October

What's on the Menu? Greenwich Public Schools



2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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PUT LOCAL ON YOUR TRAY						
2	3	4	5	6	7	8
	" <u>Breakfast for Lunch</u> " French Toast	" <u>Taco Tuesday</u> " Beef & Cheddar	Yom Kippur Schools Closed	Crispy Chicken Sandwich	Cheese Pizza Homemade	
	Maple Syrup	Cheese Burritos	Schools Closed	Seasoned Veggies	Whole Wheat Crust	
	Chicken Sausage	Brown Rice			Vegetable Bites	
9	10	11	12	13	14	15
♥	"Breakfast for Lunch" Egg and Cheese	Cheese Quesadilla Seasoned Corn	Pasta du Jour Marinara or Meatsauce	Chicken Tenders Whole Grain with	Cheese Pizza Homemade	
GROWN	Sandwich on a Roll Chicken Sausage	Roasted Sweet Plantains	Toasted Garlic Bread	Dipping Sauce Seasoned Green Beans	Whole Wheat Crust Vegetable Bites	
16	17	18	19	20	21	22
	"Breakfast for Lunch"	" <u>Taco Tuesday</u> "	Home Baked	" <u>Celebrate World</u>	Cheese Pizza Homemade	
	Crispy Waffles Maple Syrup	Beef & Cheddar Cheese Burritos	Macaroni & Cheese Bread Crust Crumble	<u>Food Day</u> " Peruvian Chicken	Whole Wheat Crust	
Stands or Instancial State Passachial	Chicken Sausage	Brown Rice	Bread Grost Gromble	Rice and Beans	Vegetable Bites	
23	24	25	26	27	28	29
TIE YEAH!	"Breakfast for Lunch"	Bean and Cheese	Pasta Marinara or	Grilled Cheese	Cheese Pizza	
	Fluffy Pancakes	Quesadilla	Meatsauce Toasted Garlic Bread	Whole Wheat	Homemade Whole Wheat Crust	
Don't EALE my wibel	Maple Syrup Chicken Sausage	Seasoned Corn	i oasted Gariic Bread	Tomato Soup	Vegetable Bites	
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Available Daily: Whole Wheat Bagel with String Cheese, Sun Butter & Jelly Sandwich, WG Cereal w/String Cheese, Fruit, Granola & Yogurt Parfait, Homemade Hummus w/Crunchy Tortilla Chips.

Unlimited Fresh Fruits and Vegetables included with your Meal. Fresh local skim milk and 1% milk offered daily. Gluten Free Bun available upon request.