

# INSIDE SI

celebrating our roots

Front Page Banner Art by Ella Liang '23

VOL 71 ISSUE 2

THE NEWSPAPER OF ST. IGNATIUS COLLEGE PREPARATORY

SEPTEMBER 30, 2022

## VICTORIOUS AGAIN

Wildcats defeat Sacred Heart Cathedral in straight sets at USF's War Memorial Gym, repeating last year's performance to kick off Bruce-Mahoney series

Ethan Qua '23, Jack Cooper '23  
Neel Noronha '24 & Cece O'Brien '24

Managing Editors

On September 14, 2022, what felt like the entire Bay Area was filled with anticipation. The opening of the Bruce-Mahoney series—Women's Volleyball—was set to begin!

Students, parents, and faculty from St. Ignatius and Sacred Heart Cathedral quickly filled the stands of a sold-out game hosted at the University of San Francisco. Both schools brought a tremendous amount of intensity, as every SI cheer was quickly met with a Sacred Heart “Boo,” and vice versa. Each team’s mascot and dance squad kept the crowd riled up; before the game had even begun, the gym bounced up and down with energy.

In a best-of-five-set game, SI quickly got on the board, fighting off

**BRUCE-MAHONEY SERIES**

**SI 1 - 0 SHC**



The Volleyball team celebrates together during the Bruce-Mahoney Game.

Sacred Heart to secure the first set, 25-23.

Throughout the second set, lead changes were frequent, but SI ultimately held onto their lead and went up 2 sets to 0. Thanks to Skye Smolinski '23 with a team-high of 14 kills, SI pulled away in the third set and took the lead in the Bruce-Mahoney series.

Several Wildcats came into the game injured, including middle hitter Suraya Newman '24 and libero Nora Mannion '23. As starters and vocal team leaders, both players overcame injuries to propel SI to victory.

Following her performance, Nora admitted, “Injuries have been tough, but we proved tonight that we can get through it. Last week was rough, and we decided today was the turning point. We’re just gonna ride this wave.”

It was ultimately poise that carried the Wildcats through a pressure-filled game. Even in the final minutes of the game, everyone clearly gave 110% effort. “We didn’t let up just because we were up two sets,” Senior Skye Smolinski said.

### Sports Cheering Guidelines and Themes

Read the special report by the Editors-in-Chief on Page 5 to learn about sports guidelines and themes this year!

### Latinx Heritage Month

Juliana Alegria '23  
Alexandra Vivas '23

Contributing Editors

Latinx Heritage Month began September 15th, commencing a time of celebration, learning, sharing, and more. During this month, the Association of Latin American Students (ALAS) is offering several special events...

Continued on AFFINITY, p. 14

## Where Are You Rooted?

### THE FEATURE

In our first full issue of the year, we at *Inside SI* are discovering our roots. In our campus of diverse interests and backgrounds, each student can find unique, grounding spaces. We also hold many deeply rooted connections to our history. As we strive to reach our branches toward the sky this school year, let us begin with an exploration of our community’s roots together!

- The Editors-in-Chief

### The Ramaytush Ohlone: Recognizing Historical Roots

Kate Quach '25 Managing Editor

The incoming Class of 2026 filed through rows of seated parents and settled down into the McCullough Gymnasium stands, officially initiating their first Orientation Mass at SI. To kick off the Mass, student ministers from the podium introduced the territory history of

Continued on FEATURE, p. 9



Photo credit: Golden Gate National Parks Conservancy

### SEE INSIDE!

- The Shades & Friday Night Lights 3
- The Rhythm of Connection 8
- Performing Arts Kickoff 16
- Fall Sports Update 19-20
- Humor and Games 22-24

## DISPUTE OVER FARMERS MARKET'S EXPANSION NEAR SI

Nina Schmidt '23 & Cayden Tu '24

Managing Editor & Associate Editor-In Chief

Fruits and vegetables...with a side of controversy. While these don't normally go together, SI's marketing and communications representatives Mr. Murphy and Mr. Arnott claim that one local farmers market has mis-construed SI's response to their expansion.

During the height of the pandemic in 2020, the Outer Sunset Farmers Market & Mercantile approached the school with a request: could they utilize the space in front of the school to better socially distance booths and remain open? SI allowed the market to expand in front of the school between Pacheco and Quintara, albeit temporarily. Both parties agreed that when students resumed in-person learning and activities, the farmers market would return to its original footprint between Ortega and Pacheco.

However, tensions rose as students returned to SI full-time. Due to the market's growing popularity within the neighborhood, the operators did not want to return to the original footprint, thinking it would restrict its success. Unfortunately, this development created logistical issues for the school.

Mr. Murphy explained how, on the Sundays when SI is hosting large events, large trucks require access to their service driveway. Mr. Arnott added that, because "Orradre Chapel is right where the Farmer's Market is and it has open doors for ventilation" during mass, the "activity going on outside is disruptive and doesn't allow for a sacred space."

Yet, Mr. Murphy doesn't believe that the Farmers Market has to permanently withdraw

from the street in front of the school. He stated, "We've never been opposed to the farmers market; we just want to work with them so that when we have big events, they move back to Pacheco and Ortega and let us have our event on Ortega and Quintara."



*Local residents walk around at the Sunset farmers market on 37th Avenue.*

*Photo: Charles Russo/SFGate*

The SI administration has reportedly communicated to the market that it need only withdraw from the space on three Sundays out of the year for freshman orientation (which has already passed), the Senior fashion show, and the Christ the King alumni event. According to a statement that Angie Petitt, the director of the Outer Sunset Farmers Market & Mercantile, released to SFGate, SI's new proposals would remove "space for numerous additional small business vendors, entirely eliminating one music stage with local bands from all market days, removing both music stages during their events, removing free children's activities and community programming."

Mr. Murphy addressed local media coverage of the issue, claiming, "There were a lot of untruths and misinformation out there" with the Farmers Market stating that SI was reneging on their agreement. Mr. Murphy indicated that he felt the Farmer's Market portrayal of SI misconstrued the situation.

Interestingly, while there is a clear conflict between the two organizations, the SI student body appears to be divided over the issue. SI senior Philip Luongo stated, "I think that these markets are crucial to our local [farming] economy and therefore I think it's important that we allow them to have the space they need that I don't think is even part of SI's property." Similarly, Leia Kwan '23 argued, "I believe SI's request for some Sunday closures is fairly reasonable. However, seeing as the farmer's market is a Sunset staple and a large source of income for these small business vendors, I believe that as a school with and for others, we should be more understanding of their perspective. If anything, I believe a compromise can be reached; if nothing at all, let [the farmers market] have it—it's a school-wide event versus a district-wide one."

When asked if a compromise could be reached between the school and the market, Mr. Murphy stated, "I don't know. I am an optimist... but the leader and the leadership team have not been forthright and have not been completely honest with us. Trust is really hard here, and they have consistently let us down. It does not have to be a conflict... there have been needless bad feelings about this."

Ms. Petitt wrote to SFGATE, "We've told SI that we'll keep our word without a written agreement. [We] are happy to put things on paper if SI wishes, so long as the paper reflects our original agreement." The neighborhood dispute remains unresolved as the Farmers Market & Mercantile seeks a permanent street closure permit from the SFMTA.



## OUR VERY OWN LIVE BAND: THE SHADES

Aidan Gray '26

Contributing Editor

One evening, a four-person band was practicing in a garage. While the rest of the band members went to get mid-practice snacks, their drummer remained hard at work attempting to perfect his technique. Upon their return, they found their 4th member had acquired a new practice accessory: a pair of shades. Suddenly, their guitarist pulled out a pair, and then they were all wearing them. From that moment, The Shades were born.

SI's very own live band, The Shades, performed at the pregame tailgate for the school's inaugural Friday Night Lights. This was their second performance, their debut having been on the first day of school. The Shades features Keaton Mayo '23, Nick Graham '23, Nicole Yakominich '23, and Chloe Dalzell '23. In that order, their instruments are drums, bass guitar, guitar, and vocals.

Interestingly enough, some members of this band didn't even know each other until after the band's

formation. Rather than the usual friendship-to-bandmate transition, The Shades have gone from fellow musicians to friends. This isn't the only surprise—despite the fact that Nick has played multiple instruments from a young age and has perfect pitch, at the time that the band was formed, he didn't even know how to play bass guitar. Needless to say, he learned quickly.

For those of us wondering what "perfect pitch" actually means, The Shades were kind enough to demonstrate during our interview. The band members told me to make a sound, and I gave a simple beep. Almost instantly, Nick told me that the sound I had just made was a B. He also once told Chloe that the sound her car makes when it locks is an E. The rest of the band members also have some past experience with music. While Chloe has done musical theater, Nicole has been taking guitar lessons for years, and the same can be said for Keaton, except of course for drums.

Though they only performed cover songs at the tailgate, The Shades are seriously considering writing some of their own music, and even recording it in a new studio. If you're looking forward to hearing them perform, you'll be able to find them at the performing arts showcase. They also hope to play at more football games and at the Bruce Mahoney games as well.



← The Shades play at a Friday Night Lights tailgate. From left, Nicole Yakominich '23, Chloe Dalzell '23, Keaton Mayo '23, and Nicholas Graham '23

## FRIDAY NIGHT LIGHTS

Abigail Edwards '26

Contributing Editor

Lights. They may not seem like a big deal to some, but to the Saint Ignatius community it means the world. Saint Ignatius College Prep made history on August 26 by being the first school in the Bay Area to have permanent lights on their football field.

There was a massive tailgate party with a mechanical bull, an inflatable obstacle course, and a live performance from The Shades, a newly formed band of amazing performers that are all SI students!

