



# Hinsdale Central High School

Grades 6-12  
Spring Surveys - 2022



Report created by  
Panorama Education



## Summary

Topic Description	Results	Comparison
<p><b>Challenging Feelings</b></p> <p>How frequently students feel challenging emotions, with higher scores indicating less frequent challenging emotions.</p>	<b>52%</b>	<b>50%</b> Hinsdale Township High School District 86 (IL)
<p><b>Emotion Regulation</b></p> <p>How well students regulate their emotions.</p>	<b>57%</b>	<b>56%</b> Hinsdale Township High School District 86 (IL)
<p><b>Growth Mindset</b></p> <p>Student perceptions of whether they have the potential to change those factors that are central to their performance in school.</p>	<b>56%</b>	<b>55%</b> Hinsdale Township High School District 86 (IL)
<p><b>Positive Feelings</b></p> <p>How frequently students feel positive emotions.</p>	<b>64%</b>	<b>63%</b> Hinsdale Township High School District 86 (IL)
<p><b>Self-Efficacy</b></p> <p>How much students believe they can succeed in achieving academic outcomes.</p>	<b>54%</b>	<b>53%</b> Hinsdale Township High School District 86 (IL)
<p><b>Self-Management</b></p> <p>How well students manage their emotions, thoughts, and behaviors in different situations.</p>	<b>77%</b>	<b>75%</b> Hinsdale Township High School District 86 (IL)
<p><b>Social Awareness</b></p> <p>How well students consider the perspectives of others and empathize with them.</p>	<b>72%</b>	<b>69%</b> Hinsdale Township High School District 86 (IL)
<p><b>Supportive Relationships</b></p> <p>How supported students feel through their relationships with friends, family, and adults at school.</p>	<b>86%</b>	<b>86%</b> Hinsdale Township High School District 86 (IL)

1,819 responses



# Challenging Feelings

Your average

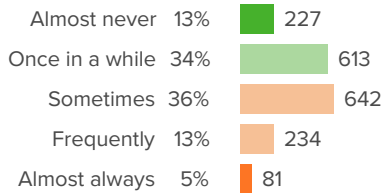
**52%**

1,819 responses

District average: **50%** Hinsdale Township High School District 86 (IL)

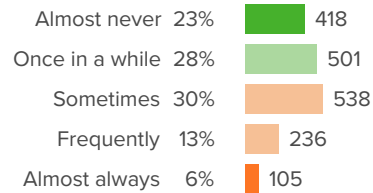
## How did people respond?

### Q.1: During the past week, how often did you feel angry?



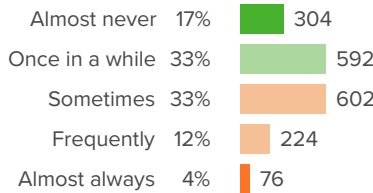
Favorable: **47%**

### Q.2: During the past week, how often did you feel lonely?



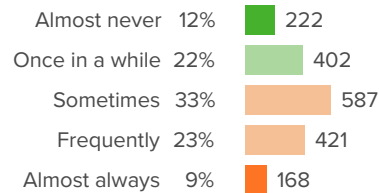
Favorable: **51%**

### Q.3: During the past week, how often did you feel sad?



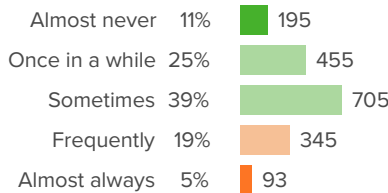
Favorable: **50%**

### Q.4: During the past week, how often did you feel worried?



Favorable: **35%**

### Q.5: During the past week, how often did you feel frustrated?



Favorable: **76%**



# Emotion Regulation

Your average

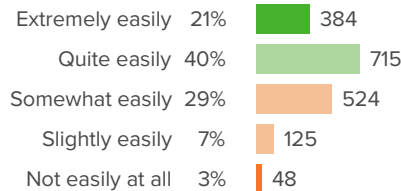
# 57%

1,819 responses

District average: **56%** Hinsdale Township High School District 86 (IL)

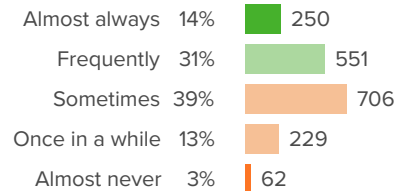
## How did people respond?

