

OCTOBER 2022

Social Circle Middle/High School

Monday	Tuesday	Wednesday	Thursday	Friday
Country Fried Steak w/ Roll Black-Eyed Peas Mashed Potatoes Fruits & Milk	Chicken Nuggets Cheese Bread Stick Green Beans Salad Fruits & Milk	Hot dogs Slaw Baked Beans French Fries Fruits & Milk	Asian Chicken w/ Rice 6 Steamed Carrots Steamed Broccoli Fruits & Milk	Early Release PBJ Sandwich Ham Sandwich Chips Fresh veggies w/ Dip Fruit and Milk
No School 10	Fall Break	No School 12	Fall Break	No School 14
Corn Dogs Sweet Potato Fries Fried Squash Fruits & Milk	Spaghetti w/ Cheese Bread Corn on the Cob Salad Fruits & Milk	Cheeseburger Tomato, Lettuce, Pickles Baked Beans Onion Rings Fruits & Milk	Chicken Tenders w/ Mac n Cheese Mashed Potatoes Steamed Broccoli Fruits & Milk	Beefy Tacos Corn & Black Bean Fiesta Salad Salsa, Sour Cream, & Cheese Fruits & Milk
BBQ Sandwich Slaw Corn on the Cob French Fries Fruits & Milk	Chicken Alfredo w/ Garlic Bread Steamed Broccoli Salad Fruits & Milk	Beefy Nachos w/ Chipson Refried Beans w/ Cheese Mexican Rice Salsa, Lettuce, Sour Cream Fruits & Milk	Chicken Sandwich Tomato, Lettuce, Pickles Sweet Potato Fries Cut Mixed Veggies Fruits & Milk	Sloppy Joes Tater Tots Green Beans Fruits & Milk
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