

What should I do if my child is unwell?

Please keep your child home from school if they are ill. If your child is ill, home is the best place for them to rest and recuperate.

Students who have symptoms of respiratory or gastrointestinal infections, such as cough, fever, sore throat, vomiting, or diarrhea, should stay home. **Your student needs to be fever, vomit, and diarrhea free for 24 hours without fever-reducing medication before returning to school.**

Testing is recommended for individuals with [symptoms of COVID](#) prior to returning to school. If your child has symptoms, it is recommended to test them in the morning before coming to school. If their test is negative and they feel well enough to attend and participate in school, they do not need to stay home

CDC/Department of Education Updates as of August 11, 2022

What if my child tests positive for COVID?

If your child develops symptoms and tests positive for COVID, they **must** stay at home regardless of vaccination status. They should remain home for a full 5 days from the onset of symptoms/positive test. If their symptoms are improving and they are feeling well, they may return to school on day 6. They must wear a well-fitting mask for days 6-10 upon their return. If you have access to antigen tests, your student may remove their mask earlier than day 10 if they have two sequential negative tests 48 hours apart starting on day 6. Please contact your school nurse if your child tests positive for Covid. More information about isolation can be found on the [US CDC Website](#).

What if my child is exposed to COVID, but does not have any symptoms?

Individuals should follow US CDC recommendations on [what to do if you are exposed to COVID-19](#)

- In short, as long as your child does not have any symptoms and is testing negative, they may attend school. It is recommended that the student mask for 10 days following their exposure. If they develop symptoms, please keep them home and administer a COVID test. The CDC removed the recommendation for close contacts to quarantine, **unless** they are symptomatic.

What about COVID vaccinations?

CDC recommends COVID-19 primary series vaccines for everyone ages 6 months and older, and COVID-19 boosters for everyone ages 5 years and older, if eligible. See US CDC website for more information. [COVID Vaccination Recommendations](#)