

2022 October

OSSEO AREA SCHOOLS

OEC and OALC High School Lunch Menu

ISD 279

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Cheeseburger Curly Fries <b>International Cuisine</b> KC Mesquite BBQ Chicken Drumstick Cornbread BBQ Baked Beans  Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables Protein Pack	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries <b>International Cuisine</b> Beef Taco in a Bag  Buttered Corn Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Cheeseburger Mashed Potatoes and Chicken Gravy <b>International Cuisine</b> Chicken Tenders (Regular and Spicy)  Mashed Potatoes and Chicken Gravy Dinner Roll Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries <b>International Cuisine</b> <b>Brunch For Lunch</b> French Toast Flavored Muffin Chicken Sausage Patties Hashbrown Patties Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Cheeseburger Chips <b>International Cuisine</b> Orange Chicken with White Rice Chicken Potsticker  Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Cheeseburger Curly Fries <b>International Cuisine</b> Pizza Turkey Pepperoni or Cheese Caesar Salad Parmesan Spinach Alfredo Tortilla Chips Fresh Fruit Assorted Fresh Vegetables Protein Pack	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries <b>International Cuisine</b> Beef Meatball Hoagie Sidewinder Fries Oven Roasted Curry Cauliflower Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Cheeseburger Curly Fries <b>International Cuisine</b> Penne Grilled Chicken Alfredo Breadstick Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie	Breaded Chicken Sandwich (Spicy or Regular) Mashed Potatoes And Country Gravy <b>International Cuisine</b> Country Fried Beef Steak Mashed Potatoes And Country Gravy Dinner Roll Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Cheeseburger Chips <b>International Cuisine</b> Shredded Chicken Burrito Bowl with Flour Tortilla Cilantro Lime Rice Southwest Beans Chipotle Cinnamon Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables Fresh Baked Cookie Turkey Cheese Hoagie
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Cheeseburger Curly Fries <b>International Cuisine</b> Thai Sweet Chili Chicken White Rice Vegetable Eggroll  Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables Protein Pack	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries <b>International Cuisine</b> Cheesy Hot Pockety Pizza with Marinara Sauce  Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Cheeseburger Mashed Potatoes and Chicken Gravy <b>International Cuisine</b> Breaded Chicken Drumstick Mashed Potatoes and Chicken Gravy  Dinner Roll Buttered Corn Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie	<b>No School</b>	<b>No School</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Cheeseburger Curly Fries <b>International Cuisine</b> Italian Dunker with Marinara Sauce Caesar Salad  Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables Protein Pack	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries <b>International Cuisine</b> Sloppy Joe Sandwich Sidewinder Fries BBQ Baked Beans Soy Glazed Cauliflower Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Cheeseburger Mashed Potatoes and Chicken Gravy <b>International Cuisine</b> Chicken Bites Mashed Potatoes and Chicken Gravy  Dinner Roll Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries <b>International Cuisine</b> <b>Chicken Wing Day</b> Pretzel and Cheese Sauce  Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Cheeseburger Chips <b>International Cuisine</b> Spicy Szechuan Chicken Lo Mein Noodles  Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie
<b>31</b>				
Cheeseburger Curly Fries <b>International Cuisine</b> KC Mesquite BBQ Chicken Drumstick Cornbread BBQ Baked Beans  Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables Protein Pack				
	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie

**IN SCHOOL OFFERED DAILY:**

Manager Choice of: Peanut Butter or Sun Butter and Jelly sandwich

\*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.

**This institution is an equal opportunity provider.**