

#FoodFreeFun List

Use best practices for healthy in-class, school and SCO sponsored events and fundraisers. These celebrations can keep students engaged and excited, not to mention some of the physical activity and learning that can occur. Please communicate the goals of a healthy school environment while still having opportunities to celebrate. Make it a priority to plan “healthy” celebrations and fundraisers that include non-food items or foods that meet the Smart Snack nutrition standards.

Lists of #FoodFreeFun for celebrations, school and SCO events, etc...

Healthy recipe share day

Student shares their personal story/cultural story with class

On child’s special day have students prepare a healthy snack together

Theme day

Stretch/Active breaks during the day (Brain Breaks)

Bookmarks

Taste-testing fresh fruits and/or fresh vegetables

Parent visits child’s class to read a story to students

10 minute Dance Party

10 minute extra recess

Parents buy a book for class or school library and visit child’s classroom on their special day to

Read book to class

Red Carpet Friday (acknowledge students for good things including Birthday that week)

Food Bank donation party

Stickers

Pencils

School Supplies

Students watch a fun movie

Late homework pass

Tickets to school events (dances, sporting events, etc..)

Reduced homework

Drawings for donated prizes

Fun runs

Pep Rally

Principal for the Day

Read announcements for the day

Water bottles

Special time with Teacher or Principal

Raffle for bigger prizes - i.e. a basketball, etc...

Movie Passes

School and District Branded Apparel

Active video games

Pool party, hike or group trip to a fun place

Donated coupons for music, books or movies

Recognition on morning announcements

Certificate, trophy, ribbon, plaque

Read or have class outdoors