On the field, the JV team took home a 54-0 victory against Palo Alto. The Varsity team also took the win against Palo Alto with a

final score of 41-6.

Being part of the Saint Ignatius community during moments like these feels like an honor. Talia Mcgrath, a freshman at SI, said "The community of SI has welcomed me with open arms, and has created a fun and welcoming environment for all of us." The freshman football team also came in support of the Varsity boys, and they look forward to playing under the lights one day.

The SI student section was full at halftime as Dance and Drill performed an amazing dance number, and the leaders of Wildcat Nation also got students

in all grades to participate in a field goal contest.

The student section celebrated their first home game of the year—and first ever Friday Night Lights—by participating in a "white out," showing support for the team.

Overall, our first ever Friday Night Lights was a night to remember. Every student, parent, and fan that attended the game was truly a part of history, and we are excited about our next Varsity home game on Friday Sept. 30th at 7:00PM against St. Francis.

## THE CLUB FAIR

Madison Farrell '24      Contributing Editor

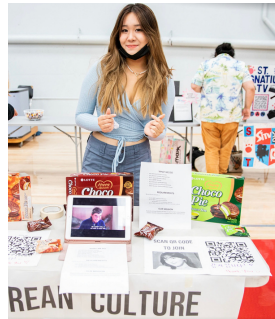
The St. Ignatius Club Fair is an annual event that hosts a variety of different clubs for students to check out and sign up for. The fair took place on Friday, September 16th, in Cowell Gymnasium with over 100 different clubs in attendance.

Affinity groups, publications, social clubs, and service clubs were just a few of the many different organizations students could join. Each booth had fun games, activities, and prizes that showcased what each club had to offer, as well as displayed projects or events the club had already participated in.

Mock Trial—just one of these many student organizations—is a social and competitive club at St. Ignatius in which members can compete around the Bay Area while learning about the different roles and procedures in a trial. According to Aarav Pen '24, a club leader, they will be “having field trips to the DA’s office, competing in tourn-aments, and having guest speakers from San Quentin as well as other judges and attorneys.”



*Fashion Club at the Club Fair*



*Korean Culture Club*

Each year, more and more clubs are added to SI by students who want to bring awareness to issues they are passionate about, or simply find other people at school with similar interests. This Fall, junior Kelly Scott founded the LeadOURship club to expand the mental health conversation for those participating in high-performance sports at SI. Scott started the club because “mental health in sports is something I am passionate about and I feel like it would be beneficial for athletes and performers at SI to be able to learn more about it.”

For community members who missed this amazing event, club sign-ups are open all year for students interested in building community and leadership through the numerous clubs at St. Ignatius.

## ART AND NATURE INTENSIVE

Kylie Landers '24      Contributing Editor

The Art and Nature Intensive class is off to a strong start this fall semester as students have already crafted two unique art pieces and learned about artists and techniques inspired by nature. Led by Ms. Wolf, this class will explore the ways in which nature can be used as a tool or a symbol in their artwork.

Ms. Wolf, who has worked with prominent artists such as Ruth Asawa and architect Nadir Khalili, designed and implemented the visual arts curriculum at SI in 1977, and has been teaching it ever since. For over forty years she has been helping students creatively express themselves through artwork, teaching subjects including architecture, sculpture, painting, and design. This particular class, Art and Nature Intensive, has a specific focus on the connection between art and the natural world. Ms. Wolf designed it over 20 years ago, and enjoys teaching it every semester.

The class meets every Wednesday from 3-5 pm in Room 108 to experience an engaging curriculum that includes creative expression, art practices, skill-building, research at home, and visits to sites such as the de Young Museum, the Garden for the Environment, and an Ocean Beach cleanup.

For the first class of the semester, students worked with everyday objects such as sharpies, pens, leaves, plates, cups, and their own hands for a hands-on approach to working with nature to show the duty of humankind to care for the earth.



*Art & Nature Intensive Art*

The students were tasked with researching artists, indigenous tribes, and artistic techniques that incorporate nature in their works.

As a current student in the Art and Nature Intensive, I recommend joining next spring semester. It is a great way to slow down after a busy day, build community, enhance creativity, and honor our earth. Cece Hammond '24, another student currently in the the course, shared, “I joined the Art and Nature Intensive because I’m passionate about ecological justice. The curriculum not only includes creating art, but learning about environmentalists, sustainability, and techniques of art that incorporate nature.”



## WILDCAT NATION THEMES AND CHEERING GUIDELINES

Melissa Hua '23, Philip Luongo III '23,  
Reilly Moriarity '23, Jack Quach '23 & Jack Stecher '23

Editors-in-Chief



As the Fall seasons continue, SI sports and games are in full swing. With new lights on the Football Field, a volleyball Bruce victory, and Homecoming this week, games are swiftly selling out, bleachers are packed, and SI spirit is strong. Amidst all of this excitement, solid sportsmanship values remain at the heart of our student section and sports program.

For SI Deans Mr. Escobar and Ms. Sanchez, the renewed focus on sportsmanship represents a source of enthusiasm for unity within the community. "We're impressed and optimistic about how togetherness is manifesting itself," Mr. Escobar said, referring to the "In This Together" school theme. "With our Wildcat Nation on the same page, they're helping us guide that energy and keep it positive and in support of our athletes."

### CHEERING GUIDELINES TO REMEMBER

- No cheers that degrade the other team or school
- No cheers that are targeted at officials
- No cheers targeted at players
- No turning backs on opponents
- Artificial noisemakers are not allowed

*\*Students will be asked to leave if they break these rules.*

This year marked the first return to a league-wide sportsmanship conference that hosted representatives from every school in the West Coast Athletic League (WCAL) since the 2019-20 year. A new summit will take place at the start of each sports season. While sportsmanship guidelines have always been an aspect of the Handbook, Ms. Sanchez said, this year brings the communication and reinforcement of those rules to the spotlight.

Ms. Sanchez and Mr. Escobar underscored the importance of these types of rules creating a more energetic, inviting atmosphere for the student cheering sections without the presence of negative cheers against referees or the opposing team. Ms. Sanchez said she "appreciated the energy" from the fully packed student section at the Volleyball Bruce-Mahoney game. "We stayed positive," she added. "And I was proud of our cheering section for that."

In reaction to hearing that some students have found previous game themes controversial, Winston Zapet '23 said, "Overall, themes that have been put on so far have been a nice way of bringing the school community together... but it is important to recognize how some of the themes can have an unintentional

impact that can be offensive to individuals."

Wildcat Nation has been making great strides towards holding inclusive, diverse and enjoyable sporting events. Their first step into achieving this goal has been through our student section's cheers. Gabby Hemann '23, a Wildcat Nation leader, explained, "Cheers are meant to be positive and uplifting, and it's Wildcat Nation's job to make sure that is being carried out."

Disrespectful cheers, like those that attack an individual coach, player, or referee, are not welcome in the SI student section by Wildcat Nation, the Deans, or any SI coaches. These cheers can be extremely harmful to players and detrimental to the respectful image of our student section. Mr. Mulkerrins, SI's Director of Athletics,

offered a simple alternative to these cheers. He suggested, "When you feel like you want to say something negative towards the other team, just say 'Go 'Cats' or 'Go SI' and turn it around as a positive thing."

**“ Cheers are meant to be positive and uplifting. ”**

- Gabby Hemann '23

Inappropriate cheering recently caused SI's Women's Volleyball team to have points deducted from their score during their at-home game against Sacred Heart Prep.

When talking about what sets SI apart from other schools, Mr. Glosser, Asst. Principal for Student Affairs, explained that "most schools look at a football game as a way to come and support just the football team. But SI has [included] 30 Pep Band members, 38 Dance and Drill members, 25 Wildcat Nation leaders [in addition] to the 65 football players. Now we have over 150 students coming out in uniform that have all been working since early August to be in these active leadership roles." When SI students come to a football game, they not only show support for the team, but rather all of the groups that work hard to make our Friday night games entertaining and inviting events.



## AN IGNITING START TO THE YEAR WITH MASS OF THE HOLY SPIRIT

On September 8th, the SI community celebrated the annual Mass of the Holy Spirit trek to Holy Name Church. MCs Raven Shaw '23 and Andrew Callahan '23 presented a beautiful opening word to an electrifying and introspective day where SI students were asked to reflect on what gifts they bring to the SI community. Music Ministry and Campus Ministry joined the community through music and a warm atmosphere. Included are photos from Mass of the Holy Spirit.



## PLAYWRIGHT FESTIVAL: FROM THE DIRECTOR'S CHAIR

Samatha Major '23

Managing Editor

For the next two months, Killian Murphy '23, Anais Cooper '23, Chloe Ovbiagele '23, and Sophia Dekermenjian '24 will be directors for SI's Playwright Festival, working with student actors to produce a collection of comic scenes. An opportunity for those not cast in the Fall Play, the playwright is an opportunity for performers to learn as actors and act at SI.

Dekermenjian said, "[it] gives [students] a space where they can find their own character and what they want to do." This is especially helpful for underclassmen, whose first time acting may be the playwright. Similarly, Ovbiagele expressed, "You get to learn as an actor, and there's not a lot of pressure. It's a small cast and everybody is really nice and accepting."

As directors, the four students have selected and cast scenes from various plays. Cooper will be directing a scene from *The Aliens* by Annie Baker; Murphy will direct a scene from *Twelfth Night* by William Shakespeare; Dekermenjian will direct a scene from *Speed Date* by Janet Allard; and Ovbiagele will be directing a scene from *Daisy Pulls It Off* by Denise Deegan.

