



NOTRE DAME ATHLETICS

VOLUME XVII | ISSUE VI | SEPTEMBER 30, 2022

THIS WEEK AT NOTRE DAME (HOME GAMES)

Friday September 30

VAR Football vs. Lincoln King 7:00

Monday October 3

Boys JV/VAR Soccer vs. OLSM 6:00/7:30

Tuesday October 4

F/JV/VAR Volleyball vs. Utica Ford 5:00/6:30

Thursday October 6

JV Football vs. Seaholm 7:00

CROSS COUNTRY HEADS TO MIDWEST CATHOLIC INVITE; FOOTBALL EARNS FOURTH STRAIGHT VICTORY

IRISH COMPETE AT MIDWEST CATHOLIC INVITE

The Notre Dame Cross Country teams traveled to Springfield, Ohio for the 28th annual Midwest Catholic Championship. The MWCC included Catholic schools from Ohio, Indiana, Illinois, and Michigan. Race conditions were favorable with cooler temperatures on the well-groomed Elvin R. King Championship Cross Country Course on the campus of Cedarville University and the Irish took advantage with an incredible 11 season bests and 18 personal records set on the day. The girls team competed in the gold division and placed seventh overall, led by sophomore Maria Nunning who ran a strong race (20:22). Nunning finished 12th overall earning a medal in the process. Skylar Vanhecke continued to improve with a personal record (21:12). Mary Larocca (22:35), Addie Mikel (23:23) and Addie Bellows (23:53) rounded out the scoring with Larocca and Mikel setting personal records and Bellows setting a season best. Jillian Essig (24:27) and Nicole Spengler (25:03) set personal and season best records in rounding out the varsity lineup. The boys team competed in the silver division finishing seventh. The Irish were once again led by senior captain Ben Kinkade (18:07), who medaled with a 19th place finish. Sophomore Isaak Brook had an outstanding race finishing 20th overall and earning the last spot on the podium with a personal record (18:13), more than a 50 second improvement from his previous best. It was Brook's

first varsity medal. Ryan Wojichowski (18:43), Chris Hunter (19:29), and John Milback (20:05) rounded out the scoring for the Irish with Wojichowski setting a personal record and Hunter and Milback with season bests. Nick Mardelli (20:17) and Christian Estrellas (20:40) both set personal records in the varsity race as well.

VOLLEYBALL BESTS REGINA IN STRAIGHT SETS

The Notre Dame Varsity Volleyball team improved to 31-7-2 on the season with a straight win over Regina 25-18, 25-14, 25-13. Grace Wenaas once again led the Irish charge with 14 kills, three blocks, five digs, and 14 service points which included a pair of aces. Bree Blakeslee added eight kills for Notre Dame to go with six digs. Mya Kattula chipped in four kills, 11 service points, two aces, three blocks and 17 digs. Margo Sudzina did a great job finding open hitters, collecting 21 assists to go with eight digs, six service points and a pair of aces. Sam Broutin was two for two attacking and Aly Berent anchored the defense with 13 digs, 11 serve receptions while Audrey Thummel had five digs and six receptions. Sophia Sermo was tough at the line, scoring 12 points, 13 receptions and nine digs.

FOOTBALL GETS ROAD WIN AT FLINT POWERS

The Notre Dame Varsity Football team rolled to a 53-7 win at Flint Powers. The Irish jumped out to the two score lead after the first quarter courtesy of a Zach Mylenek six yard touchdown run and an eight yard touchdown pass from Jacob Tuttle to Evan Gaeschke. Notre Dame would add to the lead heading into halftime as Mylenek had scoring runs of 13 and two yards while Tuttle would throw a three yard touchdown pass to Matthew Sadecki to put the Irish up 34-7 at the break. Mylenek started the third quarter with an 80 yard touchdown run and Tuttle would score on runs of four and 27 yards to round out the offense. Outside of a long touchdown run, the Irish kept the Charger offense in check the entire evening. Sadecki had 10 tackles and two sacks, Drew Heimbuch added eight tackles and five sacks while recovering a fumble, Gaeschke had seven tackles, and both Jeremy Gale and Bradon Prater added six. Prater, Nathan Bloom and Jake Gartin also recorded a sack. Offensively, Mylenek ran for 129 yards and four scores while Tuttle had 112 yards through the air and 48 on the ground. Gaeschke led all Notre Dame receivers with 51 yards on six receptions in the win.





