

2022-2023 Darien Head Coach Contact List & Start Date

Sport	Head Coach	Start Date	Email
Fall Sports			
Fall Cheerleading	Kimberly Donovan	25 AU 22	kdonovan@darienps.org
Cross Country - Boys	Tyson Kaczmarek	25 AU 22	Nosyt13@aol.com
Cross Country - Girls	Steve Norris	25 AU 22	runtheroost@gmail.com
Field Hockey	Mo Minicus	26 AU 22	mominicus@hotmail.com
Football	Mike Forget	15 AU 22	Coachforget90@gmail.com
Golf - Boys	Tom O'Donnell	15 AU 22	Teeod4@gmail.com
Soccer - Boys	Jon Bradley	25 AU 22	jonathanbradley@usa.net
Soccer - Girls	Leigh Parsons	26 AU 22	Bwsoccer777@gmail.com
Swim/Dive - Girls	Marj Trifone	25 AU 22	mtrifone@darienps.org
Volleyball - Girls	Laurie LaRusso	25 AU 22	llarusso@darienps.org
Winter Sports			
Basketball - Boys	Charoy Bentley	01 DE 22	Charoy.bentley@gmail.com
Basketball - Girls	Alyssa Valente	28 NV 22	avalente@darienps.org
Winter Cheerleading	TBD	28 NV 22	
Gymnastics - Girls	Judith Zakim	01 DE 22	judyzakim@gmail.com
Ice Hockey - Boys	Macdonald Budd	28 NV 22	Embudd88@optonline.net
Ice Hockey- Girls	James Tropsa	21 NV 22	bluelinesportinc@aol.com
Indoor Track - Boys	Tyson Kaczmarek	01 DE 22	Nosyt13@aol.com
Indoor Track - Girls	Steve Norris	01 DE 22	runtheroost@gmail.com
Skiing - Coed	Brian Zeyer	28 NV 22	bzeyer@darienps.org
Squash - Girls	TBD	TBD	
Squash - Boys	TBD	TBD	
Swim/Dive - Boys	Liz Blau	01 DE 22	swimlizzieb@gmail.com
Wrestling - Coed	Greg Lewis	28 NV 22	glewis@stamfordct.gov
Spring Sports			
Baseball	Mike Scott	11 MR 23	miscott@darienps.org
Golf - Girls	Brian Zeyer	18 MR 23	bzeyer@darienps.org
Lacrosse - Boys	Jeff Brameier	18 MR 23	jbrameier@darienps.org
Lacrosse - Girls	Lisa Lindley	18 MR 23	grizonline@yahoo.com
Outdoor Track - Boys	Tyson Kaczmarek	18 MR 23	Nosyt13@aol.com
Outdoor Track - Girls	Steve Norris	18 MR 23	runtheroost@gmail.com
Rugby - Boys	John McCarthy	TBD	John.mccarthy@lighthousepartners.com
Rugby - Girls	Mark Stepsis	TBD	mstepsis@darienps.org
Sailing	Warren Costikyan	TBD	Costikyans5@optonline.net
Softball	Nick Demaio	18 MR 23	ndemaio@darienps.org
Tennis - Boys	John DeFilippo	18 MR 23	Jrdtennis1@aol.com
Tennis – Girls	Anne-Lise Brown	18 MR 23	abrown@darienps.org
Volleyball - Boys	Laurie LaRusso	18 MR 23	llarusso@darienps.org