An actor herself, Cooper is looking forward to being on the other side, and experiencing the thought process of a director. She stated, "[the cast] is really willing to go all out, which is extremely helpful as a director. You have more to work with." With the final product to look forward to, Murphy agreed, saying, "I'm really excited to



From left to right: Charlotte Burns '23, Emily Fable '23, Angelica Chu '24, Anna Cheishvili '24.

see how the beginning versus the end looks. I think it'll be awesome to see the whole process from a director's point of view, instead of from the actors—it'll be really insightful."

Check out the Playwright Festival on October 25th!



## THE HERITAGE OF SI STUDENTS

Emma Chan '24

Contributing Editor

Through the seemingly unending tornado of chaos wielded by the start of the new school year, a sense of calm can be found by stopping and looking around campus. The fleeting image of students' faces passing through the halls act as a reminder of how strikingly beautiful the SI community is — how everyone has a unique story to tell.

Cultural diversity breeds critical thinking and creativity by exposing people to diverse experiences that help people get to know others. Cultural diversity builds a closer school community, where students can establish shared experiences and identity intersectionality.

Learning about others' heritages and cultures can encourage people to change their negative behaviors toward others from different cultural groups.

When asked about how diversity affects her lens of the world, Leanna Leung '24 shared, "I feel that growing up in a diverse city like San Francisco has been crucial to my understanding of different cultures and has allowed me to celebrate and be proud of who I am."

At SI, the English department tries to cultivate the importance of cultural heritage by implementing assignments about students' familial history and culture in Junior classes. After reflecting on such lessons, Kylie Landers '24 remarked, "I loved the recent English poetry assignments (Child of Americas poems) because I got to express my

identity as a result of my mixed heritage and upbringing." Many students, like Kylie, expressed pride in having the opportunity to write about their heritage and being able to share it with others.

SI can celebrate the amalgamation

of cultures by amplifying the voices of those from diverse backgrounds and appreciating the

differences that ultimately bring the school community together.



"Children of Americas" poems in Rm. 119

“

Growing up in a diverse city like San Francisco has been crucial to my understanding of different cultures and has allowed me to celebrate and be proud of who I am. - Leanna Leung '24

”

## THE ROOT OF IT ALL

Ava Murphy '24 Contributing Editor

Roots are important. They can make one feel grounded, centered, and at home. Family, culture, and community are integral parts of one's personal foundation.

Individuals can certainly grow and thrive, but fundamental roots never change. It is always possible to put down new roots if a new place or a new path seems enticing. At SI, there is always a new place, a new person, and new activities where one can start fresh. Each student is planting new roots everyday that will grow and thrive throughout their time at SI.

It can feel extremely daunting to find a place to truly "belong." Friend groups shift and people change. Sometimes growth and change sets people on a path of self discovery and rebirth. As one door closes, another opens. SI is always ready to accommodate a student's growth. From athletics to art, SI has so many opportunities to give everyone a place to call home.

The most important first step to

establishing roots is to go out and find what fosters a sense of belonging. In the current climate, this can feel like an impossible task because it is hard to know where to find community and a feeling of belonging. At times, it is easier to retreat and stay on the sidelines. But without attempting to find new roots, one will never know what they could have added to the student community.

Rachel Hu, a sophomore on Dance & Drill, has found a sense of belonging and feels rooted in community while performing with her team. She stated, "I feel most at home in the dance community when I am with my team. I love doing sets during football games and hyping people up!" On the other hand, students also choose to plant their roots in athletics. Natalia Juarez '26 found



a home on the volleyball team, stating, "I feel most comfortable when I'm on the court playing volleyball with my friends." Both Rachel and Natalia found their roots by doing what they love and are passionate about.

At SI, we can find new places to shine a light and cultivate ourselves by blooming where we are planted.

## DISCOVERING TRUTH AMONG ROOTS

Amelia Chen '24  
Managing Editor

Roots, tangling and weaving their way through every crevice of every place, make up the deepest linkages in life. Everywhere we go, we plant seeds, which roots into the ground we stand upon. By stepping foot onto the SI campus, we choose to root ourselves within this community.

In places where we find love and passion within people and celebrations of our talent. From campus ministry, to athletics, and to dance performances, every person at SI finds their calling, something which provides people with the ambitions they need to succeed. With this, here are a collection of quotes from the student body of SI and where they choose to root themselves.

Ashley Chung '24

I love being part of Dance and Drill because of the incredible dance community! I also love being able to bring energy, spirit, and hype to sports events like the Bruce-Mahoney Games.

Grace Brady '23

A vital part of our school is our spirituality, and having the opportunity to add music to spiritual spaces of the school through Music Ministry, such as in prayer services or FAMs, has fostered a deep connection in me to other students at SI. Music is a common language we are all rooted to, so I can connect with the entirety of our school community in a spiritual sense through that..

Jonathan Lim '24

Tennis gave me a chance to be a leader and bring energy to my team, cheering them on and yelling at them.

## THE RHYTHM OF CONNECTION

Jeslyn Oum '24

Managing Editor

Music is a universal language. Whether in times of faith such as all school liturgy, or during class, the presence of songs and voices enhances any occasion. Despite language differences, music upholds a vital role in bringing communities of people together, and the symphony of meaningful lyrics deepens personal connections. The SI community experiences these



*Music Ministry worships at Mass of the Holy Spirit*

sensations constantly through school mass, pep rallies, or school dances where the rhythm and beat of music fuels these events. Both outside and inside of school, music roots build emotional connections deeper than any conversation.

In academic settings, both songs and music itself may impact students differently. Whether it be moments of tense test-taking or calm work-study time, its authority during voids of silence fills the room with an unspoken power. This fact is displayed through all members of SI's community, even faculty. Mr. Lannan, a teacher in the Religious Studies department shared, "Music often has the ability to evoke emotions for me. I often choose a song that fits my mood. For example, when I am feeling tired, too tired even to do something I love, I often listen to music by Bruce Springsteen. I feel in his songs a sense of persisting despite the struggle. It charges me up." These tunes constantly demonstrate the ability to share thoughts that may be difficult to say aloud.

At SI, music also is a vital component of faith spaces. On September 9th, the student body and faculty gathered in

Holy Name Church for the annual Mass of the Holy Spirit. Not only did the music ministry lead and present their voices for the first time this school year, but a new moderator debuted as well.

Ms. Gomes, choir director at SI, now also leads music ministry. In regards to her new role, she remarked, "Music is a

way for all of us to participate in prayer and reflection. You do not need to be a "singer" to participate in music at liturgy. I always love the quote "If you don't like the voice God gave you, church is the best place to give it back to him". When we sing together, our prayer is amplified." Ms. Gomes connects with the power of music and its ability to bring together a community no matter the place or time. She shared her love for music as a form of meditation and a way to "breathe together" in unified motion as "heartbeats align." Music can pull anyone back to prayer, even when stressed or tired.

Music can amplify many facets of life. It can invoke memories of foundational moments in one's life or hold the power to alter emotions. Either way, the role of music roots itself into each and every person's life no matter what. Music not only grounds itself in life, but it grows roots and branches out deep within each soul.





## THE RAMAYTUSH OHLONE PEOPLE: RECOGNIZING HISTORICAL ROOTS

Kate Quach '25

Managing Editor

*Continued from Front Page*

SI, acknowledging that the campus was built on the land of the Ramaytush Ohlone peoples.

This message honoring this group of Indigenous peoples exhibited a pivotal point of advancements involving inclusion and community formation, as this Sunday Mass welcomed the first of this honoring to come.

The Ramaytush Ohlone, which translates to “people of the west” in the Chochenyo language, comprised the original community of the San Francisco Peninsula.

Organized independently of the Ramaytush Ohlone due to a language barrier were the Yelamu, which refers to the tribe and boundary of what is now the County of San Francisco. The Ramaytush Ohlone numbered about 2,000 people and lived in 10 tribes throughout the Peninsula. They cultivated and cared for their land for thousands of years before the arrival of the Spanish and the Portolá expedition.

Mr. Mingo, the Director of Culture and Belonging within the Magis Center of Belonging, Equity, and Excellence, recognized that

observing the Ramaytush Ohlone and Yelamu peoples also served as an enriching experience for self-growth. “Learning and acknowledging the history of indigenous peoples, their lands,

and culture is an exercise in valuing and affirming the dignity of the human experience,” said Mr. Mingo.

He emphasized the importance of establishing a firm understanding of SI’s values and mission statement within the classroom and at home before “develop[ing] relationships with external communities.”

“There are lessons embedded in learning history, especially the lessons of humility, and respect. Lessons learned from history can inform the kind of community that we want to curate here.”

Mr. Mingo

## SPOTLIGHT

### CAYDEN TU’S PUBLISHED RESEARCH PAPER

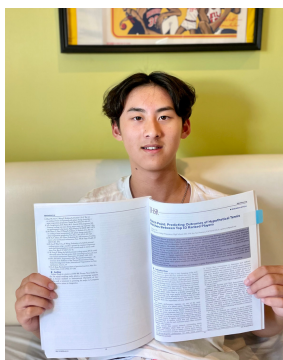
Winston Zapet '23

Managing Editor

Reflecting an interest in STEM, a love for tennis, and a passion for research, junior Cayden Tu recently published research in the “International Journal of High School Research” (IJHSR). His research on hypothetical outcomes of tennis matches began with his interest in STEM and love for tennis.

Growing up, Cayden was exposed to science and technology through his dad, an engineer at Oracle for over 20 years. He also grew up watching Science Fiction movies, his favorites being the Marvel franchise. Throughout his high school journey, Cayden has written for the Apogee Report and *Inside SI*, played JV Tennis, and served as the president of the Computer Science club. These activities prepared him for this accomplishment.