### Q.1: When you are feeling pressured, how easily can you stay in control?



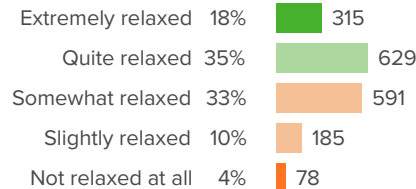
Favorable: **61%**

### Q.2: How often are you able to pull yourself out of a bad mood?



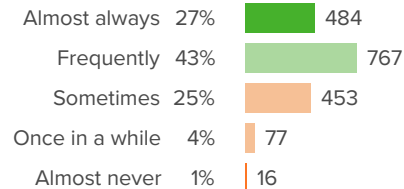
Favorable: **45%**

### Q.3: When everybody around you gets angry, how relaxed can you stay?



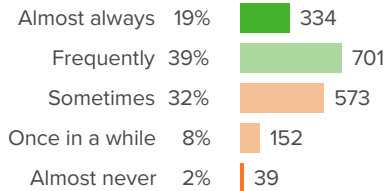
Favorable: **53%**

### Q.4: How often are you able to control your emotions when you need to?



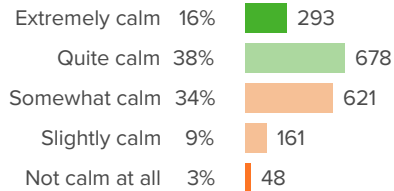
Favorable: **70%**

### Q.5: Once you get upset, how often can you get yourself to relax?



Favorable: **58%**

### Q.6: When things go wrong for you, how calm are you able to remain?



Favorable: **54%**



# Growth Mindset

Your average

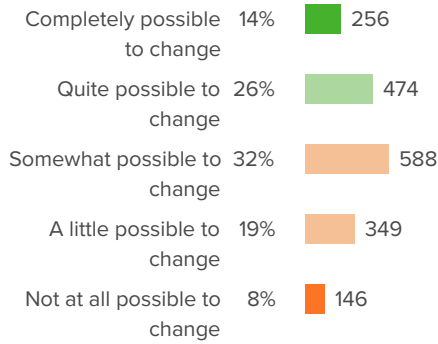
# 56%

1,819 responses

District average: **55%** Hinsdale Township High School District 86 (IL)

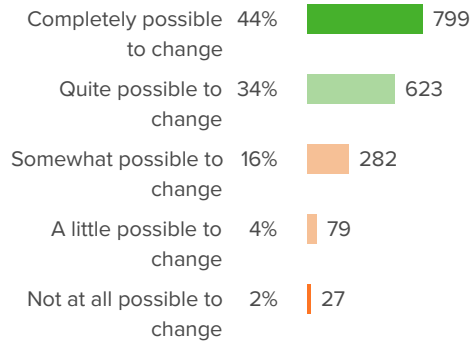
## How did people respond?

