

ALEXANDRIA CITY PUBLIC SCHOOLS
Health Information for Staff - SEIZURES

Your student has an alert on PowerSchool for **SEIZURES**. This is a health condition of which you should be aware. The description of this problem and emergency care are stated below. Please make sure that this information is available to substitute teachers and other grade level teachers who may be supervising or working with this student. This information is confidential and should only be shared on a “need to know” basis.

Description of Condition:

SEIZURE DISORDER

What do I look for:

1. Premonition by student
2. Blank staring episodes followed by chewing activity
3. Random motor activity followed by clumsy, aimless movements
4. May appear dazed or unresponsive
5. May pick at clothing or pick up objects
6. May run or appear fearful; may struggle or flail at restraint
7. May exhibit unprovoked temper tantrums or rages
8. May fall to the floor and convulse

What do I do?

1. If student is standing or sitting when symptoms begin, gently LOWER to the floor to avoid a fall. If possible, place them on their side. (Students in wheelchairs should remain in their wheelchair unless their safety is at risk.)
2. PROTECT student from injury by removing objects that may cause injury.
3. DO NOT RESTRAIN student’s movements.
4. DO NOT place anything in the mouth or between the teeth.
5. Call the health clinic or the main office, if the nurse is unavailable. Ask for emergency help from the school nurse or designated emergency staff.
6. Note time and duration of seizure and description of symptoms, get information from witnesses, if available.
7. Stay with student until school nurse or designated emergency staff have arrived.
8. Speak calmly and reassuringly to student and others.

For more information about seizures, see <http://www.epilepsyfoundation.org/>

EMERGENCY SERVICES ARE REQUIRED FOR THE FOLLOWING:

- Not breathing
- Seizure has lasted longer than 5 minutes
- First time student has had a seizure
- Seizure follows physical trauma
- Significant injury occurs during a seizure

FOLLOW 911 PROTOCOL - Begin CPR, if needed.

Alert emergency responders that the student has a seizure disorder.