



All 5 food components must be on the tray unless supported by a documented medical or disability need.

Meals are Highly Subject to Change due to Ongoing Supply Chain and Staffing Issues

Student Lunch:
\$2.75
Adult Lunch:
\$4.60

MONDAY

Our unit lunch consists of all 5 food components placed on the student's tray

TUESDAY

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits
Vegetables
Milk

WEDNESDAY

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain. 1% White Milk offered daily.

THURSDAY

1
Steak Fingers
Vegetables, Fruit
Dinner Roll & Milk

FRIDAY

2
Cheeseburger
Vegetables, Fruit
Milk

5 Labor Day Holiday

6
Taco Tuesday
Vegetables, Fruit
Milk

7 **Breakfast for Lunch!**
Pancakes with
Scrambled Eggs
Hash Brown, Fruit
Milk

8
Mac & Cheese
Vegetables, Fruit
Milk

9
Cheeseburger
Vegetables, Fruit
Milk

12
Pizza
Vegetables, Fruit
Milk

13
Taco Tuesday
Vegetables, Fruit
Milk

14
Cheesy Breadsticks
Vegetables, Fruit
Milk

15
Steak Fingers
Vegetables, Fruits
Dinner Roll & Milk

16
Cheeseburger
Vegetables, Fruit
Milk

19
Chicken Bites
Vegetables, Fruit
Milk

20
Taco Tuesday
Vegetables, Fruit
Milk

21
Fish Sticks
Vegetables, Fruit
Brown Rice & Milk

22
Mac & Cheese
Vegetables, Fruit
Milk

23
Cheeseburger
Vegetables, Fruit
Milk

26
Pizza
Vegetables, Fruit
Milk

27
Taco Tuesday
Vegetables, Fruit
Milk

28
Cheesy Breadsticks
Vegetables, Fruit
Milk

29
Steak Fingers
Vegetables, Fruit
Dinner Roll & Milk

30
Cheeseburger
Vegetables, Fruit
Milk





Families who think they may qualify for free or reduced priced meals are encouraged to apply www.schoolcafe.com

Meals are Highly Subject to Change due to Ongoing Supply Chain and Staffing Issues

Student Breakfast:
\$1.50
Adult Breakfast:
\$3.10

MONDAY

Our unit breakfast consists of all 3 food components placed on the student's tray.

TUESDAY

Food Components:
Whole Grain
Fruits
Milk

WEDNESDAY

All breakfast cereals and pastries contain at least 51% whole grain. 1% White Milk is provided daily.

THURSDAY

1 Biscuit & Sausage
100% fruit juice
Low-Fat White Milk

FRIDAY

2 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

5 Labor Day Holiday

6 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

7 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

8 Biscuit & Sausage
100% fruit juice
Low-Fat White Milk

9 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

12 French Toast
100% fruit juice
Low-Fat White Milk

13 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

14 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

15 Biscuit & Sausage
100% fruit juice
Low-Fat White Milk

16 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

19 French Toast
100% fruit juice
Low-Fat White Milk

20 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

21 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

22 Biscuit & Sausage
100% fruit juice
Low-Fat White Milk

23 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

26 French Toast
100% fruit juice
Low-Fat White Milk

27 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

28 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

29 Biscuit & Sausage
100% fruit juice
Low-Fat White Milk

30 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