### Q.1: In school, how possible is it for you to change: Being talented



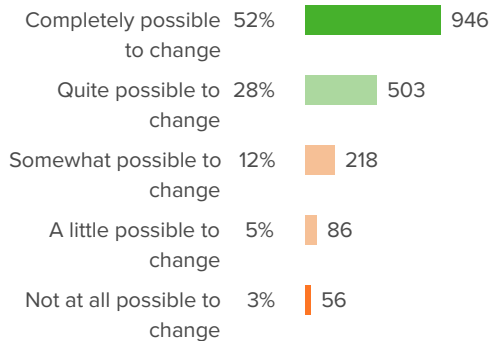
Favorable: **40%**

### Q.2: In school, how possible is it for you to change: Putting forth a lot of effort



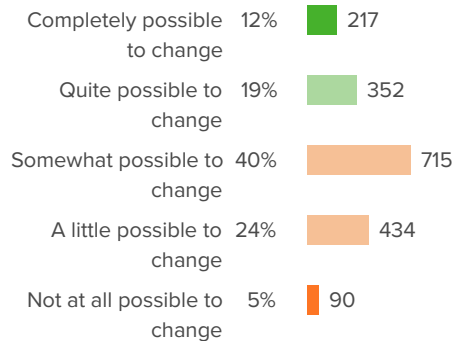
Favorable: **79%**

### Q.3: In school, how possible is it for you to change: Behaving well in class



Favorable: **80%**

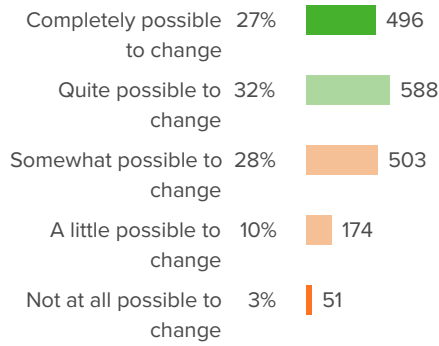
### Q.4: In school, how possible is it for you to change: Liking the subject



Favorable: **31%**

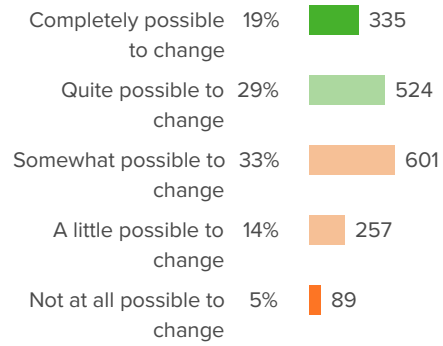


**Q.5: In school, how possible is it for you to change:  
How easily you give up**



Favorable: **60%**

**Q.6: In school, how possible is it for you to change:  
Your level of intelligence**



Favorable: **48%**



# Positive Feelings

Your average

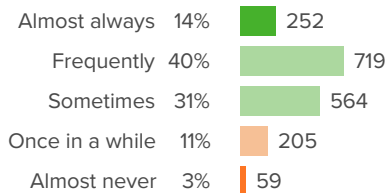
# 64%

1,819 responses

District average: **63%** Hinsdale Township High School District 86 (IL)

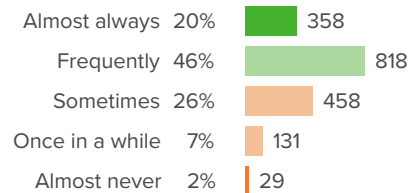
## How did people respond?

### Q.1: During the past week, how often did you feel excited?



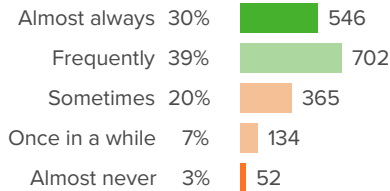
Favorable: **85%**

### Q.2: During the past week, how often did you feel happy?



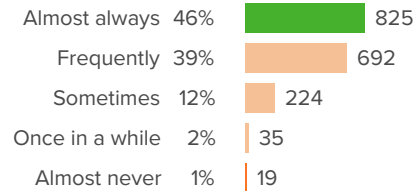
Favorable: **66%**

### Q.3: During the past week, how often did you feel loved?



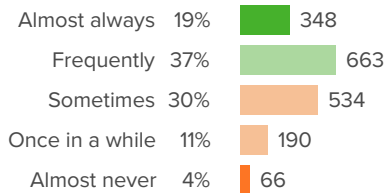
Favorable: **69%**

### Q.4: During the past week, how often did you feel safe?



Favorable: **46%**

### Q.5: During the past week, how often did you feel hopeful?



Favorable: **56%**



# Self-Efficacy

Your average

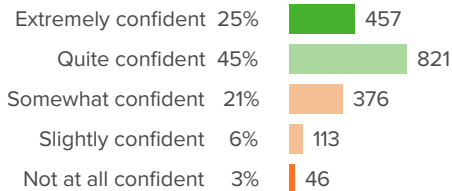
# 54%

1,819 responses

District average: **53%** Hinsdale Township High School District 86 (IL)

