

October 2022 Russell Jones Menu

All meals served with Milk and Juice

<p style="text-align: right;">3</p> <p>Pillsbury Frudel Cereal Grab & Go – Dunking Stick Sides: Fruit Cocktail Cheese Rippers with Marinara Hamburger Yogurt with Cereal Sides: Steamed Broccoli, Tossed Salad, Mandarin Oranges, Chocolate Chip Cookie</p>	<p style="text-align: right;">4</p> <p>Pancake & Sausage Bites Cereal Grab & Go – Sweet Potato Cinnamon Roll Sides: Fresh Orange Wedges Beef Fiestada Pizza BBQ Pulled Pork Sandwich Yogurt with Waffle Sides: Baked Beans, Slice Cucumbers, Tossed Salad, Peaches</p>	<p style="text-align: right;">5</p> <p>Breakfast Chicken Slider Cereal Grab & Go – Banana Bread Sides: Pears Chicken Tenders with Biscuit Cheese Munchable Yogurt with Biscuit Sides: Green Beans, Corn, Tossed Salad, Fresh Apple Slices</p>	<p style="text-align: right;">6</p> <p>Chocolate Chip Waffle Cereal Grab & Go – Oatmeal Breakfast Round Sides: Peaches Spaghetti with Meatsauce & Garlic Breadstick Mini Cheese Calzones with Marinara Yogurt with Hot Roll Sides: Broccoli & Cauliflower Mix, Tossed Salad, Pears, Fresh Strawberries</p>	<p style="text-align: right;">7</p> <p>Breakfast Pizza Cereal Grab & Go – Breakfast Hoop Sides: Applesauce Macaroni & Cheese Breaded Chicken Sandwich Yogurt with Muffin Sides: Glazed Carrots, Peas, Tossed Salad, Pineapple Tidbits</p>
<p style="text-align: right;">10</p> <p>Pillsbury French Toast with Turkey Sausage Cereal Grab & Go – Dunking Stick Sides: Mandarin Oranges Cheese Bites with Marinara Chicken & Biscuit Sandwich Yogurt with Biscuit Sides: Steamed Broccoli, Tossed Salad, Peaches, Red Velvet Cookie</p>	<p style="text-align: right;">11</p> <p>Pancake & Sausage Bites Cereal Grab & Go – Sweet Potato Cinnamon Roll Sides: Fresh Orange Wedges Beef Nachos Twisted Turkey Sandwich Yogurt with Muffin Sides: Refried Beans, Fresh Grape Tomatoes, Tossed Salad, Pears</p>	<p style="text-align: right;">12</p> <p>Strawberry Boli Cereal Grab & Go – Banana Bread Sides: Fruit Cocktail Chicken Nuggets with Hot Roll Cheese Pizza Slice Yogurt with Hot Roll Sides: Mashed Potatoes & Gravy, Green Beans, Tossed Salad, Strawberry Cup</p>	<p style="text-align: right;">13</p> <p>Scrambled Eggs & Zee Zee Bar Cereal Grab & Go – Oatmeal Breakfast Round Sides: Fresh Apple Slices Breakfast for Lunch- Pancakes with Turkey Sausage Mini Corn Dogs Yogurt with Cereal Sides: Tater Tots, Tossed Salad, Mixed Berry Cup, Fresh Pineapple Chunks</p>	<p style="text-align: right;">14</p> <p>Cinnabar Cereal Grab & Go – Breakfast Hoop Sides: Peaches Fish Sticks with Mac & Cheese Cheeseburger Yogurt with Breadstick Sides: Green Bell Pepper Slices, Tossed Salad, Mandarin Oranges</p>
<p style="text-align: right;">17</p> <p>Raspberry Cream Bar Cereal Grab & Go – Dunking Stick Sides: Mandarin Oranges Grilled Cheese Sandwich Mandarin Chicken with Rice Yogurt with Cereal Sides: Steamed Broccoli, Tossed Salad, Pineapple Tidbit, Rice Krispy Treat</p>	<p style="text-align: right;">18</p> <p>Pancake & Sausage Bites Cereal Grab & Go – Sweet Potato Cinnamon Roll Sides: Fresh Orange Wedges Beef Soft Tacos Corn Dog Yogurt with Muffin Sides: Mexican Beans, Fresh Baby Carrots, Tossed Salad, Pears, Strawberry Cup</p>	<p style="text-align: right;">19</p> <p>Apple Flip Cereal Grab & Go – Banana Bread Sides: Tater Tots, Peaches Fried Chicken with Strawberry Biscuit Cheese Munchable Yogurt with Strawberry Biscuit Sides: Green Beans, Corn, Tossed Salad, Mandarin Oranges, Fresh Apple Slices</p>	<p style="text-align: right;">20</p> <p>Chocolate Chip Waffle Cereal Grab & Go – Oatmeal Breakfast Round Sides: Strawberries Lasagna Roll Up with Marinara & Garlic Knot Cheese Pizza Slice Yogurt with Hot Roll Sides: Cucumber Slices, Tossed Salad, Peaches, Red Grapes</p>	<p style="text-align: right;">21</p> <p style="text-align: center;">CLOSED</p>
<p style="text-align: right;">24</p> <p>Pillsbury Mini Bagels Cereal Grab & Go – Dunking Stick Sides: Mandarin Oranges Breaded Mozzarella Sticks Awesome Burger Sliders Yogurt with Hot Roll Sides: Carrots, Tossed Salad, Pears, Granny Smith Apple, Candy Chip Cookie</p>	<p style="text-align: right;">25</p> <p>Pancake & Sausage Bites Cereal Grab & Go – Sweet Potato Cinnamon Roll Sides: Fresh Orange Wedges Beef Taco Salad Cheese Quesadilla Yogurt with Muffin Sides: Fiesta Black Beans, Shredded Lettuce, Diced Tomato, Tossed Salad, Peach Cup</p>	<p style="text-align: right;">26</p> <p>Breakfast Chicken Slider Cereal Grab & Go – Banana Bread Sides: Fresh Apple Slices Popcorn Chicken with Hot Roll Mini Corn Dogs Yogurt with Hot Roll Sides: Mashed Potatoes & Gravy, Green Beans, Tossed Salad, Mandarin Oranges</p>	<p style="text-align: right;">27</p> <p>Scrambled Eggs & Muffin Cereal Grab & Go – Oatmeal Breakfast Round Sides: Fresh Apple Slices Chicken Alfredo with Rotini & Garlic Breadstick Cheese Pizza Slice Yogurt with Cereal Sides: Roasted Broccoli, Tossed Salad, Applesauce, Fresh Orange Wedges</p>	<p style="text-align: right;">28</p> <p>Breakfast Pizza Cereal Grab & Go – Breakfast Hoop Sides: Fruit Cocktail Fun Fish with Goldfish Crackers Hot Dog Yogurt with Goldfish Crackers Sides: Tater Tots, Fresh Bell Pepper Slices, Tossed Salad, Fruit Cocktail</p>

