

October 2022 Lunch Menu

Pre Packaged Yogurts,
Apple Slices, Cheese
Sticks, Fresh Vegetables,
Peanut Butter & Jelly &
Peanut Butter
Sandwiches Will Also Be
Served



MONDAY

3

- Tomato Soup
- Grilled Cheese
- Mandarin Oranges
- Roasted Vegetables
- Strawberry Jell-O

10

No School

Faculty Work

Day

17

- Vegetable Rice Soup
- Meatball Sub
- Pretzel Bites
- Steamed Cauliflower
- Diced Pears

24

- Mushroom Barley Soup
- Chicken Nuggets
- Chips
- Steamed Green Beans
- Diced Pineapple

TUESDAY

4

- Minestrone Soup
- Cheese Pierogies
- Applesauce
- Roasted Broccoli
- Sliced Watermelon

11

- Chicken Tortellini Soup
- Sloppy Joe Sandwich
- Tater Tots
- Edamame Beans
- Mixed Fruit Cup

18

- Broccoli Cheddar Soup
- Butter Chicken
- White Rice
- Naan Bread
- Chocolate Pudding

25

- Chicken Tortilla Soup
- Taco Tuesday
- Beef Tacos
- Mexican Rice
- Churros

WEDNESDAY

5

No School

Yom Kippur

12

- Loaded Potato Soup
- Ravioli
- Roasted Zucchini
- Garlic Breadstick
- Vanilla Pudding

19

- Beef Chili
- Baked Potato
- Steamed Broccoli
- Vanilla Ice Cream Cup

26

- Northern Bean & Ham Soup
- Penne Marinara
- Dinner Roll
- Roasted Cauliflower
- Sliced Peaches

THURSDAY

6

- Split Pea Soup
- Baked Manicotti
- Garlic Breadsticks
- Mixed Vegetables
- Ice Cream Sandwich

13

- Pasta Fagioli Soup
- Roasted Chicken
- Buttermilk Biscuits
- Steamed Broccoli
- Sliced Peaches

20

No School

Parent/Teacher

Conferences

27

- Firehouse Chili
- Hot Dogs
- Baked Beans
- Roasted Brussell Sprouts

FRIDAY

7

- French Onion Soup
- Cheese Quesadilla
- White Rice
- Green Beans
- Chocolate Chip Cookie

14

- Blueberry Smoothie Soup
- French Toast Sticks
- Sausage Links
- Fresh Strawberries
- Chocolate Chip Cookie

21

No School

Parent/Teacher

Conferences

28

- Lentil Soup
- Mac & Cheese
- Mandarin Oranges
- Steamed Broccoli
- Chocolate Chip