

**Valley View
Health Education Opt-Out Form 2022**

Parents/guardians can choose to excuse their children from any part of the instruction in health, family life education, or sex education if it conflicts with their conscience, morals, or religious beliefs. N.J.S.A. 18A:35-4.7*

Should you wish to exercise this parental right, please complete this form and send it to your child's Principal and Health teacher. Excused students will be assigned to a separate classroom for the duration of those identified lessons and will not be penalized in any way.

For the 2022-2023 school year, I wish for my child(ren), _____, to be excused from the following topics of the health, family life education or sex education curriculum due to moral, ethical and/or religious beliefs:

Parent/Guardian Signature _____ Date _____

*N.J.S.A. 18A:35-4.7, Parent's statement of conflict with conscience, provides as follows:
"Any child whose parent or guardian presents to the school principal a signed statement that any part of the instructions in health, family life education or sex education is in conflict with his conscience, or sincerely held moral or religious beliefs shall be excused from that portion of the course where such instruction is being given and no penalties as to credit or graduation shall result therefrom."