



PENNCREST
EMPOWERING LIFE-LONG LEARNERS

Safe 2 Say Something



CAMBRIDGE SPRINGS
JR/SR HIGH



MAPLEWOOD
JR/SR HIGH



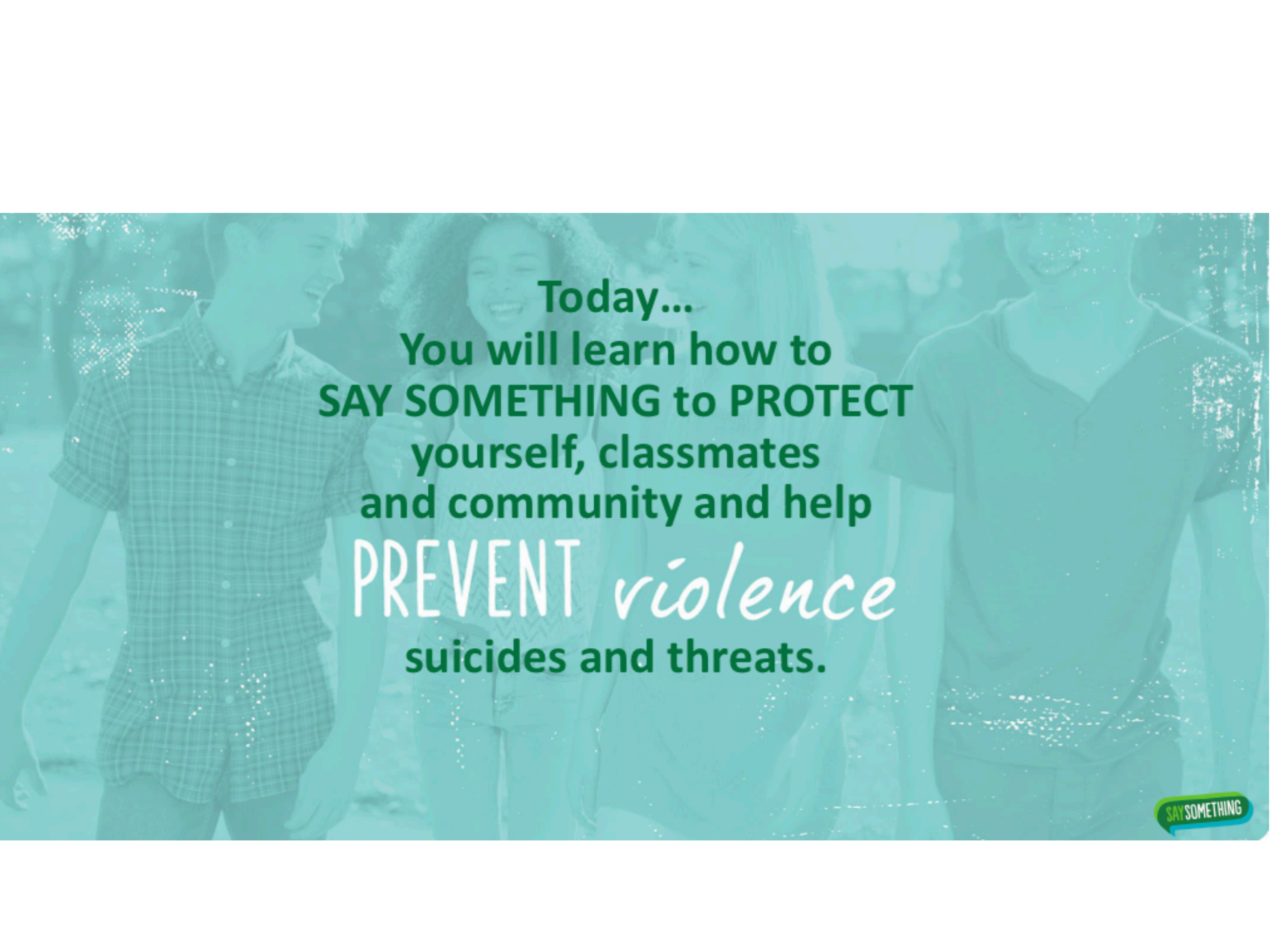
SAEGERTOWN
JR/SR HIGH

How it works

- Step 1 - An individual reports a tip
- Step 2 - The tip is triaged at a call center in the office of PA Attorney General. The call center staff notifies the police and school administration of credible tips
- Step 3 - The police and school administration intervene