NOTRE DAME ATHLETICS

VOLUME XVII | ISSUE VI | SEPTEMBER 30, 2022

THIS WEEK AT ND MARIST (HOME GAMES)

Wednesday October 5

7/8 Gold Volleyball vs. St. Hugo 6:15

6th Volleyball vs. St. Hugo 6:15

5th/6th Volleyball vs. St. Hugo 6:15

7/8 White Volleyball vs. St. Patrick 7:00

4th/5th Volleyball vs. St. Paul 7:00

7/8 Green Volleyball vs. St. Hugo 7:15

Thursday October 6

MA Soccer vs. St. Lawrence 5:30

IRISH, PILOTS BATTLE TO DRAW; GIRLS GOLF TAKES FIFTH AT ORANGETHEORY INVITE

SOCCER BATTLES TO DRAW AGAINST DE LA SALLE

The Notre Dame Boys Varsity Soccer team battled to a 1-1 draw with De La Salle on Senior Night. Prior to the match, the Irish celebrated nine senior leaders in Andrew Schaldenbrand, Eddie Abboud, Elvis Chukwu, Jack Mueller, Jake Lanham, Luke Hogan, Nico Liparoto, Owen Thieme, and Robbie Strimpel. The match was even for the first 38 minutes of the game with several spectacular saves by co-captain Thieme, which kept the game scoreless until the Pilots drew a foul in the box and buried a penalty kick. The Irish came out of the second half making several adjustments, sending attackers flying up and down the field to disrupting the play of the Pilots. This led to a Jake Lanham free kick goal, set up by brother Will Lanham, to tie the score. After full time, Notre Dame and De La Salle finished with the same result as when they met earlier in the year at the Petoskey Invite, a 1-1 tie.

IRISH TAKE FIFTH AT ORANGETHEORY INVITE

The Notre Dame Girls Varsity Golf team earned a fifth place finish at the OrangeTheory Invite held at Hudson Mills Metropark, shooting a team score of 386. Emily Szalach led the Irish with a 93 with Brooklyn Haddad (95), Emma Roth (96) and Amanda Roth (102) also adding to the scoring effort.

IRISH GET SHUTOUT WIN OVER LUTHERAN NORTH

The Notre Dame Boys Varsity Soccer team picked up a 2-0 shutout win over Lutheran North. Nico Liparoto got the Irish on the board at the 23 minute mark of the first half, scoring directly off of a free kick. Eddie Abboud added an insurance marker with two minutes remaining in the half to put the Irish up 2-0. The defensive line and goalkeeper Owen Thieme made the lead hold up in the second half on the way to the shutout.

VOLLEYBALL GETS SWEEP OF ROCHESTER ADAMS

The Notre Dame Varsity Volleyball team defeated Rochester Adams in straight sets 25-10, 25-11, 25-16. Grace Wenaas paced the Irish attack with 11 kills, five aces and 11 service points. Sophia Sermo had her best day at the net collecting seven kills 12 points to go with six digs and six serve receptions. Margo Sudzina and Mya Kattula dished out 16 and nine assists, respectively, and Kattula also added four kills. Aly Berent collected four aces on her way to 15 points, eight serve receptions and 21 digs. Delaney Zielke added four kills and three blocks while Bree Blakeslee chipped in four kills in the victory.

GIRLS GOLF GETS WIN OVER CASS TECH

The Notre Dame Varsity Volleyball team defeated Cass Tech 191-222 in a match held at Crystal Lake. Brooklyn Haddad finished with a 45

to lead the Irish while Emma Roth added a 46. Morgan Bissett had a 49 while Amanda Roth shot a 51 to round out the scoring for Notre Dame.

GIRLS JV GOLF TAKES MATCH OVER CLARKSTON

The Notre Dame Girls JV Golf team defeated Clarkston 208-221 in a match held at Pine Knob. Audrey Thurman posted the lowest score of the day with a 47, including three pars. Maren Studt shot a 48, with a birdie on hole four and a par on hole seven. Megan Fitzpatrick and Meghan Mourad rounded out the top four for the Irish.

BOYS JV SOCCER FALLS TO DE LA SALLE

The Notre Dame Boys JV Soccer team dropped a close, physical match to De La Salle by a score of 2-0. The visiting Pilots scored a goal in each half, while the Irish offense had a difficult time getting things going and were unable to find the back of the net in the contest.

BOYS JV SOCCER BESTS LHN

The Notre Dame Boys JV Soccer team picked up a 3-0 win over Lutheran North. The Irish got off to a quick start with two goals early in the first half. Seamus Maher started the scoring and Evan Asmar added a goal shortly after. Matthew St. Andre got the third goal of the night late in the first half for Notre Dame. Dominic Sarti and Anthony Palazzolo shared time in goal and recorded the shutout for the Irish.