Note – Menu subject to change

This institution is an equal opportunity provider

<p>31</p> <p>Pillsbury Frudel Cereal Grab & Go – Dunking Stick Sides: Fruit Cocktail Chili with Cinnamon Roll Cheesy Bread Yogurt with Cereal Sides: Steamed Broccoli, Tossed Salad, Mandarin Oranges</p>	<p>1</p> <p>Pancake & Sausage Bites Cereal Grab & Go – Sweet Potato Cinnamon Roll Sides: Fresh Orange Wedges Beef Fiestada Pizza BBQ Pulled Pork Sandwich Yogurt with Waffle Sides: Baked Beans, Sliced Cucumbers, Tossed Salad, Peaches</p>	<p>2</p> <p>Breakfast Chicken Slider Cereal Grab & Go – Banana Bread Sides: Pears Chicken Tenders with Biscuit Cheese Munchable Yogurt with Biscuit Sides: Green Beans, Corn, Tossed Salad, Pineapple Tidbits</p>	<p>3</p> <p>Chocolate Chip Waffle Cereal Grab & Go – Oatmeal Breakfast Round Sides: Peaches Spaghetti with Meatsauce & Garlic Breadstick Mini Cheese Calzones with Marinara Yogurt with Breadstick Sides: Broccoli & Cauliflower mix, Tossed Salad, Pears, Strawberries</p>	<p>4</p> <p>Breakfast Pizza Cereal Grab & Go – Breakfast Hoop Sides: Applesauce Macaroni & Cheese Breaded Chicken Sandwich Yogurt with Muffin Sides: Glazed Carrots, Peas, Tossed Salad, Pineapple Tidbits</p>
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