

Fall 2022

Newmark Newsletter



NEWMARK
High School



First Day at NHS

Principal’s Message

Dear Parents,

It is my privilege to welcome you to the Newmark High School 2022-2023 School Year! What lies ahead for all of us will be many experiences in which we must all learn from and the choice to see the good in each! Our staff is eager and delighted to be back working with your teens, and our students are settling in nicely and adjusting to their new classrooms.

Each year brings positive change. This includes new additions to our NHS staff. We would like to extend a warm welcome to our new staff members: Mr. Conor Walton, Teacher in our English homeroom with Mrs. Loper; Mrs. MaryAnne Grycan, Instructional Paraprofessional in Mr. Pearson’s homeroom; Mr. John Anton, Instructional Paraprofessional in our art department with Mr. Nicolato; Ms. Kathy Lynch, Instructional Paraprofessional in our math department with Mrs. Gregory’s homeroom; and Ms. Theresa Chaman, Supervisor of Curriculum and Instruction. We are pleased and excited that they are a part of our Newmark family.

We hope you all enjoyed our NHS Back To School Night on Wednesday, September 21. It was nice to see and talk to many of you throughout the evening. Back To School Night provided parents an opportunity to hear from their teen’s teachers and gave a snapshot of their school day and subject areas. This is a nice way to begin to cultivate the relationship essential to provide school-family bonds that are so important to our students.

We were so excited to see our families at our “NHS Fall Celebration” on Saturday, October 1. It was nice to see so many of our students enjoying time to socialize with friends and other families and experiencing the performance of “The Signature Project” by Patrick Dunning.

Thank you for all of your support, communication and cooperation in getting the year off to a great start.

We are looking forward to a great year!!!

Sincerely,

Gina M. Borea
Principal



Chris & Anna on Senior Canoe Trip

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Newmark K-8 School:

Ms. Gina M. Borea
Principal

Dr. Regina M. Peter &
Ms. Cynthia Allman
Executive Directors

Inspire. Prepare. Succeed.

Spotlight News

SUPPORT NEWMARK'S 2022 ANNUAL FUND

Every fall, we ask Newmark family and friends to consider donating to our Annual Fund to support the programs and services that are the hallmark of Newmark.

This year, we recognize that Newmark must continue doing what we do best – educating and providing emotional security for our families and students.

Covid-19 has had a major impact on all of us. Perhaps the hardest hit has been our Newmark students' ability to enjoy typical childhood activities. We believe that our students need to play and have a more joyful childhood experience. This year our school theme is **Passionate People At Play!** The goal is to offer more social connection opportunities and school-wide events to help promote the physical, social, emotional and mental health of our children.

While routines for special needs students are vital to their social, emotional and academic success, the element of play and team building help provide important social connections. For outdoor play, we have invested in new natural playground equipment with log climbing frames to provide a range of play activities, including climbing, balancing and jumping.



NEXTMARK
Foundation

We need your financial support to continue the important work we have set in place for the 2022-23 school year. Please help us reach this year's goal of 100% parent participation. If you value the education and experience provided by Newmark for your child, please donate to the 2022 Newmark Annual Fund today. Whether you can donate \$100, \$500 or even \$5,000 – we value that every contribution. Your tax-deductible gift will make a great difference for all the students at Newmark!

2022 Newmark Annual Fund Appeal ends
October 31, 2022

Thank you!

NextMark Foundation is a 501(c)(3) nonprofit organization supporting Newmark Education and Teacher Training.

Disclaimer: Your donation will be acknowledged as "Student's Last Name" Family for the newsletter and donor wall (ex. Jones Family). If you wish to be acknowledged differently,

How To Donate

• **By Credit Card:** visit www.newmarkeducation.com/support/annual

• **By Check:** send check payable to NextMark Foundation, 1000 Cellar Avenue, Scotch Plains, NJ 07076 Attn: Newmark Annual Fund

Community Service

Ms. Hartman



Pretzel Sale!