How to report a tip

- Call the tipline - 1-844-SAF2SAY
- Use the Website - www.safe2saypa.org
- Download the mobile app
 - Apple and Android devices



Today...
You will learn how to
SAY SOMETHING to PROTECT
yourself, classmates
and community and help
PREVENT *violence*
suicides and threats.

1- look for WARNING
SIGNS, SIGNALS and THREATS



2 - ACT IMMEDIATELY.
take it SERIOUSLY!

The background of the slide is a teal-tinted photograph of two young women in a library. The woman on the left, wearing glasses and a light-colored sweater, is pointing her right index finger towards a book on a shelf. The woman on the right, with long dark hair, is looking in the same direction. The shelves are filled with books, and the overall atmosphere is educational.

3 - SAY SOMETHING



However...
Schools ARE NOT
immune to violence,
suicide or threats.



1-IN-3

students report
being sad or
hopeless for
2+ weeks in the
last 12 months

1,000,000

students did not
go to school 1+
days in the last
30 days because
they felt unsafe at
or on their way
to and from school

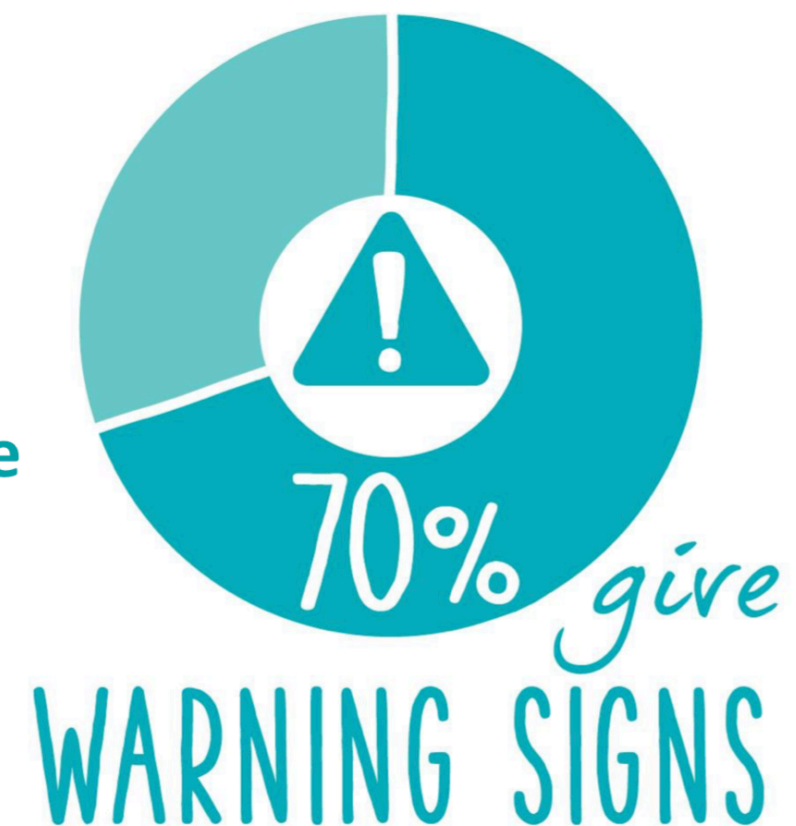
ONE MILLION

students
were harassed,
threatened or subject
to other forms
of cyberbullying





70% of people who
complete suicide tell
someone their plans or give
some other warning sign.





WHAT IS A WARNING SIGN?

