



## 2022-2023 Cross Country Schedule

| <b>Date</b> | <b>Event/ Location</b>                                   | <b>JV</b> | <b>Varsity</b> |
|-------------|--|-----------|----------------|
| 8/16        | Practice Time Trial - Presentation - Seneca Park         | 4:30      | 4:30           |
| 8/27        | St. Xavier Tiger Run - Champions Park                    | 9:00      | 8:00           |
| 8/31        | St. X Champions Weekday #1 @ Champions Park              | 4:30      | 4:30           |
| 9/3         | Shelby County Invitational - Shelby County Middle School | 10:05     | 9:00           |
| 9/10        | Rumble in the Jungle - Creasey Mahan Nature Preserve     | 9:50      | 8:30           |
| 9/21        | St. X Champions Weekday #2 @ Champions Park              | 4:30      | 4:30           |
| 9/24        | Hillbilly Classic - Thomas Nelson High School            | 8:45      | 10:15          |
|             |  |           |                |
| 10/8        | Haunted Woods Classic - Oldham County High School        | 9:20      | 8:00           |
| 10/10       | Senior Night 3K - Mercy Academy                          | -         | TBD            |
| TBD         | Louisville Area JV Regional Meet                         | TBD       | -              |
| 10/21-22    | Region 4 AAA Meet  | -         | TBD            |
| 10/28-29    | State Meet @ Bourbon County Course, Paris                | -         | TBD            |