Before his freshman year, Cayden knew he wanted to start a research project and found an opportunity to work with Dr. Nick Riccardi, an adjunct



*Cayden with his research paper. Below is the journal with his published article.*



professor at Syracuse University.

Dr. Ricardi served as a mentor to Cayden during research project. Cayden spent the summer of freshman year learning data analysis and applying it to data of previous tennis matches to predict the outcome of hypothetical tennis matches between the top ten players. He finalized the paper in the beginning of his sophomore year, and then the paper went through a rigorous peer review process by several university professors before being recently published.

During the interview, Cayden placed an emphasis on “resting and recovering to mentally prepare” for the rigorous work. He advised, “if you have a passion or interest then follow it. You don’t always have to make a groundbreaking finding like the meaning of life, it can be anything that helps in any way. Also, don’t plagiarize.”

## SWEATS FOR VETS

## ON AIR WITH SI

Stella Hong '24

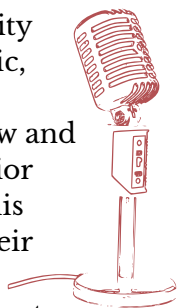
Contributing Editor

With the dawn of a new school year, SI launched a new radio station called On Air with SI. This club focuses on bringing the community together through music, announcements, and interviews. Raven Shaw and Ann Anish are the senior leaders who created this platform and made their dream a reality.

“Our goal is to create a space where SI can ask questions, get advice and learn new things while enjoying something they love, music.” On Air with SI cultivates a space to intermix culture and community through a shared passion of music. With new technology brought in through the school, the radio station is an excellent way for our student body to feel connected and engaged.

Raven and Ann’s goal for the club is to build a strong foundation that will keep the club going past their graduation. They want to establish a space that reminds the institution that all voices are heard and uplifted within our community.

The morning show takes place from 8:00-9:00 am every morning for students to listen to and plays music 24/7. In addition, students can put in daily song requests for the running radio station. On Air with SI is a great platform to update students on the news within our community and to connect the overall culture of SI.

Senna Nijagal '24Managing Editor

At St. Ignatius College Preparatory, many students immerse themselves into service with the communities that they are passionate about through a core project or service hours. But one senior student, Hunter Magher, has taken his service one step further by starting a campaign for donating sweatpants and hoodies to Veterans in the Bay Area.

He became interested in the cause after volunteering at the San Francisco VA and witnessing firsthand the lack of resources that are provided for Veterans.

Forming close relationships with veterans at the VA and witnessing their struggles was one of the inspirations for his campaign. Specifically, two Veterans who had a large impact on Hunter were Bill and Valeria. Hunter shared, “I befriended Bill and Valeria when I worked in the veterans experience center... A lot of times they weren’t able to make it to their AA meetings because they had to wait for their appointments. And I know that for people who struggle with addiction and sobriety it’s something they have to work on daily. They told me how tough it was because, as a veteran, they feel like they should be able to talk through their trauma and struggles.”

After coming up with the idea for this campaign, Hunter spread awareness about the cause through reaching out to the SI community, specifically the football and lacrosse teams, in addition to his neighbors and parents’ friends. After just 3 months of collecting

donations, Hunter had raised \$18,500. He stated, “I was going for like 200 sweatpants, 200 hoodies and I ended up getting 570 sweatpants, 550 hoodies.” He then went to VA locations in the Bay Area to distribute the items. “That was the best part I think, just going and delivering it to them. One lady was crying, just because they (the VA) had nothing to give them (the veterans). They cared deeply about them but they just don’t have enough money from the state,” he reflected.

This campaign and idea is Hunter’s way of giving back to the incredible people who have protected us and our country. As stated on his website, “We are the Land of the Free because of the Brave.” Part of our duty, as Americans, is to support “The Brave.”

One step towards this is donating towards and supporting Hunter’s cause. Currently, he is not working on a project, but he hopes to do something in the future, although it may be different than donating hoodies and sweatpants. Check out Hunter’s website, <https://www.sweats-for-vets.com> for opportunities to help.



*Hunter gathers clothes for veterans group*  
Photo Courtesy of Sweats-for-Vets.com



## OPINION: THE SPECTER OF INFLATION

Hadrian Barki '23

Managing Editor

A specter is haunting the American economy—the specter of inflation. According to the Bureau of Labor Statistics, America's inflation rate hit a 40-year high earlier this June at a staggering 9.1%, a rate not seen since the 1980 Recession. This spike in inflation has mainly been attributed to the \$5 trillion in economic stimulus policies from both the Trump and Biden administrations.

While stimulus packages helped the US economy recover rapidly, the pandemic drove people to buy more products instead of services. With supply chains hampered and demand insatiable, prices rose rapidly, leading to inflation.

The Federal Reserve has taken action against inflation by raising interest rates, which will raise the cost of borrowing money and incentivize people to spend less, slowing down the economy, and it's already bringing the inflation rate down. This is a process that, however, must be done slowly. If rates rise too rapidly, demand will fall too quickly, forcing businesses to stop hiring or lay off workers, causing unemployment to rise and potentially plunging the U.S. back into recession.

The economic troubles of America have always disproportionately affected those of low income, and with inflation, it's no different. At St. Ignatius, the effects of inflation were especially visible with the 30% increase in lunch prices over the past 3 years, from \$5 to \$6.50.

Several senior students on financial aid have reported this causes significant hard-

ship as they only receive \$300 in MySchoolBucks per semester through the Arrupe Assistance Program. That is enough for one lunch a day for 9 weeks out of the entire semester and not much for snacks which are help reduce student hunger during a long day on campus that can often include co-curricular activities.

Students hope that the administration will be able to resolve this issue by making lunches more affordable and restructuring SI's assistance programs.



*Students purchasing lunch in the Commons*

## THE SF OPIOID CRISIS

Evan O'Driscoll '24 & Kate McFarland '24



San Francisco is in a crisis. According to San Francisco's Office of the Chief Medical Examiner, around 1,300 people died from drug overdoses from 2020-2021, double the death toll from Covid-19. Many of these deaths are caused by the opioid fentanyl.

With low costs and effects 100x stronger than morphine, fentanyl has become increasingly attractive for drug users. The effects of this drug crisis can be seen most in San Francisco's Tenderloin district, an area burdened by open air drug markets.

In an effort to combat this drug crisis, the city of San Francisco recently filed a lawsuit against multiple opioid production companies for their parts in the opioid influx into the city. All of the companies the city sued, including Allergan and Teva, settled for a total of 114 million dollars with the city. The only exception was Walgreens, which took the matter to court.

In early August, the city of San Francisco achieved victory over Walgreens, when a federal judge found Walgreens guilty of shipping and distributing addictive drugs without due diligence.

This opioid crisis has become a nationwide issue. Other states have

sued pharmaceutical companies over similar opioid related issues, and Walgreens alone has settled for hundreds of millions in these suits.

What can Saint Ignatius students do to help? One of the most straightforward ways that SI students can help make an impact is by taking part in the Comfort Run Club. The Comfort Run, occurring once weekly, is a program in which students make sandwiches and drive them over to the Tenderloin before school to distribute them. There are also plenty of volunteer opportunities with San Francisco charities to both earn service hours and work directly to help people impacted by the crisis.

“ This opioid crisis is a nationwide issue. ”

The opioid crisis is a dark topic, but San Francisco's victory in these recent lawsuits shows light at the end of the tunnel, and proves that it is still possible to pull our city out of this crisis.

## SUPREME COURT DECISIONS

Grace Brady '23

Managing Editor

This past summer was perhaps the most controversial session the Supreme Court has held in recent memory. The Court's decision in *Dobbs v. Jackson* officially ended the era of *Roe v. Wade*, and sent the issue of abortion back to the states. In addition, the decision against the Environmental Protection Agency (EPA), which creates regulation regarding the environment, led to a scaling-back of the EPA's regulatory powers.



The Supreme Court of the United States/Getty Images

The Court also struck down President Biden's vaccine-or-test mandate for private companies. It allowed private religious schools to receive state grants made available for other private schools in Maine, and for a football coach to make a personal prayer after a game at a public school. The court granted power to President Biden to reverse former President Trump's policies requiring asylum seekers to remain in Mexico as their cases are reviewed. It also expanded the 2nd Amendment right to bear arms.

Overall, it was a turbulent and monumental

session of Court, and, with a 6-3 conservative majority, one marked largely by conservative and liberal lines

I reached out to two SI students in order to get different perspectives on the impacts the session leaves on the country. Spencer Phillips '24 said, "The Supreme Court's last session is significant for two major precedent shifts. Not only has the court returned to a more laissez-faire view of economic regulation, but it also has revived literal interpretation of the Constitution, whereas before the justices would 'legislate from the bench' by conforming the law to their own beliefs instead of applying the actual text."

About his view of the reaction to the recent session, Anthony Jin '24 said, "It was disappointing to see the absolutes of polarized political stances, which have little to no place in nuanced discussions such as *Roe v. Wade* and immigration."

At the very least, the last wave of decisions have highlighted the importance of the Supreme Court's power, and should serve as another perspective from which SI students must consider both presidential candidates, who will be appointing justices, and congressional candidates, who will confirm them.

## OP-Ed

## WELCOME WILDCATS!

Emma Morgan '26

Contributing Editor

The start of the new school year brings in lots of new challenges. With new friends, classes, teachers, and schedules, it's easy to become overwhelmed with the plethora of changes happening all around us. But for incoming freshmen at SI, the adjustment is even greater. So how does SI help our new wildcats adjust, and do they do a very good job?