- Withdrawal from others
- Bullying or Hitting
- Negative Role Models
- Excessive Anger
- Impulsive intimidating
- Extreme mood changes
- Thoughts or plans of harming self or others
- Blames others for own failures
- Fear of riding the bus / going to school
- Will not forgive or forget the wrongs of other people
- Significant personality change
- Excessive feelings of isolation or rejection
- Dramatic changes in physical appearances

WHAT IS A WARNING SIGNAL?

**Gestures or ACTIONS, that
transmit information which
can be either OVERT or
VAGUE in nature**

WHAT IS A WARNING SIGNAL?

- Give away possessions
- Fascination with suicide
- Rigid beliefs or ideologies
- Brag about access to guns
- Fascination with weapons
- Fascinated with school shootings
- Fascination and/or writings and drawings of death
- Recruit friend to join an attack
- Warn a friend to stay away from school or an event
- Bragging about an upcoming attack

WHAT IS A THREAT?

Any communication directly or through a third party which has the intent to **HARM** themselves or someone



- “Somebody should do that here.” (supporting violent act)
- “Someone should blow this place up.”
- “Life isn’t worth living.”
- “I am going to take her and her friends out.”
- “You’d be better off without me.”
- “They will regret they ever met me.”

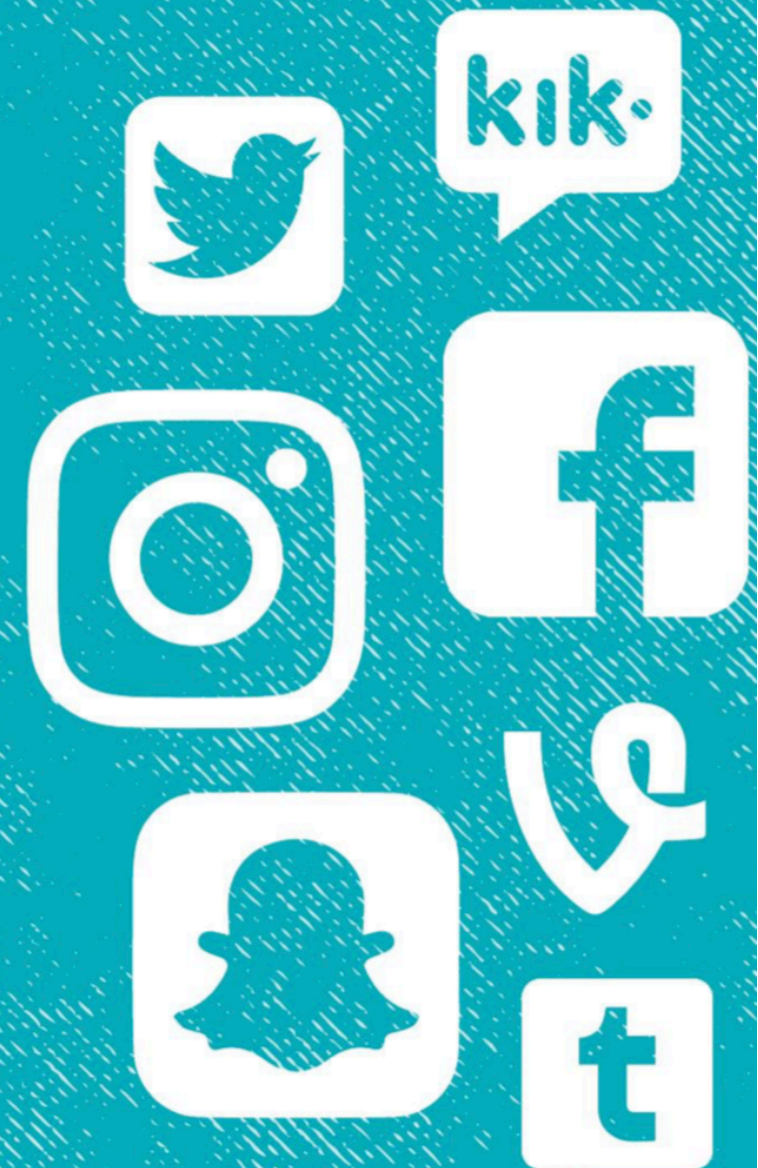
WHERE *are*
WARNING SIGNS, SIGNALS
and THREATS found?

