

Southridge Middle School  
Lunch Menu  
October 2022 (Page 1)  
Offer vs Serve

“MENU SUBJECT to CHANGE for SCHOOL DELAYS, CLOSINGS or PRODUCT AVAILABILITY”

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p>October 3 <u>CHOICE OF ONE ENTRÉE</u> Chicken on the Beach with Roll Mini Corndogs Spicy Sub Sandwich Chef Salad Taquito with Salsa PB&amp;J Sandwich</p> <p style="text-align: center;"><u>CHOICE OF THREE</u> Greenbeans with New Potatoes Fresh Cauliflower Florets with Dip Vegetable Juice Chilled Fruit, Tropical Fruit Salad Fresh Fruit</p> <p style="text-align: center;"><u>INCLUDED</u> Milk, Assorted Flavors Snickerdoodle Cookie</p> <p style="text-align: center;">Available: Sack Lunch</p>	<p>October 4 <u>CHOICE OF ONE ENTRÉE</u> BBQ Sandwich with Sliced Pickles and Onions Mini Corndogs Spicy Sub Sandwich Chef Salad Taquito with Salsa PB&amp;J Sandwich</p> <p style="text-align: center;"><u>CHOICE OF THREE</u> Steamed Seasoned Mixed Vegetables Seasoned Potato Wedges Vegetable Juice Chilled Fruit, Sliced Pears Assorted Fruit Juice</p> <p style="text-align: center;"><u>INCLUDED</u> Pickle Spear Milk, Assorted Flavors</p> <p style="text-align: center;">Available: Sack Lunch</p>	<p>October 5 <u>CHOICE OF ONE ENTRÉE</u> Chili Cheese Dog Mini Corndogs Spicy Sub Sandwich Chef Salad Taquito with Salsa PB&amp;J Sandwich</p> <p style="text-align: center;"><u>CHOICE OF THREE</u> Steamed Seasoned California Blend Vegetables Vegetable Juice Carrot Sticks with Dip Peach Crisp Fresh Apple Slices</p> <p style="text-align: center;"><u>INCLUDED</u> Dorito Chips Milk, Assorted Flavors</p> <p style="text-align: center;">Available: Sack Lunch</p>	<p>October 6 <u>CHOICE OF ONE ENTRÉE</u> Homemade Lasagna with Breadstick Mini Corndogs Spicy Sub Sandwich Chef Salad Taquito with Salsa PB&amp;J Sandwich</p> <p style="text-align: center;"><u>CHOICE OF THREE</u> Romaine Garden Salad Mix with Dressings Vegetable Juice Grape Tomatoes Chilled Fruit, Sliced Pineapple Assorted Fruit Juice</p> <p style="text-align: center;"><u>INCLUDED</u> Milk, Assorted Flavors</p> <p style="text-align: center;">Available: Sack Lunch</p>	<p>October 7 <u>CHOICE OF ONE ENTRÉE</u> Beef Steak Pub Burger with Sliced Cheese and Bacon Sandwich Mini Corndogs Spicy Sub Sandwich Chef Salad Taquito with Salsa PB&amp;J Sandwich</p> <p style="text-align: center;"><u>CHOICE OF THREE</u> Crosstrax French Fries Baked Beans Vegetable Juice Creamy Cole Slaw Fresh Fruit Chilled Fruit, Mandarin Oranges</p> <p style="text-align: center;"><u>INCLUDED</u> Lettuce, Tomato, Onion, Sliced Pickles and Mayo for Sandwiches Pickle Spear Milk, Assorted Flavors</p> <p style="text-align: center;">Available: Sack Lunch</p>
<p>October 10</p> <p style="text-align: center;">NO SCHOOL PROFESSIONAL DEVELOPMENT DAY</p>	<p>October 11 <u>CHOICE OF ONE ENTRÉE</u> Biscuit and Gravy with 2 Sausage Patties BBQ Beef Riblet Sub Sandwich Shaved Deli Turkey Bacon Ranch Wrap Chef Salad Nacho's and Cheese PB&amp;J Sandwich</p> <p style="text-align: center;"><u>CHOICE OF THREE</u> Hash Brown Potato Pattie Vegetable Juice Carrot Sticks with Dip Chilled Fruit, Fruit Cocktail Fresh Fruit</p> <p style="text-align: center;"><u>INCLUDED</u> Milk, Assorted Flavors</p> <p style="text-align: center;">Available: