



OCTOBER

DEPRESSION, SCREENING, & DROP OUT PREVENTION



RINCON WELLNESS CENTER

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

 3	4 ART THERAPY @ LUNCH	5 WC @ OCEANVIEW FOR EVENT	6 WC CLOSED AFTER LUNCH SWS @ DO	7 
10 MONDAY MORNING MEDITATION	11 WELLNESS CENTER TOURS F2S Lunch Activity	12 DESTRESS ACTIVITY AT LUNCH	13 WELLNESS CENTER TOURS COVITALITY	14 WELLNESS PEER WORKSHOP COVITALITY
17 DISTRICT WIDE PD DAY	18 COVITALITY START OF QUARTER TWO	19 COVITALITY	20 WELLNESS CENTER STAFF AT DO (2 DAY TRAINING)	21 WELLNESS CENTER STAFF AT DO (2 DAY TRAINING)
24 MONDAY MORNING MEDITATION	25 WC TOUR	26 RED RIBBON PLEDGE	27 CI LIVE	28 RED RIBBON QUAD TABLING
31 PAINTING PUMPKINS DURING LUNCH 	<h1>RED RIBBON WEEK</h1>			