SOCIAL *media*

is a **PRIMARY SOURCE**
of signs, signals and threats,
followed by hallways,
lunchrooms and classrooms.

IN WHAT FORM ARE THEY FOUND?

- SPOKEN
- PHOTOS
- VIDEOS
- WRITTEN
- GESTURES
- ACTIONS & BEHAVIORS



**IT'S NOT JUST ABOUT
VIOLENCE AND SUICIDE.**
**YOU CAN ALSO HELP WITH
OTHER PROBLEMS.**

**Bullying or
being bullied**

**Abusing or
being abused
(verbally/
physically)**

**May have
an eating
disorder**

**Substance
abuse or
addiction
problem**

**May be
a sexual
predator/Being
preyed on**



2 - ACT IMMEDIATELY.
take it SERIOUSLY!

WHEN SHOULD YOU ACT?
when you SEE, HEAR OR READ a
warning sign, signal or threat,

act **IMMEDIATELY**

and seek help.

WHAT DELAYS ACTING IMMEDIATELY?

- “We all spoke to him and he said he would never do that.”
- “I thought someone else would tell someone.”
- “I thought they would feel better tomorrow.”
- “They are too young to hurt themselves or others.”
- “He just wants attention. It’s not real.”
- “I would say something if it was a big enough deal.”
- “I am waiting for the right moment to say something.”
- “If he was going to do something, why would he announce it publicly?”

WHAT STOPS ACTING IMMEDIATELY?

If you tell on someone, you will be labeled a traitor, rat and/or risk of being alienated or physically hurt.

SAY SOMETHING

- Getting someone help for their own safety and well-being and to protect yourself and others from harm.
- You want to help them.

VS.

TELLING ON SOMEONE

- Purposely trying to get someone in trouble for your own gain.
- You want to get them in trouble.

act IMMEDIATELY TAKE IT SERIOUSLY!

- When you act, you could save someone's life or the lives of others
- When you do not act (out of fear), you risk losing a friend or a classmate
- Individuals want to be helped – they may not understand that they need it, or don't know how to get it

The background is a teal-tinted photograph of two individuals, likely a man and a woman, engaged in a conversation. The man is on the left, shown in profile, and the woman is on the right, facing him. A large, white, rounded speech bubble is positioned in the center, containing the text '3 - SAY SOMETHING' in a bold, dark green, sans-serif font. The overall aesthetic is clean and modern, with a focus on communication.

3 - SAY SOMETHING

ALWAYS CALL

9

1

1

IN AN EMERGENCY

SAY SOMETHING
to a TRUSTED adult

**Parent or
Teacher**

**Guidance
Counselor**

**School
Psychologist**

**School
Police/
Resource
Officer**

**Community
Organization
Leader**

TRUSTED ADULTS

**Coach,
Instructor
or Mentor**

**Principal/
School
Support
Staff**

**Religious
Leader**

Using the S2SS System

1 SUBMIT YOUR TIP ANONYMOUSLY

24/7 – 365 Days a Year



MOBILE APP



1-844-5-SAYNOW



SAYSOMETHING.NET

***Law enforcement agencies have the ability to identify individuals who fabricate or falsify tips for nefarious purposes**

2

TIPS SENT TO 24/7 CRISIS CENTER

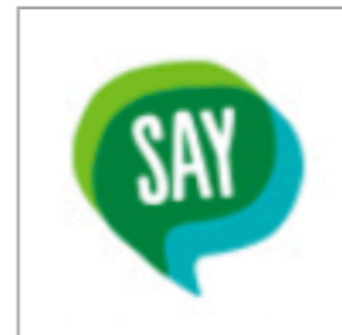
1. Crisis counselor ensures tip has enough information
2. MAY ask more questions via “2-way anonymous dialogue”
3. Forwards tip to school officials and police (as needed)

3 INTERVENE AND HELP

1. **School Officials and Police** (as needed) immediately assess, intervene and take action to protect students
2. **School Officials** report outcomes into the Say Something system to ensure accountability and follow-up of tips

HOW *do I* USE THE APP?

