

Dear Families,

This week our school community will be focusing on the character strength of *Perspective*. Perspective means you appreciate when people see things in different ways. You have the ability to understand the world from multiple points of view.

Perspective is also referred to as wisdom and is distinct from intelligence. People with this strength are sought out for advice because they see the big picture and can make sense of the world's complexity. This strength of perspective gives individuals the ability to see to the heart of difficult matters and achieve clarity. Most importantly, they are honest and behave in an ethically consistent manner.

Perspective helps an individual make sense of the world. It provides clarity on what matters and what does not. Being able to see things from multiple angles helps individuals remain calm and learn from mistakes; they are typically highly self-aware. Reflecting on their own feelings, thoughts, and motives helps them understand and empathize with other people. These individuals are strong listeners and ask great questions. Individuals with the strength of perspective help their group get through difficult or uncertain circumstances because they're poised and can identify opportunities for success.

To practice and encourage the character strength of perspective with your child, please visit the Positivity Project's P2 for Families (password: P2), where together you will watch a video, read a quote, and talk about the answers to three questions.

Have a wonderful week!