Sack Lunch</p>	<p>October 12 <u>CHOICE OF ONE ENTRÉE</u> RattleSnake Bowl with Hot Roll BBQ Beef Riblet Sub Sandwich Shaved Deli Turkey Bacon Ranch Wrap Chef Salad Nacho's and Cheese PB&amp;J Sandwich</p> <p style="text-align: center;"><u>CHOICE OF THREE</u> Romaine Garden Salad Mix with Dressing Grape Tomatoes Vegetable Juice Fresh Fruit Assorted Fruit Juice</p> <p style="text-align: center;"><u>INCLUDED</u> Milk, Assorted Flavors</p> <p style="text-align: center;">Available: Sack Lunch</p>	<p>October 13 <u>CHOICE OF ONE ENTRÉE</u> Beef Haystacks or Build Your Own Taco Salad BBQ Beef Riblet Sub Sandwich Shaved Deli Turkey Bacon Ranch Wrap Chef Salad Nacho's and Cheese PB&amp;J Sandwich</p> <p style="text-align: center;"><u>CHOICE OF THREE</u> Shredded Lettuce, Cheese and Salsa with Dressing Vegetable Juice Mexicali Corn Refried Beans Fresh Orange Slices Chilled Fruit, Sliced Pears</p> <p style="text-align: center;"><u>INCLUDED</u> Milk, Assorted Flavors Cookie</p> <p style="text-align: center;">Available: Sack Lunch</p>	<p>October 14 <u>CHOICE OF ONE ENTRÉE</u> Cheeseburger Hot Dog Shaved Deli Turkey Bacon Ranch Wrap Chef Salad Nacho's and Cheese PB&amp;J Sandwich Soup of the Day</p> <p style="text-align: center;"><u>CHOICE OF THREE</u> Macaroni and Cheese Bake Beans Vegetable Juice Baby Carrots Apple Slices</p> <p style="text-align: center;"><u>INCLUDED</u> Milk, Assorted Flavors Chips Cookie</p> <p style="text-align: center;">Available: Sack Lunch</p>

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<p>October 24 <u>CHOICE OF ONE ENTRÉE</u> Build Your Own Burrito with Shredded Lettuce and Cheese Sliced Pepperoni Calzone with Marinara Sauce Shaved Deli Turkey, Cheese &amp; Bacon Sub Sandwich Chef Salad Jalapeno Mozzarella Bites with Marinara Sauce PB&amp;J Sandwich</p> <p><u>CHOICE OF THREE</u> Refried Beans Vegetable Juice Fresh Apple Slices Chilled Fruit, Mandarin Oranges Mexican Rice</p> <p><u>INCLUDED</u> Milk, Assorted Flavors Snickerdoodle Cookie</p> <p style="text-align: center;">Available: Sack Lunch</p>	<p>October 25 <u>CHOICE OF ONE ENTRÉE</u> Oven Baked White Meat Chicken Bites with Biscuit Stick &amp; Sauces Sliced Pepperoni Calzone with Marinara Sauce Shaved Deli Turkey, Cheese &amp; Bacon Sub Sandwich Chef Salad Jalapeno Mozzarella Bites with Marinara Sauce PB&amp;J Sandwich</p> <p><u>CHOICE OF THREE</u> Seasoned California Blend Carrot Sticks and Dip Vegetable Juice Chilled Fruit, Sliced Peaches Fresh Fruit</p> <p><u>INCLUDED</u> Macaroni and Cheese Milk, Assorted Flavors</p> <p style="text-align: center;">Available: Sack Lunch</p>	<p>October 26 <u>CHOICE OF ONE ENTRÉE</u> Country Fried Steak with Gravy and Hot Roll Sliced Pepperoni Calzone with Marinara Sauce Shaved Deli Turkey, Cheese &amp; Bacon Sub Sandwich Chef Salad Jalapeno Mozzarella Bites with Marinara Sauce PB&amp;J Sandwich</p> <p><u>CHOICE OF THREE</u> Mashed Potatoes Vegetable Juice Corn Fresh Fruit Orange Juice</p> <p><u>INCLUDED</u> Milk, Assorted Flavors</p> <p style="text-align: center;">Available: Sack Lunch</p>	<p>October 27 <u>CHOICE OF ONE ENTRÉE</u> Chili Soup with Peanutbutter Sandwich Sliced Pepperoni Calzone with Marinara Sauce Shaved Deli Turkey, Cheese &amp; Bacon Sub Sandwich Chef Salad Jalapeno Mozzarella Bites