**DOWNLOAD THE APP ONTO
YOUR PHONE OR MOBILE DEVICE**

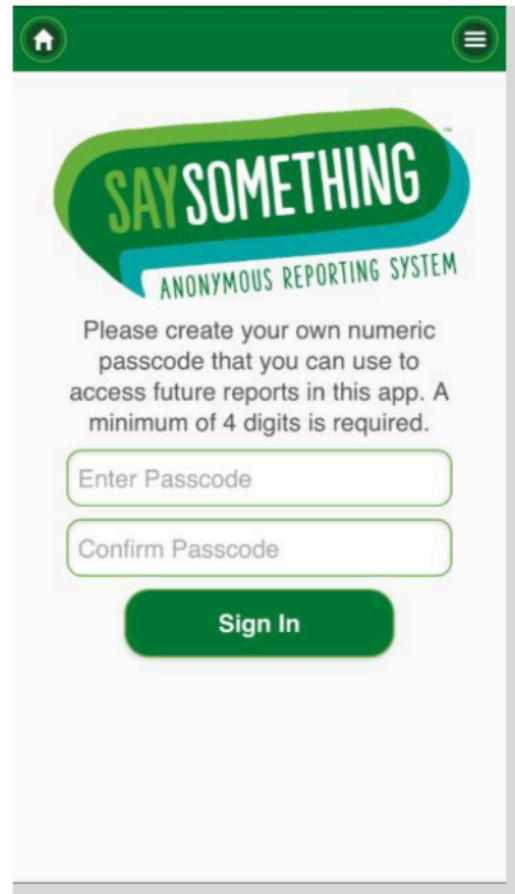


Search for
“Say Something Anonymous
Reporting System”

Using the App

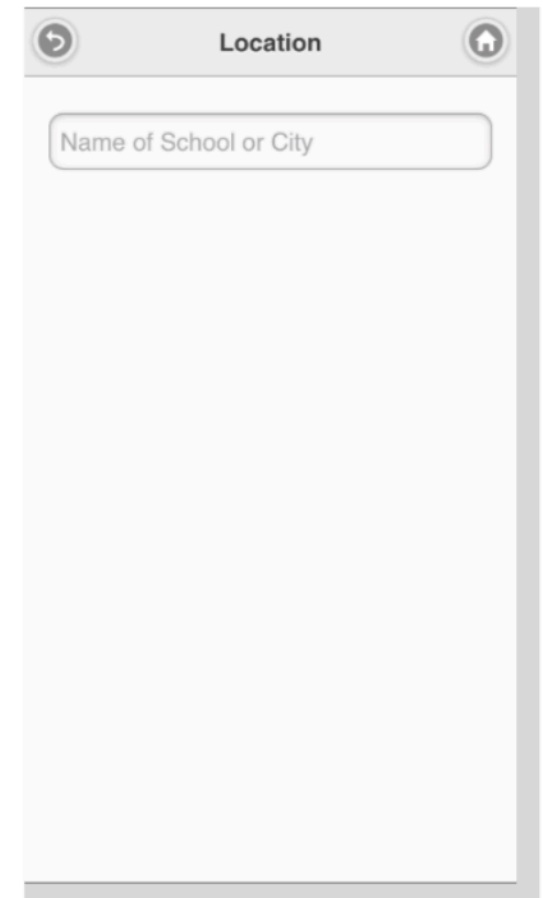
1

**CREATE AND
ENTER A 4-DIGIT
PASSCODE WHEN
PROMPTED**

A screenshot of the 'SAY SOMETHING' app's login screen. The app has a green header with a home icon and a menu icon. The main content area has a green and blue logo that says 'SAY SOMETHING' and 'ANONYMOUS REPORTING SYSTEM'. Below the logo, there is a text prompt: 'Please create your own numeric passcode that you can use to access future reports in this app. A minimum of 4 digits is required.' There are two input fields: 'Enter Passcode' and 'Confirm Passcode'. At the bottom, there is a green 'Sign In' button.

