



Nord School

BREAKFAST MENU

2022-2023 4-week cycle

Breakfast price of \$1.85

Includes choice of 3 or 4 components: Grains or Grain+Protein, Fruit & Milk.

Reduced Price Breakfast Costs \$0.30 for those who qualify

Breakfast begins at 8:20 AM

WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG Granola Bar (%*#) Choice of Fruit Milk(%)	WG Donut(%*) Choice of Fruit Milk(%)	WG Cereal Bar(%*) Choice of Fruit Milk(%)	Ult. Breakfast Round(%*^) Apple Cinn. Bread(%*^) Choice of Fruit Milk(%)	WG Pop Tart(*) Yogurt(%) String Cheese(%) Choice of Fruit Milk(%)

WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG Cereal bar(*) Yogurt(%) String Cheese(%) Choice of Fruit Milk(%)	WG Donut(%*) Choice of Fruit Milk(%)	WG Muffin(*^%) Yogurt(%) String Cheese(%) Choice of Fruit Milk(%)	WG Cinnamon Roll%* Choice of Fruit Milk(%)	WG Cocoa Cherry Bar* Yogurt% String Cheese(%) Choice of Fruit Milk(%)

WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG Granola Bar (%*#) Choice of Fruit Milk(%)	WG Donut(%*) Choice of Fruit Milk(%)	WG Cereal Bar(%*) Choice of Fruit Milk(%)	Ult. Breakfast Round(%*^) Apple Cinn. Bread(%*^) Choice of Fruit Milk(%)	WG Pop Tart(*) Yogurt(%) String Cheese(%) Choice of Fruit Milk(%)

WEEK 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG Cereal Bar (*) Yogurt(%) String Cheese(%) Choice of Fruit Milk(%)	WG Donut(%*) Choice of Fruit Milk(%)	WG Muffin(*^%) Yogurt(%) String Cheese(%) Choice of Fruit Milk(%)	WG Frudel(%*) Choice of Fruit Milk(%)	WG S'mores Cereal Bar(*) Yogurt(%) String Cheese(%) Choice of Fruit Milk(%)

ALLERGENS

* = gluten	^ = egg	% = dairy	# = may contain nuts
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These are only a GUIDE.

This institution is an equal opportunity provider.