

School Health Advisory Council

Meeting Minutes

October 3, 2022

Special Programs Gym

Present: Ralph Wilkins, Billye Trader, Jo Johnson, Julie Walton, Kristy Hanks, Hannah Westmoreland, Sgt. Novosad, Abbie Turner, Cathy Crate, Tyler Bryan, Wanda Anderson, Diana Horelka, Carrie Rife, Curtis Daugherty, Valerie Marcott, Karen Hall, Heather McBride, James Odom, Katherine Yarbrough, James Miller, Sherri Fitzpatrick, Jennifer Muschweck, Danielle Knight, Debbie Moye, Rosie Sepulveda, Jill Howells, Christi Thompson, Hilary McLellan, Catherine Holland.

Ralph Wilkins called the meeting to order and introductions were made at 4 pm.

- Ralph Wilkins led attendance introductions: Billye Trader; Executive Director of Special Programs, Heather McBride; Nutrition Intern, Katherine Yarbrough; Coordinator, School Nutrition.
- Sgt. Matt Novosad spoke on the health and safety implementations at LPISD: police officer presence, security offers, campus building security, Anonymous Alert apps, Tango-Tango WI-FI, Navigate 360, Active shooter response – bus driver training, Threat assessments and ongoing trainings, etc.
- Cathy Crate, parent, suggested a Safety Parent training. Sgt. Novosad will add updates to the campus websites.
- Heather McBride spoke on Parent Dynamics and Eating Development Disorders. Anorexia, Bulimia, Binge eating, and ARFID are the most common disorders. Eating disorders can start as early as 6 years old.
- Katherine Yarborough shared the success for the Wellness Fair, which 750 faculty and staff attended, with 20 vendors. The La Porte Health and Safety Fair, hosted by the City of La Porte at LPHS, which 1,500 community members attended. School Nutrition shared samples of their meals, with samples of new options now available.

The meeting was closed thereafter and the 2022-2023 SHAC and the next SHAC meeting will be held on January 16, 2022 in the SPC Gym.