2

**ENTER YOUR
SCHOOL NAME BY
TYPING "BECKER ..."
THEN SELECT
MIDDLE OR HIGH
SCHOOL**

A screenshot of the app's 'Location' selection screen. It has a grey header with a back arrow, the title 'Location', and a home icon. Below the header is a text input field with the placeholder text 'Name of School or City'. The rest of the screen is empty.

3

TO ENTER A TIP – FROM THE HOME PAGE

1. Select “Submit a Tip”

Powered by P3

2. Select a “Concern”

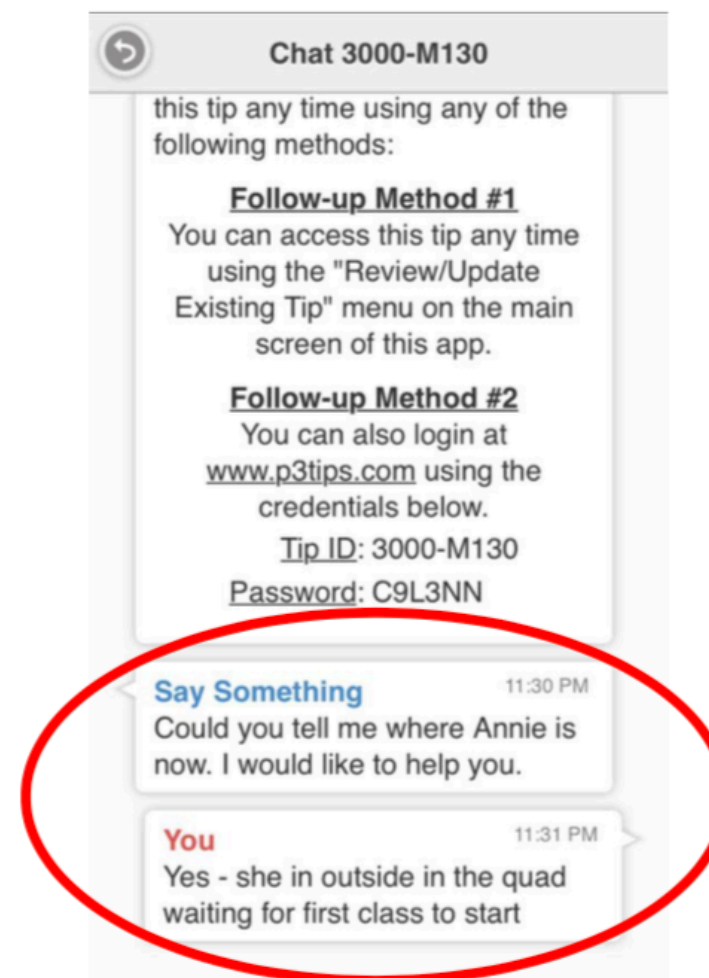
3. Provide Details (Scrolling Down)

