



Covid Protocols for Parents/Students (9.27.22c)

What to do if you test positive for COVID-19

- Day 0 of isolation is the day of symptom onset (regardless of when you tested positive)
- Day 1 is the first full day *after* your symptoms started

You must stay home and isolate for 5 full days and separate yourself from others. Close household contacts, especially siblings, should mask for 10 days while indoors.

You may* end isolation ***after DAY 5 (but not necessarily on DAY 6) when:***

1. You are fever free for 24 hours without using fever reducing medications and;
2. Your symptoms have improved to the degree that you feel much better and can attend school wearing a mask and without alarming coughing, sniffles, runny nose, etc.

*Day 6 is the *earliest* possible day of return; *not the guaranteed day* of return. Many students return too soon, only to be sent home again because they still feel sick or do not have their symptoms well-managed.

Students/staff returning from Covid must wear a mask through Day 10 (including throughout extra-curricular activities) and may unmask on Day 11.

If you wish to try to unmask sooner, you must test negative twice, with a home rapid antigen test, 48 hours apart, on day 6, or after. If students/staff choose to not test on Day 6, or after, they must wear a mask at all times until Day 11 to be allowed back to school.

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