



General Guidelines - Independent Athlete Program

Students may satisfy their Activity/Athletics requirement if they are continuing their participation in an athletic activity outside Kents Hill School. Students may not submit an application to start an activity that is new to them. Students will not be approved to compete in a sport during the Kents Hill competitive season of the sport offered. Students must be active participants in their activity for at least six hours per week (under coach supervision) and receive approval from their advisor and the Director of Athletics to qualify.

Students who wish to participate in the Independent Athlete program must submit an application that includes the number of hours and days of training, details of past accomplishments, and contact information for their coach. Applications must be submitted each season that a student is requesting Independent Athlete status. Transportation will not be provided off campus.

If approved, the student must keep a detailed journal of their experience to be turned in at the end of the season to the Director of Athletics. Failure to meet all of the stated expectations of an approved Independent Study in Athletics will result in restricted participation in the Independent Athlete program.

Each student must submit their application on or before the deadline set for the season of participation below.



APPLICATION FOR INDEPENDENT ATHLETE

DIRECTIONS: Please complete each part of this application and return it to the Director of Athletics. No requests will be considered without a complete application.

Student's Name _____ Grade in Applicable School Year _____

Current Date _____ Applicable School Year _____

To be completed by the student:

1. Athletic Activity: _____
2. Coach: _____
3. Coach's Contact Information (include: e-mail address, telephone number, and mailing address):

4. Description of Independent Athlete program (including activity, frequency of training, etc.):

5. Previous experience and accomplishments in this area:

6. Where will the training take place? _____

7. What is your transportation plan? _____

8. Circle the trimester you for which you are applying:

fall season

winter season

spring season



Responsibilities of the Coach of an Independent Athlete

Coach responsibilities:

- Planning, with the student, the goals of the program, forms of assessment, nature of instructional time, and meeting days and times.
- Ensuring that all of the relevant information on the student's Independent Athlete proposal is complete and accurate.
- Providing an update on the student's work and attendance through progress reports to the Independent Athlete Advisor twice each trimester.
- Assessing the student's work using Kents Hill's grading guidelines for Fitness/Athletic courses as detailed below:

Athletic Department grades are based on the following:

- Effort/Participation
 - Attitude
 - Skill Improvement
 - Knowledge of Course Content
 - Cooperation/Sportswomanship
 - Performance
 - Attendance
 - Preparation
- Writing a detailed comment and communicating it to the School in a timely manner at the end of the trimester.

I have read all of the responsibilities detailed above and agree to serve as coach for an Independent Athlete from Kents Hill School. I will be communicative and responsive to requests for information from School. I agree to immediately contact the Director of Athletics if any of the expectations of the proposed program are not being met. I understand that failure to meet any of these obligations may affect both the student's ability to earn course credit and my ability to serve as coach of an Independent Athlete from Kents Hill School.

Name of Independent Study Coach

E-mail address of Coach

Signature of Independent Study Coach

Phone number of Coach



Responsibilities of the Independent Athlete

Student's responsibilities:

- Planning, with the coach, the goals of the program, forms of assessment, nature of instructional time, and meeting days and times.
- Ensuring that all of the information on the Independent Athlete application is complete and accurate.
- Fulfilling all of the stated goals and expectations of the proposed Independent Athlete program.
- Keeping a detailed journal to be turned in at the end of each trimester to the Independent Athlete Advisor at Kents Hill.

I have read all of the responsibilities detailed above and agree to follow them. I affirm that all of the information I have presented in this proposal is complete and accurate. I will be communicative and responsive to requests for information from Kents Hill School related to this Independent Athlete program. I agree to immediately contact the Independent Athlete Advisor if any of the expectations of the proposed program are not being met. I understand that failure to meet any of these expectations will cause me to fail the course, and this will be reflected on my transcript; I will not be awarded any credit for it.

Name of Student

Signature of Parent/Guardian

Signature of Student



This Independent Athlete application has been reviewed, and it is:

APPROVED _____

DENIED _____

Date:

Comments:

Signature of Director of Athletics

Signature of Advisor