



BREAKFAST

K-12

OCTOBER 2022 COPIAH COUNTY SCHOOL DISTRICT

Monday

Sausage & Biscuit
Fruit Juice
Fruit
Milk

3

Pancake on a Stick
Fruit Juice
Fruit
Milk

10

FALL BREAK

17

Sausage & Biscuit
Fruit Juice
Fruit
Milk

24

Strawberry Toaster
Assorted Cereal
Fruit Juice
Fruit
Milk

31

Tuesday

Strawberry Toaster
Assorted Cereal
Fruit Juice
Fruit
Milk

4

Sausage & Biscuit
Fruit Juice
Fruit
Milk

11

FALL BREAK

18

Banana Muffin
Assorted Cereals
Fruit Juice
Fruit
Milk

25

Wednesday

Cheese Omelet
Bacon Strips
Toast
Fruit Juice
Fruit
Milk

5

Strawberry Toaster
Assorted Cereal
Fruit Juice
Fruit
Milk

12

Sausage & Biscuit
Fruit Juice
Fruit
Milk

19

Pancake on a Stick
Fruit Juice
Fruit
Milk

26

Thursday

Pancake on a Stick
Fruit Juice
Fruit
Milk

6

Cheese Omelet
Bacon Strips
Toast
Fruit Juice
Fruit
Milk

13

French toast Sticks
Fruit Juice
Fruit
Milk

20

Strawberry Toaster
Assorted Cereal
Fruit Juice
Fruit
Milk

27

Friday

Cinnamon Rolls
Fruit Juice
Fruit
Milk

7

Assorted Breakfast Bread
Bacon
Fruit Juice
Fruit
Milk

14

Cinnamon Rolls
Fruit Juice
Fruit
Milk

21

Cinnamon Rolls
Fruit Juice
Fruit
Milk

28