

# Get more money for groceries

A family of four may  
be eligible for up to

# \$835\*

from CalFresh  
each month



# healthy food. better health.

As a CalOptima member, you may qualify for CalFresh,  
and now it's easier to apply through CalOptima!

Call us toll-free at **1-888-587-8088 (TTY 711)**  
or visit [caloptima.org/calfresh](http://caloptima.org/calfresh)



Stay Connected!  
Visit [www.caloptima.org](http://www.caloptima.org)  
Or Follow Us @CalOptima



**CalOptima**  
A Public Agency  
Better. Together.

# What is CalFresh?

CalFresh can help you stretch your food budget, so you can buy healthy food — up to \$250\* for individuals and up to \$835\* for a family of four. Monthly amounts are based on eligibility requirements, including household size, income and expenses. The program issues benefits on a debit-type card that can be used at grocery stores, farmers markets and online, such as at Albertsons, Vons, Amazon and Walmart.



## Not a CalOptima Member?

Enroll in CalFresh online at [www.getcalfresh.org/s/oc](http://www.getcalfresh.org/s/oc).

### Enroll in CalFresh in person or by phone with these organizations.

#### **County of Orange Social Services Agency (SSA)**

1-800-281-9799

Find an SSA office at [ssaregionlocator.ocssa.net](http://ssaregionlocator.ocssa.net)

#### **2-1-1 Orange County**

Call 211 or text ZIP code to 898211

#### **Access California Services**

1-714-917-0440

631 S. Brookhurst St., Suite 107  
Anaheim, CA 92804

#### **Community Health Initiative of Orange County**

1-855-927-8333

1505 E. 17th St., Suite 121  
Santa Ana, CA 92705

#### **Disabled Resources Center Inc.**

1-562-427-1000, ext. 111

2750 E. Spring St., Suite 100  
Long Beach, CA 90806

#### **Friends of Family Health Center**

1-562-501-1661

501 S. Idaho St., Suite 270  
La Habra, CA 90631

#### **ICNA Relief USA**

1-714-399-4571

505 E. Commonwealth Ave.  
Fullerton, CA 92832

#### **North Orange County Regional Health Foundation**

1-714-853-4727

1182 N. Euclid St.  
Anaheim, CA 92801

#### **Saddleback Church-PEACE Community Center**

1-949-609-8211

1 Purpose Dr.  
Lake Forest, CA 92630

#### **Vista Community Clinic — The Gary Center**

1-562-264-6000, ext. 1814

201 S. Harbor Blvd.  
La Habra, CA 90631

*\* CalFresh is not a Medi-Cal program, and it will not change your Medi-Cal benefits. There is no guarantee you will qualify if you apply, and the benefit amounts vary. CalFresh will not impact immigration status.*