With the Big Cat, Little Cat program, freshmen are given the opportunity to meet with seniors and receive advice from long-time students. However, when freshman orientation rolled around on August 14, some new students found themselves alone and without a Big Cat leader because they never met or received a text from their Big Cat, even after the "Freshmen Olympics" took place the following Wednesday.

While many students loved the Big Cat Little Cat program and the connections it had to offer, those without a Big Cat were left to navigate freshman orientation by themselves.

Several students believed that the activities offered at the orientations, particularly the "Frosh Olympics," weren't very exciting. They argued that the idea to let students freely roam around the campus created confusion, and that it would have been better if events were clearly scheduled.

However, much of the class of 2026 came to a consensus that freshman orientation was a terrific opportunity to socialize with their new classmates and meet friends that will support, uplift, and stay by their sides for years to come.

Freshman Boyd Killion loved how activities "brought the incoming freshman class together." In addition, freshman Madison Pashby "enjoyed the events SI offered, especially the school spirit presentation hosted by Wildcat Nation in the dance studio."

Overall, the freshman class of 2026 thought Frosh Orientation provided amazing way to meet some of their new peers, explore the campus, and learn about the many aspects of SI.



Students participate in Frosh Olympics



## THE LIBRARY: CLOSED CHAOS

Emily Winters '24 & Nola Derrick '24

Contributing Editors

Have you ever been drowning in homework and needed a quiet space to get it done at school? How about staying after school for some sort of extra-curricular activity, or just because your parents just forgot to pick you up and you'd prefer not to sit in the student center under the watchful eye of the Deans? For all of these situations, the library would obviously seem like the ideal place to concentrate, finish your work or even catch up on some lost sleep. However, SI's Wilsey Library seems to be providing not a haven from the busy campus, but instead, a place that does not always help student productivity.

Imagine it is the afternoon and after talking to your friends you're ready to start your homework before practice. You decide to head to the library at 4:00 p.m. Instead of finding a quiet space, you're staring at locked doors and an empty dark room: our library closes at 4:00 p.m. In a school that promotes finishing your homework at school and participating in extracurriculars, why does the space on campus designated for such, close so early? Ms. Wenger, SI's Director of the Library, noted, "The library serves 1500 students and the entire school faculty but only has two faculty members to run it [and also] provide lessons for teachers, research support, and reading recommendations." SI's librarians are busy all day supporting students from 8am to 4 pm, and currently there is not anyone available to keep the library open later hours.

St. Ignatius pushes the students to become involved in after school activities to have a life outside of academics. However, as a result of these reduced library hours, students lose the ability to get homework and studying done before other commitments. This can lead to a late night which is bad for student's physical and mental health.



*Students getting to work on assignments and projects*

“

**We attempt to provide students all the types of spaces they need and have requested from us. During class periods, students use the space as a study space. They collaborate at whiteboards and tables, and they work individually at computers and the comfortable seating. There is a quiet hum of concentrating people. During lunch and other non-class times, students have needed a place to socialize.**

**~Ms. Wenger, Director of the Library**

”

Additionally, the library lacks the atmosphere for getting work done during school hours. If you walk into the library during some periods of the day, the last thing you'll find is a tranquil workspace. Instead you will see kids yelling, congregating in giant circles, complaining about teachers, and covering the library floor. Ms. Wenger explained, "We attempt to provide students all the types of spaces they need and have requested from us. While we agree that quiet space is important, unfortunately we don't have a physical space that can accommodate both silence and non-silence at the same time."

While socializing is a crucial part of school, so is being able to do homework, and it would support students more to keep the library more of a quiet space during all periods. Productivity at school is especially important due to the new schedule; the increase of class time and homework is an adjustment the school needs to support through on-site resources. One way to do this is by offering a quiet work space on campus, something currently lacking due to the loudness of the library.

We have asked a couple students what is the first thing that comes to mind when they think of the library. While some like Pierce Winters '26 believe "It's a good place to go during resource," other students responded with something similar to junior Bailey Nelson's comment: "It's way too loud in there for me to focus."

While it is understandable why the library would lose earlier hours during our times of cohorts and masks, now that our school has fully reopened, shouldn't the library do the same?

## AFFINITY GROUPS: LOOKING FORWARD THROUGH OUR ROOTS

Ella Liang '23

Associate Editor-in-Chief

Affinity Groups at SI serve as safe places for students of different identity groups to share common experiences. Affinity Groups symbolize not only the presence of diversity at SI but also the celebration of it. Affinity Group leaders hope to share the roots of their identities with the greater SI community.

When asked about how her culture influences how she goes through life, Vivian Ng '23, Co-President of ASC (Asian Student Coalition), said, "Culture forms the room of my identity as I explore my background and where I am from. It is important for me to stay grounded in the values I learn from my community . . . I aim to be a voice for Asian Americans."

Affinity is a place of belonging for Raven Shaw '23, Co-President of BSU (Black Student Union). She stated that to her affinity means "connection to a group of people you feel supported by and can relate to your experiences." Being a minority in a community can sometimes be isolating, underscoring the importance of having a place on campus to go to.

To foster a sense of inclusion for minority students, our Affinity Groups hold events

throughout the year, from panels to holiday celebrations to heritage nights.

When asked about plans for her Affinity Group, Melissa Hua '23, Co-President of LGBTQ+ Affinity, spoke about Campus Pride Month in April. Additionally she hopes to help create a "zine for student artwork and writing" where students who are part of the Affinity Group have the option to submit anonymously.

As heritage months and celebrations occur throughout the year, Affinity Groups are leaders in bringing these events to the SI community. Currently it is the 50th Anniversary of Latinx Heritage Month. ALAS (Association of Latin American Students) Secretary Julianna Alegria '23 told us to look out for "our upcoming LatinXcellence Showcase, which will be held October 29th, along with different activities during Latinx Lunes, and identity formation days." She hopes ALAS members can "come together in feeling proud to share [their] culture and identities."

Affinity Groups are ultimately a way to celebrate our roots and build a future that includes people of all backgrounds.

## LATINX HERITAGE MONTH

Juliana Alegria '23 & Alexandra Vivas '23

Contributing Editors

*Continued from Front Page*

...for ALAS members and the entire SI community to get involved and learn about the beautiful culture of our Latinx students.

This year ALAS wishes to highlight the importance and significance of cultural activities, foods, dances, and people. An example of this is our Hero's Posters that we hang around the school. These posters showcase some ALAS members' heroes and their journeys and accomplishments. By describing our heroes, we share a part of our identity and share who inspires us to work hard.

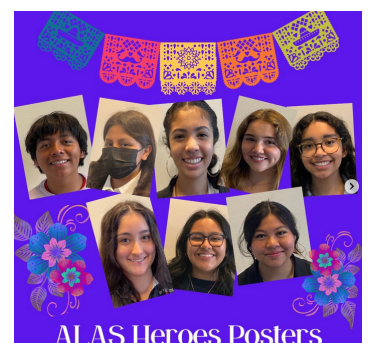


*Photos from  
2021 LatinX Showcase*

Calling all SI students! ALAS would like you to save the date for October 29th. On that day, ALAS is celebrating its 50th anniversary with its annual LatinXcellence showcase! The theme for this year is Mi Gente (My People). All are welcome to this event where there will be performances and art pieces from ALAS students, food from different countries in Latin America, and a wide range of music. Please come out and celebrate!

If you identify as Latinx and want to display your talent or help in any way in the showcase, check your inbox for an email from Maribela Arriaga '23 or reach out to Skyler Barnes '23 or Mia Santiago '24.

**LATINXCELLENCE  
SHOWCASE  
ALAS 50th  
Anniversary  
October 29, 2022**





## HE(ART) - THE MANY FACES OF TALENT AT SI

Jacan Tovar '23

Managing Editor

The HE(ART) club is one of the many spaces available to passionate, talented, and ambitious students in the SI community. Specifically, the HE(ART) club was commenced in an effort to spark an interest in the arts for young men of color. Oftentimes, this demographic may feel shut out of the arts, feeling left out and missing out on the opportunities and career paths that branch out of exploring this field. However, luckily, Andres Safa'23 and Javi Rosewarne'23 established the HE(ART) club on a mission to bridge the gap between young men of color and the arts.

The HE(ART) club provides students the opportunity to explore a variety of art, such as digital and physical art, photography, poetry, and every aspect of creativity. The HE(ART) club is the epitome of excellence, exemplifying the many faces of talent prevalent in the SI community.



For example, in the summer, HE(ART) and its members engaged on a special project: designing and painting of the mural in the Office of Belonging, Equity, Excellence (Magis Office). The beautiful art piece is a daily reminder to the SI Community, especially students of color that they are vibrant and unique members of the community, with various talents, skill sets, and abilities.

As Andres Safa '23, one of the presidents of the club, stated, "The mission of this project is to show appreciation for the Magis space, and have a daily reminder to feel joy and value for the talents and gifts we bring to the table. In addition, the club also had the amazing opportunity to design the 2022-2023 Bruce-Mahoney shirts.

The HE(ART) club has made a name for itself, and will continue to foster the spark and creativity of each young man.

