

A Prayer for the Parent of a Senior

Heavenly Father, you create each of us to be unique and you lovingly design a plan for us. My child and I have reached a point of transition and I ask your blessing and guidance during this time.

For my child I ask:

A spirit of discernment in important decisions

The virtue of fortitude during times of temptation

The presence of your peace during the struggles and anxieties

The gift of joy during those special moments that come with this year

For myself I ask:

A spirit of discernment about when to give direction and when to simply be present

The virtue of fortitude during the times when I am tempted to lose my patience

The presence of your peace during the times of separation anxiety and decision making

The gift of joy as I watch my child take that first step into adulthood

Most of all Lord, I ask you to bless and guide the relationship that my child and I will be forming in the years to come. May it always be a reflection of your enduring love: Father, Son and Holy Spirit, one God forever and ever. Amen.