Community Service is already well underway at Newmark. Monthly pretzel sales are back, with our September sale raising \$95 for Future Business Leaders of America (FBLA). Our first event, Blankets of Hope has also begun. The entire student body watched a set of important videos from this organization, teaching empathy and kindness. With so many Americans experiencing homelessness, it is imperative that now, more than ever, Newmark lets our local homeless population know that they are not alone by giving them brand new blankets. For only \$5, students will be invited to write an encouraging note, which will be attached to a blanket that will be used to help keep someone warm this fall and winter.

Our students have been so generous in our past school store donation drives. The first drive of the year will benefit the Plainfield Area Humane Society. Throughout the month of October, students will be using their school store points to purchase toys, treats and food for cats and dogs at the shelter.

In addition to all our student-driven activities, teachers are also invited to participate in Dress Down Days. The donations are collected throughout the year and then donated to organizations voted on by the teachers.

Other upcoming FBLA fundraisers include the Pay to Play Dodgeball Event, Wreath Sales and more Pretzel Sales. Please be sure to check the Friday Backpack News and the Newmark Website for details on Community Service happenings.

NHS 2022 Fall Announcements

Upcoming NHS Teen Nights

For all High School students - from 2:15-4:30 PM. \$20 fee, parents need to provide transportation home promptly at 4:30 PM - See Friday Backpack News or website for Permission Forms.

- Friday, October 15, 2022
- Friday, December 9, 2022

See Friday Backpack News or website for Permission/Payment FormsUpcoming

NHS After School Clubs & Programs:

- Session I: Ends November 9, 2022
- Session II: Begins week of November 28, 2022 through January 26, 2023

All dates subject to change.



Ms. Zucker and Mr. DiBisceglie on Alumni Jersey Day



Jonas

First Day of School



Joe, Ms. Reape-Fay & Jack



Michael & Tony



Ela & Danny



Logan



Ready for our first day!



Mars, Brendon & Jaiden



Lily & Lucas



Anna

Alumni Jersey Day



Joe & Harrison



Hennessy & Jayden



Tyler



Mrs. Loper



Mr. Kraminitz & Jonas



Marek

Counseling News

Ms. George, Mr. Goldberg & Mrs. Murphy

Virtual Parent Counseling Nights

Welcome to the 2022-23 school year! The counseling department would like to share some important information and dates for you to be aware of this year.

Counseling is an integral part of the student experience at Newmark School just as communication between home and school is an integral part of your child's education and well-being. To effectively share information concerning your child, we provide parents an opportunity to connect the Newmark counselors on the first Tuesday of each month. We encourage you to schedule an appointment for one of our monthly counseling nights to discuss any issues or concerns you may have or just to touch base about how your child is doing.

All counselor meetings will be held virtually via telephone. To schedule a phone appointment, please contact Colleen Reape-Fay at 908-753-0330 or creapfay@newmarkeducation.com. Individual appointments are 30 minutes: 5:00, 5:30, 6:00, 6:30 and 7:00 PM.

Our NHS counselors are Cathleen M. George, LCSW; Adam Goldberg, Ed.M; Nadene Murphy, LCSW

The dates for the 2022-2023 school year are listed below:

Tuesday, October 11, 2022

Tuesday, November 8, 2022

Tuesday, December 13, 2022

Tuesday, January 10, 2023

Tuesday, February 7, 2023

Tuesday, March 14, 2023

Tuesday, April 18, 2023

Tuesday, May 9, 2023

Tuesday, June 13, 2023

Community Connections

PIN Program

The Community Connections PIN Program provides recognition to our students for demonstrating personal and social growth by participating in meaningful community-based experiences. These can include the following categories: Community Service, Sports, Volunteering, Music/Performing Arts, Clubs (including Scouting).

In addition, Newmark students are also encouraged to focus on earning PINs for service experiences that benefit others. Some examples of accomplishments of NHS students include: volunteering at a local temple, participating in a beach clean-up and volunteering to help young children learn to swim at the YMCA.

