Diabetes: Student Responsibilities Fact Sheet

Coordinating and managing the care of students with a diagnosis of diabetes requires the school nurse to communicate to the student their role in the planning process. Student participation in planning must be developmentally appropriate. Student responsibilities must also be developmentally appropriate and may include:

- Providing accurate, timely, and up-to-date information regarding after-school activities to allow a reasonable amount of time to plan for staffing to meet the student's diabetes care needs,
- Following diabetes medical management plan/IHP,
- Communicating with the school nurse or other designated school staff member regarding symptoms of hypoglycemia or hyperglycemia and other illnesses which may impact diabetes management,
- Communicating accurate information regarding carbohydrate intake,
- Acting responsibly when possessing and self-administering medications, specifically, not to misuse medication,
- Disposing of sharps appropriately,
- Collaborating with the school nurse, parent/legal guardian, and health care provider in care planning (as capable to do so),
- Providing timely communication to the school nurse regarding changes in pump settings, and
- Providing self-management or participate in learning self-management.