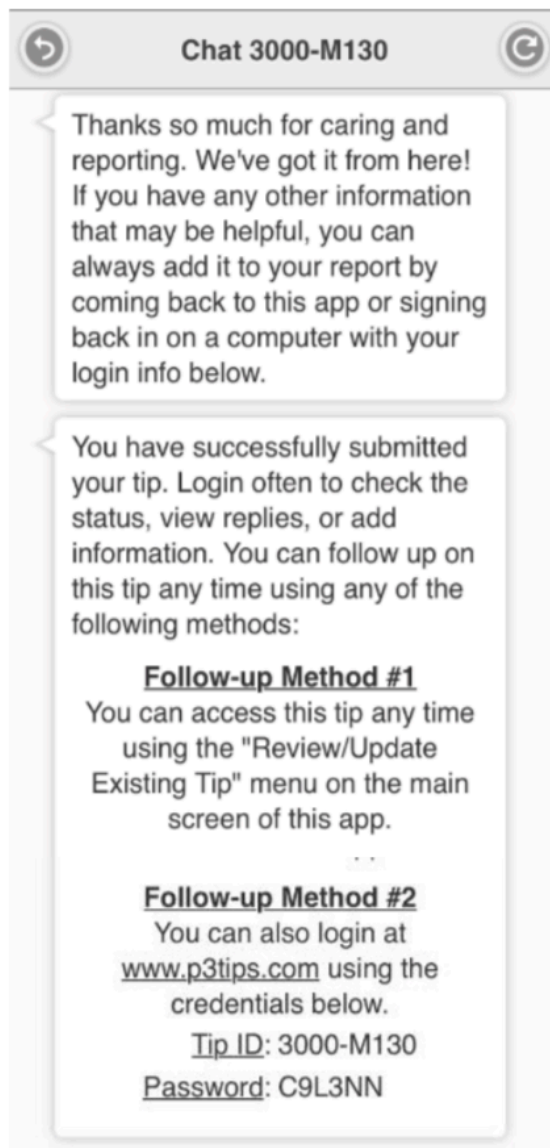
4. Attach Photos, Videos or Sound Files and Submit Tip

To Review / Update a Tip and 2-Way Anonymous Dialog

3

Use 2-Way
Anonymous dialog
box to update tip
and/or answer
questions





AFTER YOU SUBMIT A TIP YOU WILL RECEIVE

Acknowledgement and thanks to the user for submitting tip

Statement to tipster that s/he can check the status, view replies or add more information to a submitted tip

TWO methods to check status, view replies or add information:

- 1) Via the app and the "review/update existing tip
- 2) Via website and input of the tip ID number and password

SAY SOMETHING

HOW *do I* SUBMIT A TIP ON THE WEBSITE?

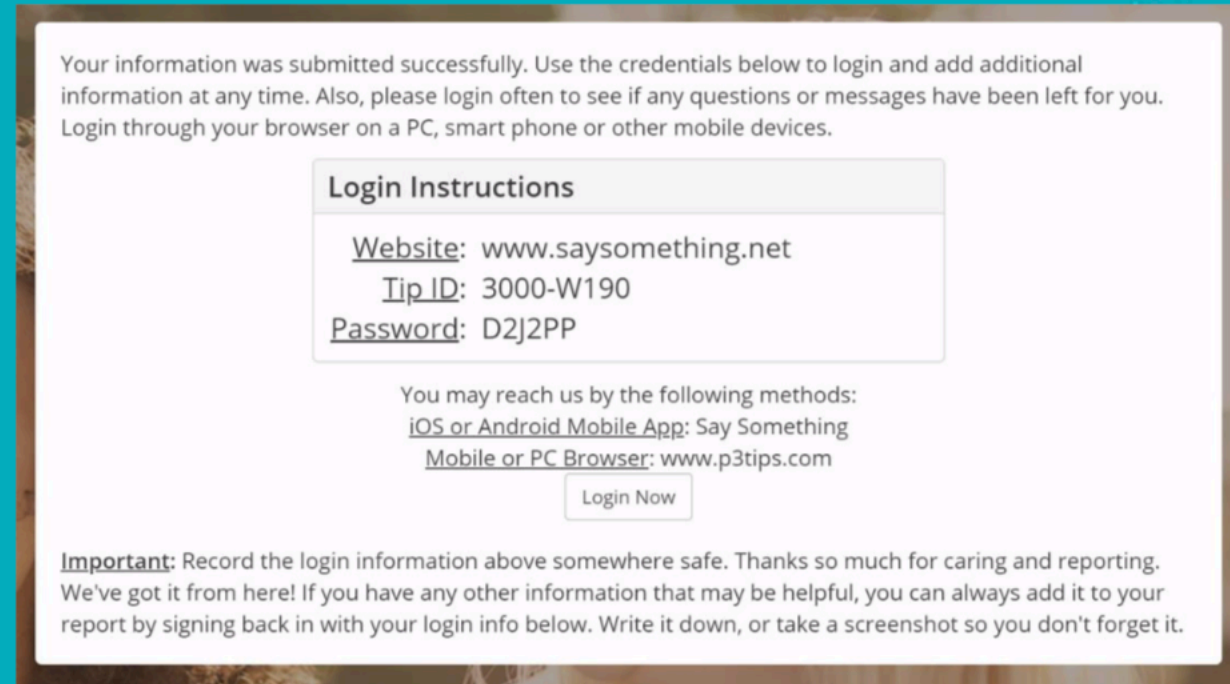
1. Go to SAYSOMETHING.NET – Select “Submit a Tip” then Complete Form:



