

SCARLET OAKS CAREER CAMPUS : LUNCH MENU : OCTOBER 2022

Breakfast
\$1.25

Entrée (includes grain)
 Fruit and/or (1) Fruit Juice
 Milk (Low-Fat 1% or Fat Free Chocolate)

Breakfast is served every day from 7:20-7:45. Daily offerings will include cereal bars, bagels, pop tarts, donut sticks, cereal bowls, and a hot entrée, along with fruit, juice, and/or milk.

Lunch
\$3.00

Entrée (includes grain)
 (2) Fruit
 (2) Vegetables
 Milk (Low-Fat 1% or Fat Free Chocolate)

<p><u>3</u> Cheeseburger</p> <p>Pepperoni Pizza</p> <p>Italian Wrap</p> <p>Crispy Chicken Salad</p>	<p><u>4</u> Beef Nachos</p> <p>Pepperoni & Bacon Pizza</p> <p>Salami and Provolone Sub</p> <p>Italian Salad</p>	<p><u>5</u> General Tso Stir Fry</p> <p>BBQ Chicken Pizza</p> <p>Chicken Bacon Ranch Wrap</p> <p>Chicken and Bacon Salad</p>	<p><u>6</u> Chicken & Potatoes</p> <p>Chicken Bacon Ranch Pizza</p> <p>Turkey, Ham, & Cheese Sub</p> <p>Chef Salad</p>	<p><u>7</u> Chicken Parmesan</p> <p>Cheese Pizza</p> <p>Deli Sandwich or Wrap</p> <p>Chicken Caesar Salad</p>
<p><u>10</u> Spicy Chicken Sandwich</p> <p>Pepperoni Pizza</p> <p>Italian Wrap</p> <p>Crispy Chicken Salad</p>	<p><u>11</u> Chicken Soft Taco</p> <p>Pepperoni & Bacon Pizza</p> <p>Salami and Provolone Sub</p> <p>Italian Salad</p>	<p><u>12</u> Chicken and Waffles</p> <p>Buffalo Chicken Pizza</p> <p>Chicken Caesar Wrap</p> <p>Buffalo Ranch Chicken Salad</p>	<p><u>13</u> Chicken & Potatoes</p> <p>Chicken Bacon Ranch Pizza</p> <p>Turkey, Ham & Cheese Sub</p> <p>Chef Salad</p>	<p><u>14</u> Alfredo Pasta</p> <p>Cheese Pizza</p> <p>Deli Sandwich or Wrap</p> <p>Chicken Caesar Salad</p>
<p><u>17</u> Chili Cheese Fries</p> <p>Pepperoni Pizza</p> <p>Italian Wrap</p> <p>Crispy Chicken Salad</p>	<p><u>18</u> Beef Soft Taco</p> <p>Pepperoni & Bacon Pizza</p> <p>Salami and Provolone Sub</p> <p>Italian Salad</p>	<p><u>19</u> Broccoli Cheese Soup</p> <p>BBQ Chicken Pizza</p> <p>Chicken Bacon Ranch Wrap</p> <p>Chicken and Bacon Salad</p>	<p><u>20</u> Chicken & Potatoes</p> <p>Chicken Bacon Ranch Pizza</p> <p>Turkey, Ham & Cheese Sub</p> <p>Chef Salad</p>	<p><u>21</u> NO SCHOOL</p>
<p><u>24</u> NO SCHOOL</p>	<p><u>25</u> Quesadilla</p> <p>Pepperoni & Bacon Pizza</p> <p>Salami and Provolone Sub</p> <p>Italian Salad</p>	<p><u>26</u> Noodle Bar</p> <p>Buffalo Chicken Pizza</p> <p>Chicken Caesar Wrap</p> <p>Buffalo Ranch Chicken Salad</p>	<p><u>27</u> Chicken & Potatoes</p> <p>Chicken Bacon Ranch Pizza</p> <p>Turkey, Ham, & Cheese Sub</p> <p>Chef Salad</p>	<p><u>28</u> Cheese Lasagna</p> <p>Cheese Pizza</p> <p>Deli Sandwich or Wrap</p> <p>Chicken Caesar Salad</p>
<p><u>31</u> Chicken and Bacon Sandwich</p> <p>Pepperoni Pizza</p> <p>Italian Wrap</p> <p>Crispy Chicken Salad</p>				



Vegetarian salads are offered every day in the salad cooler.

A variety of fruits and vegetables are offered throughout the week : Available on the Fresh Bar and serving lines

Romaine salad mix, cucumber, carrots, cherry tomatoes, celery, broccoli, cauliflower, red & green peppers, apples, oranges, grapes, melon, raisins, fruit juice, applesauce, garbanzo beans.

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

This institution is an equal opportunity provider.