Individual experiences approved by the Newmark PIN Committee after students are nominated. Nominations can be submitted by a parent, teacher or member of the PIN Committee. Once the nomination has been approved, the student will receive a special pin commemorating their achievement with a ceremony in their honor.

PINS Program ceremonies occur two times per year, at the awards assemblies, at Newmark High School.

PINS Form submission deadlines are:

Monday, November 7, 2022

Tuesday, January 17, 2023

Monday, March 20, 2023

Monday, May 15, 2023

More information, and digital nomination forms, can be found on the Newmark Education website.



Dear Parents & Guardians,

I would like to take this opportunity to welcome you and your child back to school and touch base on a few things!

Just a reminder to please fill out our Daily Wellness Screening form each morning before sending your child to school. We want to keep a healthy environment at school and keep our kids safe. If you are not sure if you should keep your child home, please feel free to contact me at ecarroll@newmarkeducation.com.

Medication/Health Issues:

It is important for me to know if your child is on any medication, and if so, what type and dosage. Please also keep me up-to-date with any medication changes. If your child also needs any medication, be it prescription or over the counter medication, while in school, complete and submit the Medication Release Form on the Newmark website under School Nurse, along with other health forms.

Health Screenings:

We have a new school physician, Dr. Pallay, for our students in the middle school and high school wishing to participate in interscholastic sports. At this time we do not have a scheduled date that he or one of his associates will be here but hope to in the near future. We will keep you posted. Your student will need a sports physical to participate in a sporting event at Newmark. If your child has had a physical done on 3-1-22 or after, their doctor just needs to fill out the forms. You can find the sports physical forms on the Newmark website under School Nurse.

Personal Hygiene and Your Child:

Monitoring your child's personal hygiene is important from a social as well as health point of view. Maintaining personal hygiene enhances an individual's physical and emotional wellness. While most children age 9 and older are able to attend to their own daily hygiene supervision is still necessary in order to ensure that good habits develop. Here are some basic tips that you may want to discuss with your child to promote good hygiene.

- A balanced diet is the foundation for overall good health. A diet that includes all the food groups and one high in fruits and vegetables is recommended. Eating a healthy diet has shown to improve a child's ability to learn in school.
- A bath or shower using a mild soap is needed daily for middle school and high school age students. Hair should be washed at least twice a week or more frequently depending on your child's activity level. A deodorant/antiperspirant is usually needed daily.
- Teeth should be brushed at least twice a day to prevent decay and to maintain healthy gums. Flossing is recommended daily.
- Clothing should be changed on a daily basis. Clean cotton socks are the best for feet because they absorb moisture. As well as daily mask cleaning and replacing disposable ones daily, if used.
- Coughing and sneezing into a tissue and properly disposing is a good hygiene practice, or sneezing into your arm, then washing your hands after.
- Regular handwashing should be emphasized since this has been identified as the most important practice for preventing illness.

At Newmark School we encourage all children to develop good grooming practices. We believe that good hygiene promotes independence, self-confidence and self-esteem, and builds a foundation for lifelong healthy habits.

Sports & FBLA

FBLA

The Newmark High School Future Business Leaders of America will begin its activities later this Fall.

FBLA brings business and education together in a positive working relationship through innovative leadership and career development programs. It provides students with an opportunity to develop leadership, communication, collaboration and presentation skills.

We are excited to announce that we are starting our annual Holiday Wreath Sale in late October. We will also conduct our Student Interest Meeting in October as well. The FBLA State Conference in Atlantic City is scheduled to be held on March 6-8, 2023. More information will be sent out in the coming weeks.



Senior Class Canoe Trip

Fall Sports

Upcoming Athletic Events

- Cross Country Meet – Tuesday October 18, 2022
- Winter Indoor Track Meet – March 2023
- Spring Track Meet – May 2023

All selected participants will need a current physical and health history update to compete in the event.



Juniors on Cheesequake Park Field Trip



Layla attending Fall Celebration



Brenden and Family at Fall Celebration