*The beautiful new Magis Mural in the office was designed and painted by students in the (He)art Club moderated by Mr. Chris Delaney. Ms. Hernandez noted, "I am so appreciative of the students who put in many days, hours, and dedication to making the office a place by our students and for our students. Please shout out these students who contributed to this project when you see them: Javi Rosewarne, Andrés Safa, Kanye Murray, Nathan Thornton-McKinze, Jacan Tovar, Marcello Vivas, Yoni Petros, and Junior Tutoe."*

## THE BEE

Olivia Leigh '23

Managing Editor

The Magis Center for Equity and Inclusion has been a cornerstone of the SI community since 2017. At breaks and lunch, it's a bustling hub for students. Before and after school, it's a study space with weekly college workshops hosted by Ms. Vaccaro – but no matter the time, it remains an integral location on campus. As of a few weeks ago, the Magis center is now known as the Center for Belonging, Equity, and Excellence (or the BEE), reflecting the organizational shifts that have recently occurred internally.

Ms. Hernandez, Director of Community Engagement & Belonging, explained that the name shift reflects that although the office houses the Magis High School Program, the Center also strives to support (and be an open door to) all students and members of the SI community.

The renaming of the center comes with other changes, like Dr. Davis's new role as Assistant Principal for Community Formation, where she will be directly working with the BEE and DEIB in institutional policies

We're also welcoming Mr. Eric Mingo as the Director of Culture and Belonging, who, as Ms. Hernandez explained, will be "[helping to] provide professional/personal development for staff so they can show up more culturally responsive."

Despite all the new changes, the office is supporting the same initiatives as it always has, and will continue to support our entire SI community, including members of the Magis HS program.

## PERFORMING ARTS KICKOFF

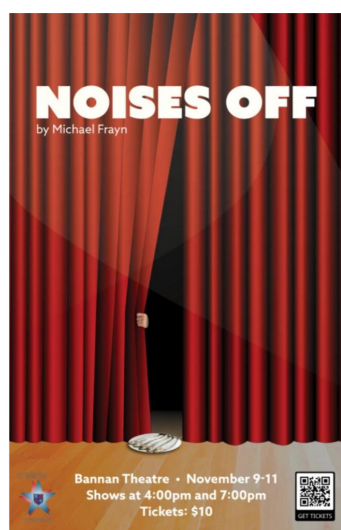
Aidan Stecher '23

Managing Editor

The beginning of the school year marks not only the spark of student life, but also the Performing Arts kickoff for the 2022-2023 school year. The performing arts directors held the kickoff meeting on August 19 in the Bannan Theater, where everyone came together to celebrate a new year of opportunity. The kickoff invited the students to join the various offerings of the Performing Arts Program: Choral, Dance, Drama, Instrumental Music, and Technical Theater. Throughout the rest of August, the Performing Arts held auditions for the Fall Play and Playwright, Dance Workshop, Tech Theater, Orchestra, Jazz Band, and Choral Program. Everyone in the Performing Arts Program is excited to share their talents with the rest of the school community.



The Fall Concert will give the opportunity for people to listen to a wonderful set list of harmonious songs played by our very own jazz band and orchestra.



This year, the Fall Play will be “Noises Off.” Come watch your classmates perform on center stage and act out this comical play.



“Behind the Curtain” will allow parents, students, and teachers to go behind the scenes of their favorite Performing Arts performances and learn more of what the audience doesn’t see during each production.



The Playwright Festival will give a chance for upperclassmen directors to direct and produce their own major stage production.



The highly talented Dance group will perform “Transfiguration” this November, where the audience can watch passionate and emotional art.



## MURALS IN SAN FRANCISCO

Camille Pyo '26

Contributing Editor

You can't go more than a block in a San Francisco neighborhood without coming across a mural, whether it's the Tenderloin, SoMa, or Chinatown. However, the crown jewel of vibrancy is the Mission District for its abundance of decorated restaurants, churches, garage doors, and schools, a handful dating back to as early as the 1970s.

Of these 1000+ murals, social movements, culture, and human rights seem to be the main focus. In the Mission District's Balmy Alley, Lucía González Ippolito's "Women of the Resistance" honors women's rights activists, with the intention of engaging and educating the community.

Many murals tell stories, like the ones that adorn the walls of the first floor of the Coit Tower, illustrating California life and labor during the Great Depression. Extremely controversial at the time of the tower's completion in 1933, some of the murals were challenged for being politically motivated.



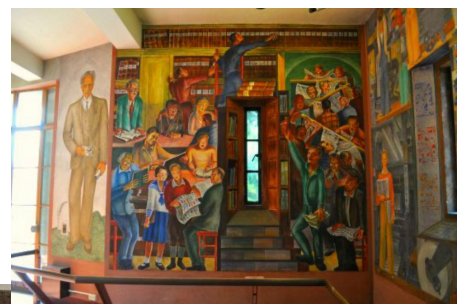
*Women of the Resistance* by Lucía González Ippolito

There are also mosaics, as displayed above the West Portal Chase Bank entrance. In 1977, a trio of artists created the imagery of five pairs of agricultural workers, each coming from different backgrounds and cultures.

Guided walking tours throughout the city can teach you more about each piece of art. One example is the three-hour-long SF: Mission District Mural Art and Food Tour with Tasting, which takes you through Clarion Alley. While learning about the history of the Mission San Francisco de Asis and the impacts of the Gold Rush and the 1906 Earthquake, you get to experience some of the Mission's cuisine.

Murals are deeply rooted in San Francisco culture, with themes ranging from heritage to social politics. Next time some street art catches your eye, examine it for the artist's name or research the stories behind the artwork's elements.

Mural at Coit Tower



*Gateway to the Pacific Basin* by Millard Owen Sheets

## LUMPIA WITH A VENGEANCE

On October 2nd, SI is hosting a special premiere at the Regal Stonestown Galleria of "Lumpia with a Vengeance," filmed with a home-style feel featuring several SI alumni and current students (Claire Cadiz '26 and Diorel David '26). The film's plot features a teenager deterring a crime boss who intends to destroy her town. The premiere will include a chance to meet the director of the film, Patricio Ginelsa, as well as several cast members from the film. It is open to all SI students, faculty, and family members who wish to attend—registration is still open! Get your ticket at:

<http://lumpiamovie.com/screenings/>



Naomi Ko '24

## THE RORY GILMORE CRAZE

Managing Editor

If you've been scrolling through Tiktok even a little this fall, you might've seen outfit inspo, edits, get-ready-with-me's, or videos trying to romanticize school by pretending to be Rory Gilmore. But does it really work to base study habits and lifestyles on a fictional character? And more importantly, is it even realistic?

Rory Gilmore, the 16 year old academic star of the TV show *Gilmore Girls*, has been a constant staple in a plethora of "back to school" and "fall aesthetic" trends, from inspiring different autumn outfits or being motivation to achieve academic success. She's become so popular that the hashtag "#rorygilmore" has garnered over two billion views on TikTok. Synonymous with fictional characters like Hermione Granger, these Tiktoks offer advice on

how to "romanticize academia" more, such as putting on wired earbuds in the hallways or taking pretty lecture notes, complete with an array of highlighters and pens. However, some could argue that these tips are not exactly helpful or healthy.

Rory Gilmore is a fantastic comfort character, but you shouldn't hold yourself to fictional standards—they're fictional, and therefore not attainable on a healthy level.

While Rory may be constantly overachieving in school onscreen, it isn't a good idea to attempt to mimic a lifestyle that isn't real, as those are unrealistic expectations to strive for. Instead, make sure to check up on yourself and self-care every once in a while, especially if that means an episode of *Gilmore Girls*—just because it's unrealistic doesn't mean you can't watch!



Alexis Bledel playing Rory Gilmore

Photo: Getty images

“

I think it's motivating in some aspects, but on the other hand it's over-focusing on external academic validation, which I think is an issue for a lot of teen girls. It's mixed, but you definitely shouldn't over-idealize any fictional characters.

- Olivia Leigh '23

”

## BEREAL: SHARING AUTHENTICALLY

Cece Hammond '24

Contributing Editor

BeReal is a social media app that is focused on exactly what it sounds like: being real. It encourages people to abandon the fallacies that come with social media by having no likes, follower counts, or filters. Upon receiving a notification, users have two minutes to be on time with their daily post, which captures images from both sides of their camera. Users can then comment on and "react" to friends' posts with selfies.

The trending app has sparked controversy. Is it more real to be "late," because that means you were focused on your life, and not a notification? Is BeReal's concept helpful for self-image, eliminating filters and perfectly-crafted posts?

Ashley Chung '24 believes that BeReal "is a fun, healthy, and unfiltered way of catching up with your friends...everyone's on the app around the same time, so you're not scrolling for hours like on Instagram or TikTok." Additionally, no filters and limited time to take the picture gives BeReal a more authentic feel. There's less pressure to post something perfect than on platforms such as Instagram. BeReal lovers find that the app's authenticity is what makes it great.

Others, including Josephine Lum '23 and Rhianna Duri '23, feel differently. Lum explained, "I don't have BeReal because I can post on other apps. I already have Instagram and Snapchat." On the other hand, Duri is hesitant to leave a digital footprint anywhere, saying, "I like to remain a mystery to the public eye by not posting." Downloading BeReal makes no sense for individuals like Duri because you cannot see what others post unless you post yourself.

While some are disinclined to join BeReal, others appreciate the healthy community it creates. The authentic energy of BeReal is a stark contrast to many other social media platforms, and what it preaches is far from harmful, even if counterintuitive.



The Editors-in-Chief take a BeReal

BeReal.



Wildcat sports are back! As fall sports reach the midway point of their season, each team has some big games ahead. Support teams at the pool, gym, Fairmont, and JB Murphy. Good luck to all of our fall athletes! Go Cats!

*Records as of September 27th.*

### Boy's and Girl's Cross Country



*Cross Country runners starting their race in Golden Gate Park on Sept. 21st*

"I'm a little nervous before each meet, but it's really just excitement; our squad will do whatever it takes to win"- Sean Bautista '23

Cross Country looks to further their season at the Clovis invite on October 8.

