

Elmbrook Schools

2022 HRA Event



Participant instructions to access and complete your survey and schedule an appointment:

It's that time of year to complete your health risk assessment. To save time, you will be able to access the Health and Wellness Questionnaire at healthstathra.info from **9/12/2022**, to **10/22/2022**. Please follow the instructions below to login and get started.

Step 1: Complete the survey

1. Open **Google Chrome** for your web browser and visit healthstathra.info in your web browser.
2. Enter the Company ID **385**.
3. Click on Submit.
4. On the next page, click on the **Register** link.
****Even if you have completed an HRA in previous years, please select Register as if it is your first time instead of Login****
5. Enter your Member ID-this is the last 6-digits of your social security number. For example, if your SSN is 123-45-6789, then use 456789.
6. Spouses should use the last 6 digits of the **employee's** social security number, plus "-1". For example, if the employee's SSN is 123-45-6789, then use 456789-1.
7. Select your date of birth.
8. Enter your email address. (This is required. If you do not have one already, you can open a free email account at www.gmail.com).
9. Create your password (6-20 characters).
10. Confirm your password.
11. Click on Submit. If your registration is successful, you'll be taken to the main page. If not, you'll be given an error message with applicable instructions.
12. On the main page, choose Take HRA Online Survey.
13. Complete the survey questions and click the forward arrow on top of each page to advance to the next page.
14. Read the legal disclaimer at the end of the survey, check the box and click on Commit to save survey.

Step 2: Schedule your appointment

1. After completing your survey, click on Schedule HRA Screening Appointment. You may have to go back to the home screen.
2. Select the location, day, and time slot you want to schedule.
3. Verify your appointment and save it on your calendar.

It's that easy!

After you complete the process, you will receive an email notification of your appointment with the ability to cancel and reschedule. You can also log back in anytime during the time frame listed above (**9/12/22 – 10/22/22**) and verify that you have completed your survey scheduled your appointment.

You can call the Everside Help Desk with any technical issues at (704) 790-8312 Monday-Friday 8am-5pm EST. (You may need to leave a message, including your phone number and email address. Calls will be returned within 24 hours).

Helpful tips

- Do not eat anything for 8 hours prior to your appointment.
- Drink plenty of water.
- Please take your medications as prescribed by your healthcare provider.
- Please arrive on time for your appointment.
- All patient information collected is strictly confidential and never shared with your employer under HIPAA guidelines.