## Health

RPS Preschool is committed to the health and well-being of the children and families we serve. The Health Specialists and school nurses review all medical forms and documentation for any chronic health conditions that require special monitoring or training for classroom staff. The Health Specialists and school nurses also work with families and health care professionals to ensure that every child's health and developmental concerns are identified.

Preschoolers (ages three and 4) must receive a physical yearly. Physicals must be turned into the RPS Preschool Program. All children entering RPS Preschool are required to meet the minimum standards for immunizations or have a notarized medical or religious exemption form on file before the first day of school. Children MAY NOT be allowed to start school without a current physical or well-child exam and current immunizations or valid waiver on file.

Dental care is critical to a child's overall health, and it is recommended that all children begin seeing the dentist when their child receives their first tooth. Children should visit the dentist every six (6) months for an exam and preventive care, such as cleaning and fluoride. We will require that a dental form be turned in once a year. (HEAD START ONLY)

## Health Screenings and Medical Related Policies

We want to make sure that your child is healthy and ready to learn. With parental permission, the program is required to screen all children within 45 days of their enrollment. Screenings include speech and language, vision, and hearing. Height, weight, and blood pressure screenings are required within 90 days of enrollment (EHS/Head Start only). If further assessment or evaluation is needed, an RPS preschool staff will follow up with the parent.

When at all possible, medication should be administered to the child by their parents. Any medication (prescription or over-the-counter) that must be administered during school hours requires parents to complete the "medication permission form" and provide a signed physician's authorization form. These forms will need to be completed annually.

Medication will NOT be accepted or given until the parent and physician have completed all forms. Parents must provide prescribed medicines in their original containers.

Medication must never be placed in a child's book bag. Parents may obtain the required forms from the program's Health Specialists or school nurse. We encourage parents to complete these forms before the child's first day. Children may not be allowed to start school without the proper forms depending on the medication needed.

We want to ensure that every staff member working with children with a diagnosed health or nutritional need is aware and prepared. Children with allergies, seizures, diabetes, asthma, dietary needs, or other health conditions must have their doctor complete a health care plan. The health care plan outlines what is needed to care for the child and any accommodations the program must make to ensure the child can fully participate in the program. In most cases, children may not be allowed to start school without a health care plan on file. Health care plans must be updated annually.