### Girl's Golf

**Record: 3-2**



*SI golfers shoot for the pin.*

Following a win against Presentation, Varsity will look to continue their success against Mitty and St. Francis this week. JV is coming off four straight wins and looked to continue their success against Valley Christian on the 27th.

### Field Hockey

**Record: 3-5**

The Varsity Field Hockey team lost a close regular season game (0-1) against Mitty. They looked to bounce back against Paly on the 27th.



*The Field Hockey team continues to battle tough opponents*

### Football

**Record: 1-3**

After a disappointing defeat at Bellarmine, the Wildcats fall to a 1-3 record. They look to their next opponent against Saint Francis on 9/30



*Number 55 leads the charge sending the Wildcats onto JB Murphy*

### Girl's Volleyball

**Record: 10-10**

After a tough loss against Saint Francis, Varsity looked to pick things up against Presentation on Wednesday, Sept. 28th.



*The Cats preparing for the middle stretch of the season.*

### Girl's Tennis

**Record: 7-2**

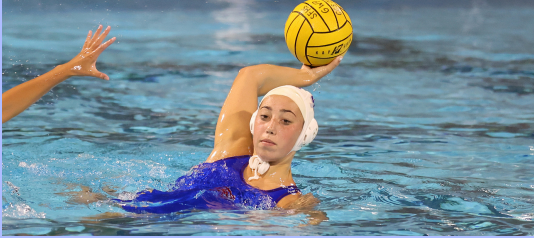
The Varsity Girl's Tennis team looked to continue their dominant stretch against Valley Christian and Mitty the week of 9/26. The JV team hopes to maintain in their perfect season against International on Monday.



*The Varsity Tennis team announces the lineup before the match versus Urban.*

**Girl's Water Polo****Record: 4-5**

Coming off four wins in the last 5 games, Girl's Varsity Water Polo looks to continue their dominance against Presentation as they look for a road victory on October 5



*The Wildcats move the ball around against Valley Christian*

**Boy's Water Polo****Record: 0-2**

The Boy's Varsity Water Polo team attempted to end a two-game losing streak against Sacred Heart Prep on Wednesday, 9/28.



*The Wildcats attack the goal against Saint Francis*

Nick Luongo '25**ATHLETES ROOTED IN THE BAY**Contributing Editor

The feature of this month's issue has to do with roots. Here are some of the best professional athletes that have their roots in the Bay Area.

Probably the best-known professional athlete to have attended St. Ignatius was Hall of Fame NFL quarterback Dan Fouts, who was born in San Francisco and played football for SI in his junior and senior years of high school.

Kristi Yamaguchi is an Olympic gold medalist figure skater and a two-time world champion from Hayward, California. She won the pairs title at the 1988 World Junior Championship, and went on to win three silver medals as an individual competitor at the U.S. Championship from 1989 to 1991.

Barry Bonds attended Serra High School as well and went on to set the all time record in the MLB for career home runs, with 762. He was born in Riverside, California.



*Dan Fouts, NFL Quarterback*

*Credit: USA TODAY Sports*

*Copyright: Richard Mackson*



*Kristi Yamaguchi, Olympic Medalist*

*Photo: Eric Feferberg, Getty Images*

Coming from Santa Clara, Kerri Walsh is an American professional beach volleyball player and a three-time Olympic gold medalist. She attended the nearby Stanford university, where she played indoor volleyball and won back to back NCAA championships in 1996 and 1997.

Another great athlete rooted in the Bay Area was Tom Brady, who as many know attended Serra in high school. He currently plays quarterback for the Tampa Bay Buccaneers and is arguably the best quarterback in NFL history.

Joe DiMaggio was born in Martinez, California and moved to San Francisco at a young age. He was a Hall of Fame MLB player most famous for his record 56-game hitting streak in 1941.

The Bay Area is home to a handful of sports' greatest athletes. Many of them have left a mark on their respective sports that will never be forgotten.



*Kerri Walsh, Olympic Medalist*

*Photo: Getty Images*



*MVP Barry Bonds*

*Photo: Jed Jacobsohn, Getty Images*



## XC CRAZE: SI'S RUNNING CULTURE

Kevin Chin '26

Contributing Editor

BZZZ... BZZZ... My alarm clock goes off. I look at my watch, it's 6 am. Time to get ready for my Saturday run with my cross-country team. This is just another weekend morning as a Saint Ignatius cross country runner. For me, these workouts are a good way to start my weekend and mentally prepare myself for the upcoming week.

During the school week, we run after school. Our runs vary - long runs, sprints, workouts, hills, and recovery days. This daily training is designed to strengthen each individual runner, so we can all be at our bests come race day. There are specific practices to learn like untying your shoes and taking them off for certain stretches. As a freshman runner, the most difficult part is adapting to the new training regimen.

Before SI, I would normally run around ten miles a week, but when I joined SI's cross-country team, that number more than doubled! It was a huge jump for me and can be really difficult. That's why it's so important to stretch and to do the warm up and cool down correctly.

When I run, it can get tough, but the support of the team always helps push us to our limits. Everyone is always positive and pushing each other to do their best. No matter your aptitude or skill level, the team makes everybody feel welcome and supported. Cross country teaches me routine, discipline, teamwork, and helps me be the best version of myself every day,



*Kevin Chin '26 in action, looking to improve everyday*

*The Wildcats begin their long journey as the race commences*

Neel Noronha '24

## FRIDAY NIGHT LIGHTS

Managing Editor

After years of dispute with neighbors, the St. Ignatius football team finally hosted its first game under the newly installed lights at J.B. Murphy Field. With the student section filled to the brim and roaring, the 'Cats were eager to make a historic night all the more memorable. They did just that, as they asserted their dominance over a Palo Alto team that just couldn't seem to get anything going, riding a colossal first quarter to a thumping 41-6 win. The defense was the first to strike, recovering a botched snap on third and long to set up the offense in the ideal position for their first drive of the season.

The offense didn't miss a beat, using big runs from junior running back Cameron Jones and senior quarterback Mac McAndrews to set themselves up nicely at the opposing one-yard line, where Jones punched it in for the opening score. McAndrews wasted no time, after recovering a fumble, heaving a 23-yard dime to an open receiver Monroe Barnum in the end zone on just the first play of the drive.

"The game plan was: this is our first game, we've got to make sure that we play as clean as possible," said longtime SI head coach John Regalia. "From rotations to situations to taking care of the football, those types of things. In many respects we did it."



*Mac McAndrews '23 looking to throw*



*Linemen clear the path for the running back*

"The game plan was: this is our first game, we've got to make sure that we play as clean as possible," said longtime SI head coach John Regalia. "From rotations to situations to taking care of the football, those types of things. In many respects we did it."

It was an especially impressive showing from McAndrews who went a perfect 7-for-7 on his passes for 126 yards and three scores. His performance will be crucial for the Wildcats to compete in the formidable WCAL.

"I think we can expect a lot of this," said Regalia. "He's very smart, manages the game well, manages our offense well, and he's got a great connection with the guys around him. This is a good start, he showed some things he can do. I know Mac well, he will take this, but he and we are not satisfied with where we're at. He wants to keep pushing, and find ways to use this to get better."

## INVESTIGATIVE REPORT: UNLOCKING THE LOCKERS

Nicholas Sokolov '23

Contributing Editor

Investigation: 79% of SI Students Avoid Using Lockers Because of Difficulty with Locks

Here at St. Ignatius College Preparatory, there are many lockers. There are lockers throughout the academic building, in the band room, and even in the locker rooms. There may be hundreds of lockers throughout the school. While this impressive infrastructure has withstood educational reform, a global pandemic, and the test of time, one question remains: why do so few students actually use the lockers?

For those unaware, lockers are used for storing items. Generally, students are inclined to put resources like binders and notebooks in their lockers so that they may travel with less cumbersome baggage. With a lighter backpack, students can travel more quickly throughout the school and avoid detentions from the entity known as the OFFICE OF THE DEANS (which we think also has lockers). This is especially important for freshmen, who are short and therefore generally cannot move as quickly as other students.

With this being said, lockers are obviously incredibly useful. Since students would likely benefit from using their lockers, a crucial question remains: WHY DO SO FEW STUDENTS USE LOCKERS AT SI? There is no doubt that this crucial question warrants a very serious investigation.



First, there are several challenges to accessing lockers. For example, I think some students don't want to walk up stairs to reach theirs. That could be exhausting. However, to avoid speculation, I have decided to reach out to SI students and interview them to find out exactly why they find themselves unable to use their lockers.

Speaking on the condition of anonymity, one fake SI student said, "You know, uhh, I don't know... I kinda forgot the [locker] number." Just after these eloquent words were articulated, another fake student said, "Yeah, since freshman year I haven't been able to figure out the circle lock, y'know? Like the circle?" These two interviewees raised an important issue. The real problem is not the lockers themselves, but the locks. They're circles. How is one supposed to use them? If they had face ID like our phones, it would be no problem.

How is one supposed to combine memory skills with the overly complicated machine that is the rotary combination lock? Can we expect all of our peers to solve this riddle of locksmithery?

No doubt we need to answer the circle question first and then we will go back to the locker question in a future edition.

## ENGLISH LESSON: A POEM

Andrew Wong '24

Managing Editor



Learning English, a language sweet,  
 Pages of symbols my eyes do meet.  
 Paragraphs, theses, grammar and structure,  
 Using these makes my blood vessels rupture.  
 "Modern English" is not so modern.  
 From reading essays my eyes start to burn.  
 Who doesn't love to decipher plays?  
 Analyzing lines leave me in a daze.  
 Cough, rough, though, and through,  
 Rhymes are pointless, words are askew!  
 There, their, they're!  
 Comma, period, colon!  
 White strands in my hair.  
 And hours of life stolen.  
 Everyone loves English, everyone agrees,  
 But don't bat an eye if I switch to Chinese.

