

# October Elementary Lunch Menu

MONDAY October 3	TUESDAY October 4	WEDNESDAY October 5	THURSDAY October 6	FRIDAY October 7
Big Pancakes & Sausage with Syrup Cup Orange Slices Hash Browns	Mozzarella Cheese Sticks with Marinara Sauce Peach Cup Garden Salad	Chicken Smackers Ketchup, Mustard or BBQ Sauce Grapes Emoticon Fries	Hot Dog on a Bun w/ Ketchup, Mustard or Relish Peach Cup Bush's Baked Beans	Big Daddy's Cheese Pizza Slice Apple Slices Cucumber Slices
October 10	October 11	October 12	October 13	October 14
<b>NO SCHOOL</b> <b>In - Service Day</b>	Pillsbury Mini Waffles with Sausage & Syrup Cup Orange Slices Hash Browns	Chicken Tenders Ketchup, Mustard or BBQ Sauce Strawberry Cup Mashed Potatoes & Gravy	Chef Tiger's Mac & Cheese Made with Land O Lakes Cheese Bananas Baby Carrots	Cheesy Max Sticks with Dipping Sauce Applesauce Garden Salad
October 17	October 18	October 19	October 20	October 21
French Toast Sticks & Sausage with Syrup Cup Orange Slices Hash Browns	Pumpkin Shaped Soft Pretzel with Dipping Cheese Strawberry Cup Broccoli	Crispy Chicken Drumstick with Soft Pretzel Peach Cup Bush's Baked Beans	Big Tiger Burger on a Bun Ketchup or Mustard Bananas Emoticon Fries	Big Daddy's Cheese Pizza Slice Apple Slices Garden Salad
October 24	October 25	October 26	October 27	October 28
Mini Cinnamon Rolls & Sausage Orange Slices Hash Browns	Seasoned Turkey & Cheddar Soft Taco Orange Cream Smoothie Steamed Corn	Mrs. T's Pierogies Pumpkin Shaped Cookie Grapes Cucumber Slices	Mini Mummy Corn Dogs Apple Slices Bush's Baked Beans	Ghoul Cheese Sandwich Creepy Craisins Tomato Soup

Access your child's balance, setup low balance alerts & make online payments at [www.schoolcafe.com](http://www.schoolcafe.com)

Send in cash or the recommended payment method of check, made payable to: MASD Food Service

Lunch costs \$2.85 or \$.40 if you qualify for the reduced program. There is no cost for a lunch if you qualify for the free meal program.

If you are in need of meal benefits please apply at [www.schoolcafe.com](http://www.schoolcafe.com)

Ala carte items such as bagged snacks, bottled water or milk may ONLY be purchased when there are positive funds in your account.

Daily Options	Crispy Chicken Sandwich	Moon Munchable	Grilled Chicken Salad	Baked Potato <b>GLUTEN FREE</b>
Served with choice of Milk & assorted Fruits and Vegetables	Whole grain crispy chicken breast filet on a warm bun	Warm whole grain bagel, with Country Crock spread or Smucker's jelly, nonfat cherry vanilla yogurt & low fat Land O Lakes cheese Stick	Cucumbers, tomatoes, carrots, low fat Land O Lakes cheese stick, Kellogg's Tiger Bites & whole grain rich Tostitos	Baked potato, low fat cheddar cheese, all natural Daisy sour cream, Country Crock spread & whole grain rich Tostitos

A Lunch Consists of: Whole Grains, Meat / Meat Alternate, Assorted Fruits, Assorted Vegetables & rBST Hormone Free Milk

QUESTIONS? Special dietary needs, account restrictions, benefit and account questions please contact:

Christie Leininger, Director of Food Services at 412-264-9440 ext. 1129 or email [cleininger@moonarea.net](mailto:cleininger@moonarea.net)

USDA is an equal opportunity provider and employer

Menu subject to change based upon product availability