



McAlister Breakfast Menu

October 2022

3 Waffles Scooby Cinnamon Grahams w/ String Cheese	4 French Toast Asst Cereal Bars w/ String Cheese	5 Donuts Asst Cereal Bars w/ String Cheese	6 Breakfast Rounds Asst Muffin w/ String Cheese	7 No School
10 No School	11 French Toast Asst Muffins w/ String Cheese	12 Donuts Asst Cereal Bars w/ String Cheese	13 Breakfast Sandwich Asst Muffin w/ String Cheese	14 Pancakes Cinnamon or Strawberry Cream Cheese Bagel
17 Waffles Scooby Cinnamon Grahams w/ String Cheese	18 French Toast Asst Muffins w/ String Cheese	19 Donuts Asst Cereal Bars w/ String Cheese	20 Breakfast Sandwich Asst Muffin w/ String Cheese	21 Pancakes Cinnamon or Strawberry Cream Cheese Bagel
24 Waffles Scooby Cinnamon Grahams w/ String Cheese	25 French Toast Asst Muffins w/ String Cheese	26 Donuts Asst Cereal Bars w/ String Cheese	27 Breakfast Sandwich Asst Muffin w/ String Cheese	28 Pancakes Cinnamon or Strawberry Cream Cheese Bagel
31 Waffles Scooby Cinnamon Grahams w/ String Cheese	1 French Toast Asst Muffins w/ String Cheese	2 Donuts Asst Cereal Bars w/ String Cheese	3 Breakfast Sandwich Asst Muffin w/ String Cheese	4 Pancakes Cinnamon or Strawberry Cream Cheese Bagel

Parents! Need Extra \$\$\$?
Become a Food Service Sub!
Contact Kathy Carney at 860-668-3802
If your child receives free or reduce lunch then they also qualify for
free or reduce breakfast
Breakfast includes entrée, fruit, juice and milk.

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