The screenshot shows the "SUBMIT A TIP" form. At the top, it says "SUBMIT A TIP" in large white letters. Below this, there is a red warning: "Call 911 if this is an emergency or a crime in progress." The form is divided into sections: "Description of Concern/Event", "Person Involved", and "Clothing". The "Description of Concern/Event" section includes fields for "School" (Type the Name of the School or City), "Event Description" (including Who, What, When, Where and How Do You Know), "Concern/Event Types", "What time and date did the event occur to the best of your recollection?", and "How did you hear about our program?". The "Person Involved" section includes fields for "First Name", "Last Name", "Nickname", "Grade", "Race", "Gender", "Body Type/Build", "Age or DOB", "Eyes/Glasses", "Hair Color/Style", "Facial Hair", "Scars, Marks, Tattoos, Piercings", "DL# or ID#", and "Clothing".

1. Once submitted, you receive a Tip Number / Password to allow you to:

- Return to the website
- Login anonymously
- Provide new and/or additional information



To update tip / respond to inquiry using 2-way anonymous dialogue

Select "Follow-Up on
Tip" and enter tip ID #
and password



HOW *do I* SUBMIT A TIP BY PHONE?

1. **CALL 1-844-5-SAYNOW (1-844-572-9669)**
2. **A crisis counselor will ask a series of questions – such as:**
 - School district and school name
 - Description of situation, individuals involved
 - Location details (as needed) and other details to assess the situation
3. **At the end of the call, you will receive a Tip Number and Password to allow you to:**
 - Login online and provide new and/or additional information
 - View private messages requesting additional anonymous information from you



take the
PLEDGE
i promise to...

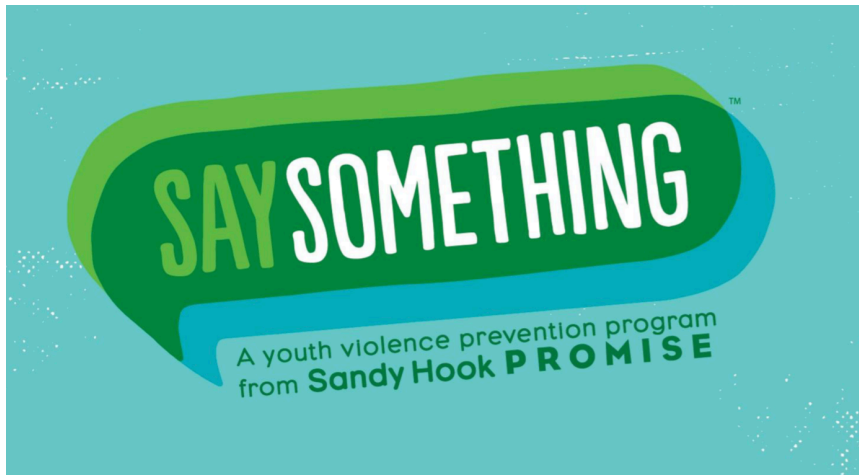
-
1. **LOOK** *for* **WARNING SIGNS**
SIGNALS & THREATS



-
2. **ACT IMMEDIATELY** *take it*
SERIOUSLY.

-
3. *say* **something**

to help **CREATE a SAFER, HEALTHIER school**



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Do you have any questions?

Please talk with the principal, school counselor, a teacher or trusted adult with concerns or if you need assistance.