



Lunch Menu ~ October 2022

| <u>Sun</u> | <u>Mon</u> | <u>Tues</u> | <u>Wed</u> | <u>Thurs</u> | <u>Fri</u> | <u>Sat</u> |
|------------|--|---|---|---|---|------------|
| | 3 Pizza PB&J Deli Sandwich Fresh Fruit/Veg Milk | 4 Soft Taco Bean & Cheese Burrito PB&J Fresh Fruit/Veg Milk | 5 Hamburger Macaroni & Cheese PB&J Fresh Fruit/Veg Milk | 6 No School | 7 No School | 8 |
| 9 | 10 Pizza PB&J Deli Sandwich Fresh Fruit/Veg Milk | 11 Chicken Quesdilla Bean & Cheese Burrito Parfait Fresh Fruit/Veg Milk | 12 Grilled Cheese Deli Sandwich PB&J Fresh Fruit/Veg Milk | 13 Chicken Patty PB&J Veggie Wrap | 14 Pretzel Knot W/ cheese Hamburger PB&J Fresh Fruit/Veg Milk | 15 |
| 16 | 17 Pizza PB&J Deli Sandwich Fresh Fruit/Veg Milk | 18 Soft Taco Bean & Cheese Burrito PB&J Fresh Fruit/Veg Milk | 19 Hamburger Macaroni & Cheese PB&J Fresh Fruit/Veg Milk | 20 Chicken Tenders PB&J Fresh Fruit/Veg Milk | 21 No School | 22 |
| 23 | 24 Pizza PB&J Deli Sandwich Fresh Fruit/Veg Milk | 25 Nacho's Parfait PB&J Fresh Fruit/Veg Milk | 26 Meatball Sub Macaroni & Cheese PB&J Fresh Fruit/Veg Milk | 27 Chicken Patty PB&J Fresh Fruit/Veg Milk | 28 Hot Dog PB&J Fresh Fruit/Veg Milk | 29 |
| 30 | 31 Pizza Deli Sandwich PB&J Fresh Fruit/Veg Milk | ~ This Institution is an equal opportunity Provider ~All items are subject to manufacture availability | | | Menu Main 3-12 | |