FOREST RIDGE
SCHOOL OF THE SACRED HEART

## 2023 Sacred Heart Award Nomination Form

**The Sacred Heart Award** is given to honor an alumna whose dedication to Forest Ridge School of the Sacred Heart has called her to serve. She has generously given her time, over the course of many years (consistently or on/off) in support of Forest Ridge, the Society of the Sacred Heart or another Sacred Heart School. The nominee must be a minimum of 10 years post high school graduation. The recipient of this award will be recognized and honored at the annual Forest Ridge School Reunion Celebration.

To nominate someone, please fill out the following information below:

1. Name of Nominee: _____
   First Last (Maiden) Last (Current if Different)

2. Graduating Class Year _____ School _____
   Name City/State

3. Please give a brief description of the alumna's services and why she deserves the Sacred Heart Award:

Your Name: _____
First Last (Maiden) Last (Current if Different)

Graduating Class Year _____ School _____
Name City/State

Telephone Number: _____ (Home) _____ (Mobile)

Email Address:

Thank you!

Please return this form to Julie Lundgren, Director of Alumnae and Donor Relations, via email to jlundgren@forestridge.org or mailed to 4800 139th Ave SE, Bellevue, WA 98006 by **November 1, 2022.**

A member of the Alumnae Board may contact you for further information on the nominee.