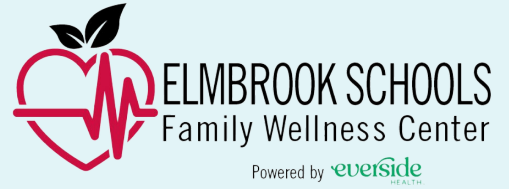


# A provider by your side

Trevor Huskey, LCSW  
Licensed Clinical Social Worker



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Trevor received his MSSW from the University of Texas at Austin in 1997 and worked as a School Social Worker and Clinical Social Work Supervisor for six years at two urban therapeutic day schools in Chicago, specializing in Emotional Behavior Disorder and Autism. This was followed by a year as the director of the STAR program in Waukesha, which provided services and crisis counseling to runaways and their families. Trevor then spent 14 years as an outpatient psychotherapist, 10 of which were spent specializing in helping people embrace and manage their anxiety.

Prior to joining Everside, Trevor worked at Family Service, a local mental health clinic, where he continued to work with teens, adults and family, while also working with more couples and facilitated groups for men charged with disorderly conduct and domestic violence.

In addition to his patient care, Trevor has recently completed his extensively-researched book series book *The Breathtaking World of Anxiety*. He also lectures at public libraries and other agencies on a range of topics including anxiety, emotionality, communication, self-advocacy and the fundamentals of brain functioning. In addition, he has facilitated several art-based workshops and is a passionate proponent of the therapeutic benefits of the arts.

Outside of work, he enjoys spending time with family, walking, writing, cooking, taking in the arts, and playing ultimate frisbee.

## Specialties

- Anxiety
- Depression
- Stress
- Trauma
- Panic
- Perfectionist
- OCD
- ADHD
- Mood Disorders
- Relationship issues
- Communication
- Social Skills
- Self-Advocacy
- Couples Therapy
- Family Therapy
- Child/Adolescent TX
- Schizophrenia
- Cognitive disabilities
- Autism
- School Issues
- Anger/Emotional disenfranchisement
- Parenting
- Grief
- Connecting with inner self
- Forgiveness