NOTRE DAME ATHLETICS

VOLUME XVII | ISSUE VI | SEPTEMBER 30, 2022

VOLLEYBALL REACHES FINALS AT MT MORRIS; 5TH/6TH VOLLEYBALL PLAYS TWO CLOSE MATCHES

IRISH REACH FINALS AT MT MORRIS INVITE

The Notre Dame Varsity Volleyball team improved to 29-7-2 after finishing 4-1 at the Mt. Morris Invite. The Irish started the day with a 25-6, 25-13 win over Trenton. Grace Wenaas hit .867, with 14 kills and a pair of blocks. Mya Kattula added five kills, 12 assists and six digs. Sophia Sermo scored 12 serving points, including three aces and Margo Sudzina handed out 14 assists, collected four digs and scored 10 points from the service line with four aces. Aly Berent led Notre Dame in serve receptions with six while gathering nine digs. Notre Dame defeated Bath 25-14, 25-11 in the second game. Bree Blakeslee and Kattula led the Irish with seven kills each while Wenaas added six. Sudzina scored seven points including an ace, dug up four attacks, and dished out 21 assists. Sermo amassed 22 points, with four aces, and four digs while Berent was strong again on defense with 10 receptions and eight digs. The final match in pool play saw the Irish defeat Divine Child 25-19, 25-15. Once again Wenaas led the attack with eight kills, Kattula contributed five kills and two blocks to go with eight assists. Sudzina piled up 13 more assists, 11 points, four aces and a pair of digs while Sermo added nine points, two aces, 11 receptions and five digs. In bracket play, Notre Dame defeated Imlay City 25-20, 25-12 to advance to the finals., Wenaas and Kattula finished with six kills each with Wenaas adding 12 points and eight digs. Sermo and Audrey Thummel added six points with

Thummel collecting a pair of aces. Berent was busy on defense with eight digs and eight serve receptions and Sudzina added 13 more assists to her team leading totals. The win set up a rematch of the 2021 MHSAA state finals as the Irish took on North Branch. The Broncos came from behind to take the 25-23 win in the first set which featured 10 ties. The opening set loss seemed to take much out of the Irish as they fell behind early and had to fight to get back into the set before falling 25-16. Madison Pawlowski and Kattula each had five kills while Wenaas had four. Thummel had six points from the serving line and Delaney Zielke had a pair of blocks. Berent had 26 serve receptions and Sermo and Kattula dug up 14 and 10 attacks respectively.

4TH/5TH VOLLEYBALL DROPS CLOSE MATCH TO OL REFUGE

The Notre Dame 4th/5th Volleyball team dropped its match to Our Lady of Refuge. The Irish dropped the first set 25-13, but then played a spirited second set. After being down 14-6, the Irish stormed back on great serving by Emilia Lucaj who served eight aces in a row to tie the set at 14. Both teams were back-and-forth with the Ravens securing the second set 25-20. The third set featured great serving by the Irish with a total of nine aces leading to a 15-11 victory. For the match, the Irish were led by Emilia Lucaj with 12 aces and one kill, Samantha Fron with four aces, Thea Robins with three aces, Anna Strimpel with two aces and a kill, and Stella Nester with two aces and a kill.

5TH/6TH VOLLEYBALL FALLS TO ST. JOSEPH

The Notre Dame 5th/6th Volleyball team dropped a competitive match to St. Joseph 25-20, 25-20, and 15-10. Each set was back and forth with great volleys from both teams. The Irish were lead by Paige Schepper with three aces and four kills, Kate Roeser with two kills and two assists, and Molly Robins with an ace and two assists.

5TH/6TH VOLLEYBALL BATTLES WITH ST. REGIS

The Notre Dame 5th/6th Volleyball team battled a tough St. Regis team in a match that featured great play by both teams. The Irish dropped the first set 25-20, but won the second set 25-21. The Raiders started fast in the third set taking a 5-0 lead before the Irish started to rally. The Irish were down 14-12 when Olivia Kobylecki had two clutch serves to tie the game 14-14. St. Regis then took a 15-14 lead with a spirited volley by both teams featuring great team work. The Irish dropped the final point, losing 16-14. Notre Dame was led by Paige Schepper with 11 aces and three assists, Racer Nichols with three kills, Lydia Reed with two aces, and M'ky Turner with an ace and five digs.