



At New Heights we offer social/emotional supports for students as well as access to mental health services. Counseling helps students whose behaviors are result of emotional distress and/or a crisis or family/environmental issue. On campus, short-term crisis counseling will be provided by need. Students may be referred to community counseling agencies, if long term or more intensive counseling support is needed.

Short-term crisis counseling usually lasts no more than six weeks. If you would like to refer your student for crisis counseling, please follow the following steps:

- Complete and turn in a student support referral form.
- The student and family support team, Ms. Trina Mitchell (Upper Campus) and Ms. Ronica Morris (Lower Campus), will be in contact with you to set up a time to discuss concerns.
- Parents will be contacted.
- Crisis counseling will begin immediately.

If you would like to refer your student for long term/more intensive counseling services, please follow these steps:

- Complete and turn in a student support referral form.
- The student and family support team, Ms. Trina Mitchell (Upper Campus) and Ms. Ronica Morris (Lower Campus), will be in contact with you to set up a time to discuss concerns.
- The teacher is then responsible for setting-up a meeting with student's parent to discuss concerns.
- At the meeting, the parent will be provided with community counseling information.

If you have questions or would like further information, please call the student and family support team at 323-508-0155.