

Annual Notification of Wellness Policy

May 20, 2020

The School's Wellness Policy information is available via the school website and the monthly, schoolwide Parent Newsletter.

The New Heights Charter School Wellness Policy is available at the following link:

<http://www.newheightscharter.org/userfiles/40/my%20files/new%20heights%20modelwellnesspolicy%20march%202018.pdf?id=496>

Wellness Team Leader:

Amy Berfield, Executive Director, 323-508-0155

To get involved in the Wellness Committee or in discussions about Wellness, please contact Amy Berfield.

Description of the school's progress in meeting the goals of the policy

New Heights abides by our Wellness Policy in all aspects as a core value of the school's mission. This includes: a School Wellness Committee, Wellness Policy Implementation, Monitoring, Accountability, and Community Engagement, Nutrition Promotion, Daily Physical Activity, promotion of other activities that Promote Student Wellness and a Tobacco-Free School.

The school actively inform families and the public each year of basic information about this policy, including its content, any updates to the policy and implementation status during the August Policy Meetings that each parent attends with school staff prior to the start of the school year.

New Heights provides as much information as possible about the school nutrition environment through monthly communications with parents.

The Triennial Assessment is scheduled for June 2021 and will include:

- Compliance with the policy
- Quality of the policy (compared to model policies)
- Progress made in attaining goals of the policy