

Age Group:	9-12	Check Authorization	Salad Bar:	No	English	Days of School:	5-Day
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October 2022

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Week 13	2	3	4	5	6	7	8
		Sloppy Joe Cheese Slice Side Salad & Dressing Fruit	Orange Chicken Cilantro Brown Rice Broccoli & Cauliflower Fruit	Cheesy Ravioli Dinner Roll Shredded Mozzarella Fruit	All Farm To School! Beef Stroganoff Curried Carrot Soup Fruit	Turkey and Gravy Mashed Potatoes Dinner Roll Fruit	
Week 3	9	10	11	12	13	14	15
		Chicken Nachos Gripz crackers Corn & Cabbage Fruit	Curry Gravy Meatballs Garlic Brown Rice Carrots & Dressing Fruit	BBQ Chicken Sandwich Coleslaw Baked Beans	Ground Beef Steak Biscuit Romaine Lettuce & Carrots Fruit	Cheese Omelet Waffle Hashbrown Fruit	
Week 20	16	17	18	19	20	21	22
		Hot Ham & Cheese Garden Salad & Dressing Fruit	Southwest Queso Chicken Tomatoes & Sour Cream Refried Beans Ranch sauce Fruit	Hamburger Mac Dinner Roll Carrots & Dip Fruit	No school	No School	
Week 8	23	24	25	26	27	28	29
		Crunchy Chicken Tenders Baked Beans & Biscuit Side Salad & Dressing Fruit	Hamburger Shredded Lettuce & Tomatoes Red Peppers Fruit	Chicken Parmesan Dinner Roll Broccoli, Carrots & Dip Fruit	Corn Dog French Fries Coleslaw Fruit	Chicken Taco Shredded Lettuce & Tomatoes Shredded Cheddar Ranch Sauce Fruit	
Week 44	30	31					
		Chicken Noodle Soup Assorted Chips Dinner Roll & Cheese Stick Carrots Fruit					

* Variety of fresh vegetables, fruits and milk are offered with lunch each day

NutriStudents K-12[®]
Menu Freedom. Tools for Success.

This institution is an equal opportunity provider.
Menu subject to change without notice