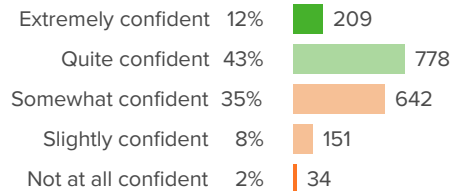
## How did people respond?

**Q.1: How confident are you that you can complete all the work that is assigned in your classes?**



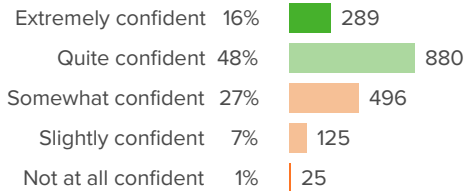
Favorable: **70%**

**Q.2: When complicated ideas are presented in class, how confident are you that you can understand them?**



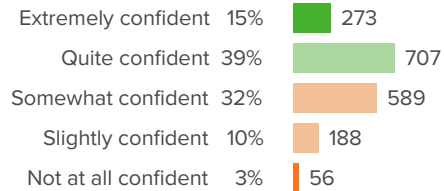
Favorable: **54%**

**Q.3: How confident are you that you can learn all the material presented in your classes?**



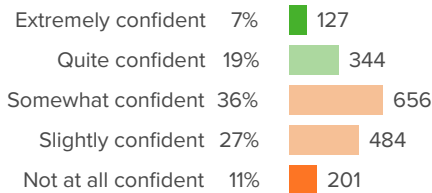
Favorable: **64%**

**Q.4: How confident are you that you can do the hardest work that is assigned in your classes?**



Favorable: **54%**

**Q.5: How confident are you that you will remember what you learned in your current classes, next year?**



Favorable: **26%**





# Self-Management

Your average

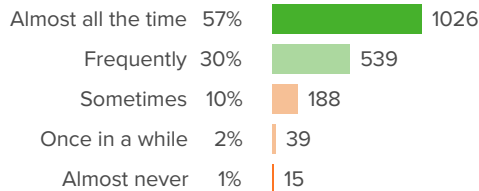
# 77%

1,819 responses

District average: **75%** Hinsdale Township High School District 86 (IL)

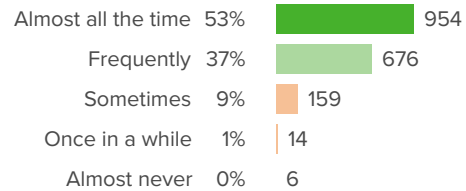
## How did people respond?

### Q.1: During the past 30 days...How often did you come to class prepared?



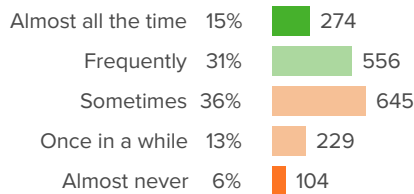
Favorable: **87%**

### Q.2: During the past 30 days...How often did you follow directions in class?



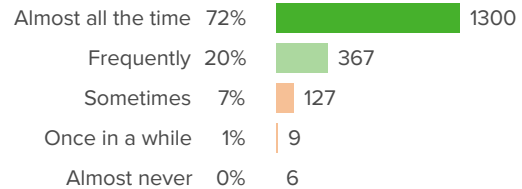
Favorable: **90%**

### Q.3: During the past 30 days...How often did you get your work done right away, instead of waiting until the last minute?



