	Chicken Jalfrezi, Naan Bread & Steamed Rice <i>*Milk</i> <i>*Sulphur D02/Sulphates</i>
<b>Main 2</b>	Bacon & Leek Pasta Bake <i>*Gluten: Wheat</i> <i>* Milk</i> <i>*Mustard</i>	Spaghetti Bolognaise & Garlic Bread <i>*Celery</i> <i>*Gluten: Wheat &amp; Barley</i> <i>*Fish</i> <i>*Milk</i>	Baked Potato with Chilli Con Carne & Cheese <i>*Celery</i> <i>*Gluten: Wheat</i> <i>*Milk</i>	Beef Stew <i>*Gluten: Barley, Wheat</i> <i>*Fish</i> <i>*Milk</i> <i>*Soybeans</i> <i>*Sulphur D02/Sulphites</i>	Crisp Battered Cod, Chips & Mushy Peas <i>*Gluten: Wheat</i> <i>*Eggs</i> <i>*Fish</i> <i>*Milk</i>
<b>Vegetarian</b>	Quorn Thai Red Curry & Steamed Rice <i>* Eggs</i>	Macaroni Cheese <i>*Gluten: Wheat</i> <i>* Eggs</i> <i>* Milk</i>	Lentil & Chick Pea Curry —	Vegetable Lasagne <i>*Celery</i> <i>*Gluten: Wheat</i> <i>*Milk</i>	Courgette & Tomato Quiche <i>*Wheat</i> <i>*Eggs</i> <i>*Milk</i>

- Ingredients in **Red** are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and suppliers to Compass Group believe there is a significant risk that this allergen could contaminate the food. Compass Group take all reasonable steps to avoid any risk of cross contamination however they cannot guarantee that their food is 100% free from a specific allergen.