with Marinara Sauce PB&amp;J Sandwich</p> <p><u>CHOICE OF THREE</u> Romaine Garden Salad Mix with Dressings Vegetable Juice Grape Tomatoes Chilled Pears Assorted Fruit Juice</p> <p><u>INCLUDED</u> Milk, Assorted Flavors</p> <p style="text-align: center;">Available: Sack Lunch</p>	<p>October 28 <u>CHOICE OF ONE ENTRÉE</u> Beef Steak Pub Cheeseburger Sliced Pepperoni Calzone with Marinara Sauce Shaved Deli Turkey, Cheese &amp; Bacon Sub Sandwich Chef Salad Jalapeno Mozzarella Bites with Marinara Sauce PB&amp;J Sandwich</p> <p><u>CHOICE OF THREE</u> French Fries Broccoli and Cheese Vegetable Juice Frozen Fruit Cup Fresh Fruit</p> <p><u>INCLUDED</u> Lettuce, Tomato, Onion, Sliced Pickles and Mayo for Sandwiches Pickle Spear Milk, Assorted Flavors</p> <p style="text-align: center;">Available: Sack Lunch</p>
<p>October 31 <u>CHOICE OF ONE ENTRÉE</u> Beefy Nacho's Nashville Hot Chicken Bites with Roll Shaved Deli Turkey, Bacon, Cheese and Chipotle Ranch Wrap Chef Salad Chicken &amp; Cheese Burrito with Salsa PB&amp;J Sandwich</p> <p><u>CHOICE OF THREE</u> Winter Blend Vegetables Vegetable Juice Carrot Sticks and Dip Chilled Fruit, Sliced Peaches Fresh Fruit</p> <p><u>INCLUDED</u> Milk, Assorted Flavors Cookie</p> <p style="text-align: center;">Available: Sack Lunch</p>	<p>November 1 <u>CHOICE OF ONE ENTRÉE</u> Pepperoni Pizza Wedge Nashville Hot Chicken Bites with Roll Shaved Deli Turkey, Bacon, Cheese and Chipotle Ranch Wrap Chef Salad Chicken &amp; Cheese Burrito with Salsa PB&amp;J Sandwich</p> <p><u>CHOICE OF THREE</u> Broccoli Salad Grape Tomatoes Sliced Cucumbers &amp; Dip Chilled Fruit, Tropical Fruit Salad Fresh Apple Slices</p> <p><u>INCLUDED</u> Milk, Assorted Flavors</p> <p style="text-align: center;">Available: Sack Lunch</p>	<p>November 2 <u>CHOICE OF ONE ENTRÉE</u> Chicken Breast Fillet Sandwich with Lettuce and Sliced Tomatoes Nashville Hot Chicken Bites with Roll Shaved Deli Turkey, Bacon, Cheese and Chipotle Ranch Wrap Chef Salad Chicken &amp; Cheese Burrito with Salsa PB&amp;J Sandwich</p> <p><u>CHOICE OF THREE</u> Parmesan Seasoned Baby Bakers Vegetable Juice Celery Sticks and Dip Fresh Fruit Assorted Fruit Juice</p> <p><u>INCLUDED</u> Milk, Assorted Flavors</p> <p style="text-align: center;">Available: Sack Lunch</p>	<p>November 3 <u>CHOICE OF ONE ENTRÉE</u> Salisbury Steak and Gravy with Hot Roll Nashville Hot Chicken Bites with Roll Shaved Deli Turkey, Bacon, Cheese and Chipotle Ranch Wrap Chef Salad Chicken &amp; Cheese Burrito with Salsa PB&amp;J Sandwich</p> <p><u>CHOICE OF THREE</u> Parsley Noodles Italian Style Green Beans Vegetable Juice Chilled Fruit, Fruit Cocktail Orange Juice</p> <p><u>INCLUDED</u> Milk, Assorted Flavors</p> <p style="text-align: center;">Available: Sack Lunch</p>	<p>November 4 <u>CHOICE OF ONE ENTRÉE</u> Cheddarwurst Sausage Sandwich Nashville Hot Chicken Bites with Roll Shaved Deli Turkey, Bacon, Cheese and Chipotle Ranch Wrap Chef Salad Chicken &amp; Cheese Burrito with Salsa PB&amp;J Sandwich</p> <p><u>CHOICE OF THREE</u> Seasoned French Fries Cowboy Baked Beans Vegetable Juice Fresh Fruit Chilled Applesauce with Cinnamon</p> <p><u>INCLUDED</u> Fresh Diced Onions Relish Pickle Spear Milk, Assorted Flavors</p> <p style="text-align: center;">Available: Sack Lunch</p>