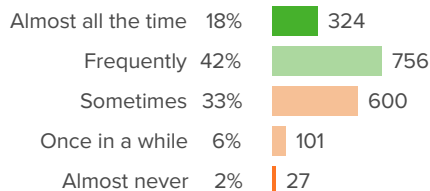
Favorable: **46%**

### Q.4: During the past 30 days...How often were you polite to adults?



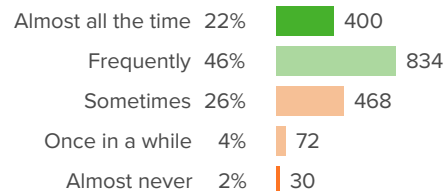
Favorable: **92%**

### Q.5: During the past 30 days...How often did you pay attention and resist distractions?



Favorable: **60%**

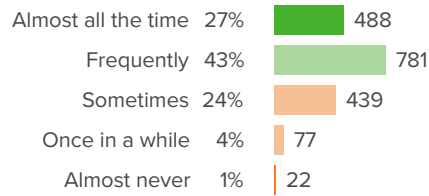
### Q.6: During the past 30 days...When you were working independently, how often did you stay focused?



Favorable: **68%**

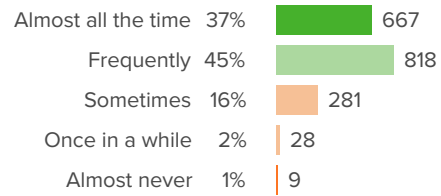


**Q.7: During the past 30 days...How often did you remain calm, even when someone was bothering you or saying bad things?**



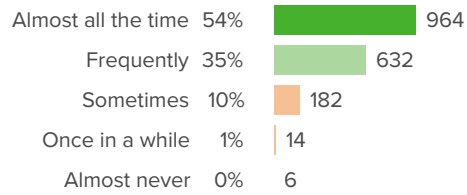
Favorable: **70%**

**Q.8: During the past 30 days...How often did you allow others to speak without interruption?**



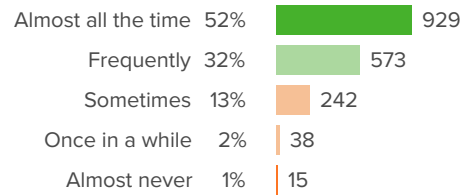
Favorable: **82%**

**Q.9: During the past 30 days...How often were you polite to other students?**



Favorable: **89%**

**Q.10: During the past 30 days...How often did you keep your temper in check?**



Favorable: **84%**



# Social Awareness

Your average

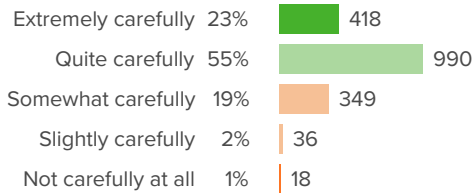
# 72%

1,819 responses

District average: **69%** Hinsdale Township High School District 86 (IL)

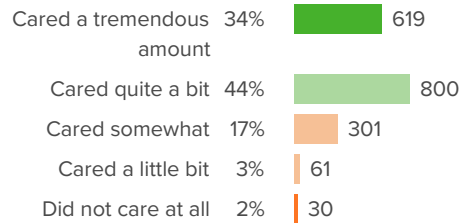
## How did people respond?

**Q.1: During the past 30 days...How carefully did you listen to other people's points of view?**



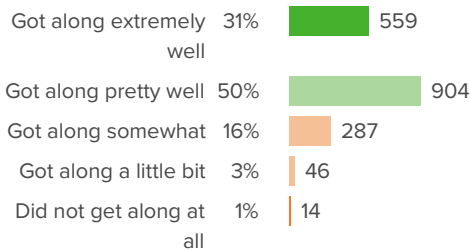
Favorable: **78%**

**Q.2: During the past 30 days...How much did you care about other people's feelings?**



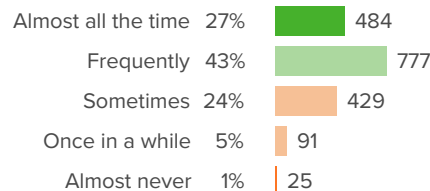
Favorable: **78%**

**Q.3: During the past 30 days...How well did you get along with students who are different from you?**



Favorable: **81%**

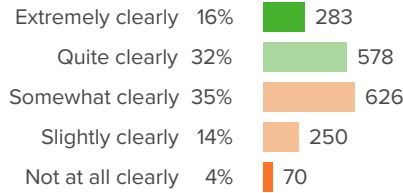
**Q.4: During the past 30 days...How often did you compliment others' accomplishments?**