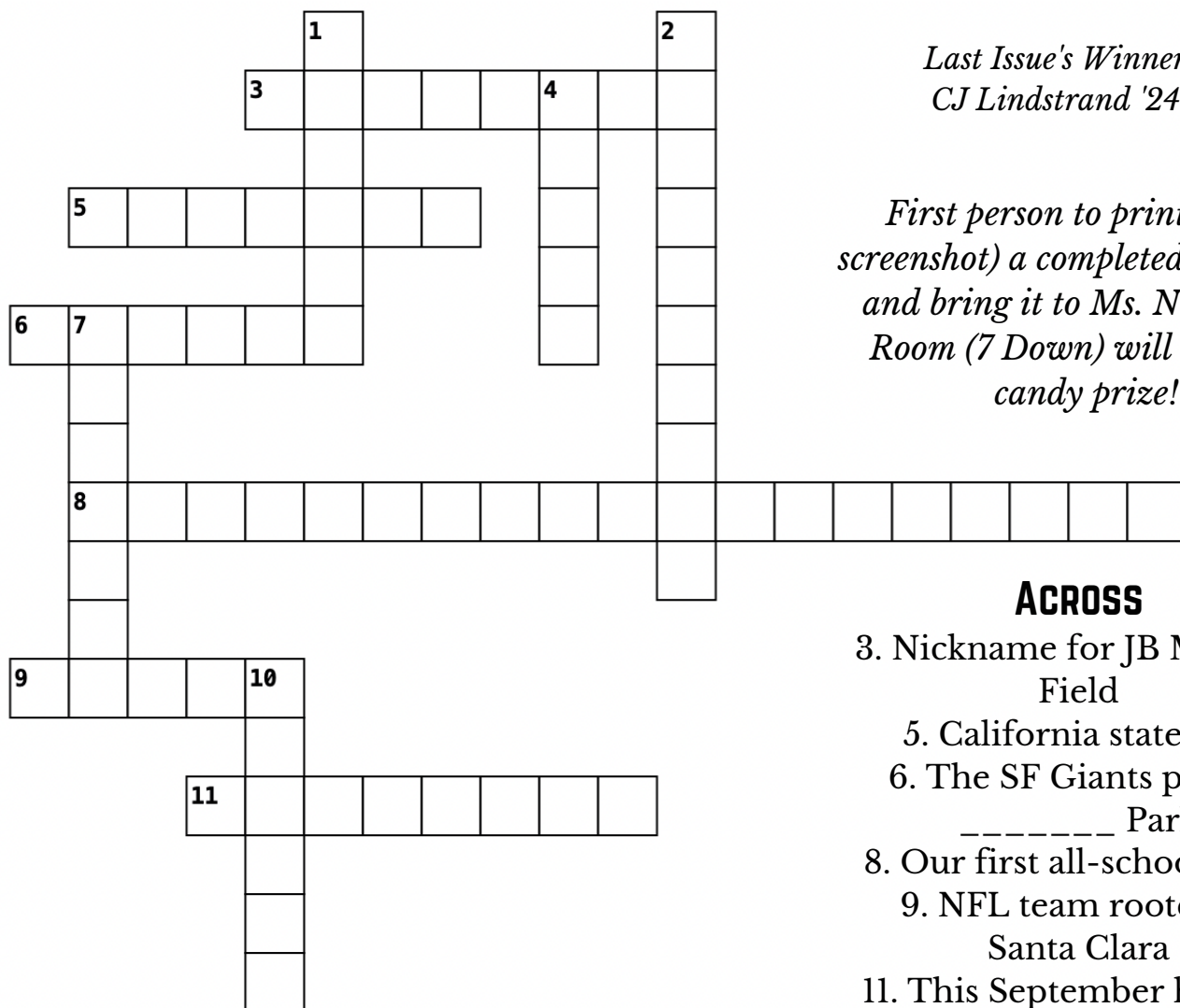




## SEPTEMBER CROSSWORD & SUDOKU

Philip Luongo III '23

Editor-in-Chief



*Last Issue's Winner:  
CJ Lindstrand '24*

*First person to print out (or  
screenshot) a completed crossword  
and bring it to Ms. Nickolai in  
Room (7 Down) will receive a  
candy prize!*

### ACROSS

3. Nickname for JB Murphy  
Field
5. California state tree
6. The SF Giants play at  
\_\_\_\_\_ Park
8. Our first all-school Mass
9. NFL team rooted in  
Santa Clara
11. This September holiday  
gives us a three day  
weekend

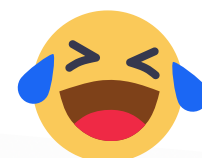
### DOWN

1. We are on the unseeded  
land of the \_\_\_\_\_  
people
2. Where you might find  
member of the school  
orchestra
4. This issue's feature
7. Ms. Nickolai's classroom
10. Roots help a tree stay  
\_\_\_\_\_

	2			9	8			4
		6				8		7
4				1	2			3
			5		4	6		
	3			7			4	
		8	1		9			
8			4	6				9
7		4				3		
3			8	5				1

*So, do you know how to Sudoku?*





## School

Volleyball game  
against MC

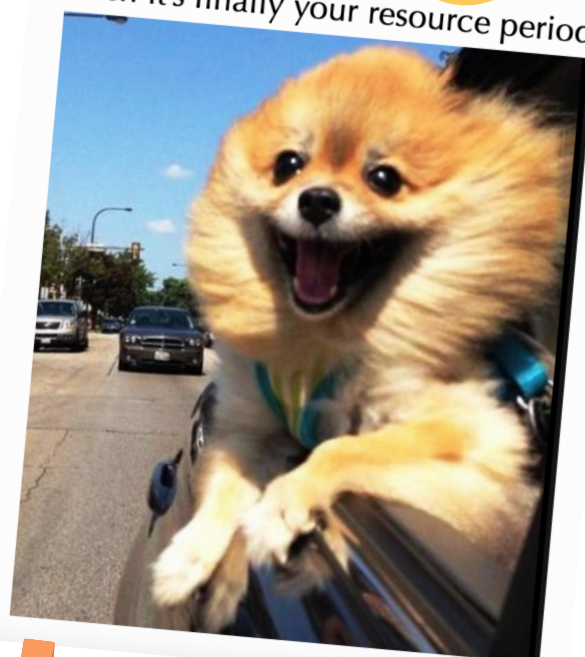


Me when there's a dress code check

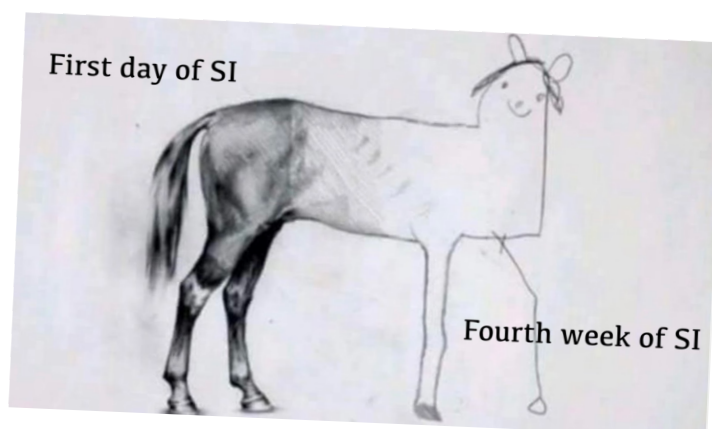


LOL

When it's finally your resource period



First day of SI



Fourth week of SI



**VOLUME 71 ISSUE 2**  
**SEPTEMBER 30, 2022**

Melissa Hua '23, Philip Luongo III '23, Reilly Moriarty '23, Jack Quach '23, Jack Stecher '23  
*Editors-in-Chief*

**CONTRIBUTING EDITORS:** Juliana Alegria '23, Nicholas Sokolov '23, Alexandra Vivas '23, Emma Chan '24, Nola Derrick '24, Madison Farrell '24, Cece Hammond '24, Stella Hong '24, Kai Lamb '24, Kylie Landers '24, Kate McFarland '24, Ava Murphy '24, Evan O'Driscoll '24, Emily Winters '24, Anthony Jin '24, Maya Altman '24, Dylan Sunga '24, Mildred Green '25, Nick Luongo '25, Kevin Chin '26, Abigail Edwards '26, Aiden Gray '26, Lucas Liang '26, Emma Morgan '26, Camille Pyo '26, Lucia Rocchio '26, Alex Salentine '26

**MANAGING EDITORS:** Ella Liang '23, Olivia Leigh '23, Jacan Tovar '23, Naomi Ko '24, Aidan Stecher '23, Samantha Major '23, Jeslyn Oum '24, Amelia Chen '24, Kate Quach '25, Andrew Wong '24, Will Siwinski '24, Delaney Broderick '23, Megan Stecher '24, Hadrian Barki '23, Grace Brady '23, Cayden Tu '24, Nina Schmidt '23, Ethan Qua '23, Jack Cooper '23, Neel Noronha '24, Cece O'Brien '24, Senna Nijagal '24, Winston Zapet '23

**LAYOUT:** Ella Liang '23, Ethan Qua '23, Kate Quach '25, Lily Sheehan '23

**BENEVOLENT** Ms. Carole Nickolai  
**CENSORS:** Ms. Jacqueline Boland