

OCTOBER 2022

CSES, CSMS & WAC

Monday	Tuesday	Wednesday	Thursday	Friday
Chili Cheese over chips 3 Chicken Salad Cheesy Broccoli Pinto Beans Fruit Milk	Chicken Nuggets 4 Grilled Chicken Sandwich Lima Beans Fries Fruit Milk	Vegetable Beef Soup 5 Saltine Crackers Hamburger Tossed Salad Steamed Carrots Fruit Milk	Spaghetti & Meat Sauce 6 Garlic Toast Turkey & Cheese Hoagie Green Beans Corn Fruit Milk	Bacon Cheeseburger 7 Hamburger Spicy Fries Pizza Mixed Vegetables Fruit Milk
Chicken Spaghetti 10 Garlic Toast Grilled Chicken Sandwich Glazed Carrots Lima Beans Fruit Milk	Nacho Grande 11 Turkey & Cheese Hoagie Pinto Beans Cream-Style Corn Fruit Milk	Country Fried Steak Sandwich 12 Sloppy Joe Steamed Carrots Green Beans Fruit Milk	BBQ Meatball on Hoagie 13 Mexican Pizza Fries Baked Beans Fruit Milk	Chicken & Sausage Gumbo 14 Roll Hamburger Steamed Broccoli Mixed Vegetables Fruit Milk
FALL BREAK 17	FALL BREAK 18	Hamburger Steak with Gravy 19 Mashed Potatoes Roll Spicy Chicken Sandwich Steamed Carrots Fruit Milk	BBQ Rib Sandwich 20 Spicy Chicken Sandwich Baked Beans Fries Fruit Milk	Bacon Cheeseburger 21 Hamburger Spicy Fries Mixed Vegetables Pizza Fruit Milk
Chicken Fajitas 24 Steamed Rice Roll Mexican Pizza Corn Cheesy Broccoli Fruit Milk	Red Beans & Rice 25 Turkey & Cheese Hoagie Cornbread Green Beans Fries Fruit Milk	Cheesy Chicken Over Rice 26 Pizza Tossed Salad Lima Beans Roll Milk Fruit	Hot Wings 27 Cheesy Breadsticks With Marinara Sauce Roll Baked Beans Mixed Vegetables Fruit Milk	Chili Dog 28 Fish Melt Fries Steamed Carrots Fruit Milk
Chili Cheese over chips 31 Chicken Salad Cheesy Broccoli Pinto Beans Fruit Milk				

Monday

Tuesday

Wednesday

Thursday

Friday

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