Favorable: **70%**

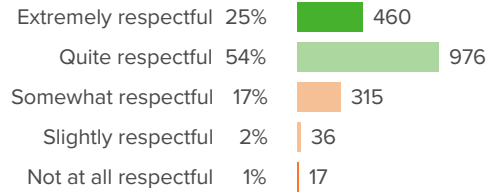


**Q.5: During the past 30 days...How clearly were you able to describe your feelings?**



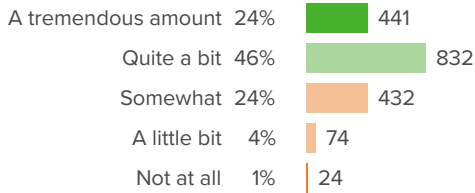
Favorable: **48%**

**Q.6: During the past 30 days...When others disagreed with you, how respectful were you of their views?**



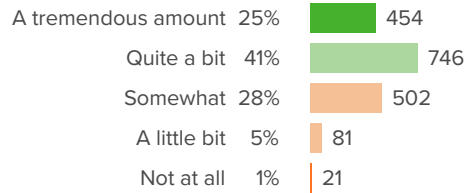
Favorable: **80%**

**Q.7: During the past 30 days...To what extent were you able to stand up for yourself without putting others down?**



Favorable: **71%**

**Q.8: During the past 30 days...To what extent were you able to disagree with others without starting an argument?**



Favorable: **67%**



# Supportive Relationships

Your average

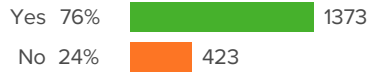
**86%**

1,819 responses

District average: **86%** Hinsdale Township High School District 86 (IL)

## How did people respond?

**Q.1: Do you have a teacher or other adult from school who you can count on to help you, no matter what?**



Favorable: **76%**

**Q.2: Do you have a family member or other adult outside of school who you can count on to help you, no matter what?**



Favorable: **93%**

**Q.3: Do you have a friend from school who you can count on to help you, no matter what?**



Favorable: **91%**

**Q.4: Do you have a teacher or other adult from school who you can be completely yourself around?**



Favorable: **70%**

**Q.5: Do you have a family member or other adult outside of school who you can be completely yourself around?**



Favorable: **92%**

**Q.6: Do you have a friend from school who you can be completely yourself around?**



Favorable: **93%**

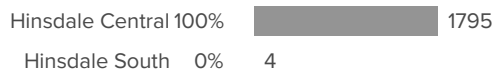


# Background Questions

## How did people respond?

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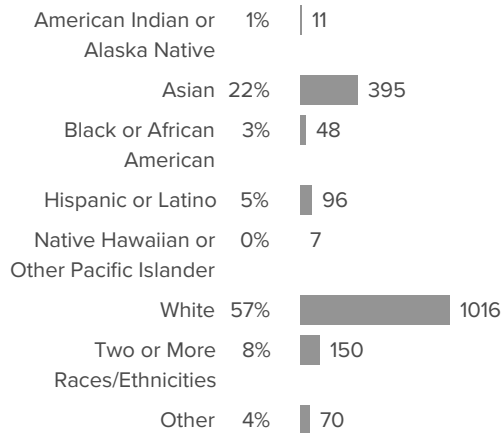
### Q.1: What school do you attend?



### Q.2: What is your gender?



### Q.3: What is your race or ethnicity?



### Q.4: Please indicate the primary language you speak at home. (Please indicate only one.)

