



Hampton Township School District October/November 2022 Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
October 3, 2022	October 4, 2022	October 5, 2022	October 6, 2022	October 7, 2022
Breakfast Pizza or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Cinnamon Rolls or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Sausage/Egg/Cheese Muffin or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini French Toast or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Waffles or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
October 10, 2022	October 11, 2022	October 12, 2022	October 13, 2022	October 14, 2022
No School	Mini Pancakes or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Pancake on a Stick or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Stuffed French Toast or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Dutch Waffle or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
October 17, 2022	October 18, 2022	October 19, 2022	October 20, 2022	October 21, 2022
Breakfast Pizza or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Cinnamon Rolls or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Sausage/Egg/Cheese Muffin or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini French Toast or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Waffles or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
October 24, 2022	October 25, 2022	October 26, 2022	October 27, 2022	October 28, 2022
Breakfast Pizza or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Pancakes or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Pancake on a Stick or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Stuffed French Toast or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Dutch Waffle or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
October 31, 2022	November 1, 2022	November 2, 2022	November 3, 2022	November 4, 2022
Breakfast Pizza or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Cinnamon Rolls or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Sausage/Egg/Cheese Muffin or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini French Toast or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	No School
November 7, 2022	November 8, 2022	November 9, 2022	November 10, 2022	November 11, 2022
Breakfast Pizza or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Pancakes or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Pancake on a Stick or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Stuffed French Toast or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Dutch Waffle or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk

ALL STUDENTS ARE ELIGIBLE FOR A FREE REIMBURSABLE BREAKFAST!!!!!!

Please make checks payable to: HTSD Cafeteria Fund. Money may also be deposited into your child's account online at www.PayForIt.net

USDA is an equal opportunity provider and employer

What is a Breakfast?
 Choice of Hot Entree or Daily Entree, Choice of Fruit/Juice, and Choice of Milk. Students must take at least a 1/2 cup of Fruit/Juice as one of their 3 components for the school breakfast price.

- DAILY ENTREES:**
- Chocolate Chip Bread Loaf with Goldfish Graham Crackers
 - Powdered Sugar Mini Donuts
 - Chocolate Mini Donuts
 - Glazed Donut
 - Oatmeal Choc Chip Snack Bar with Goldfish Graham Crackers
 - Cereal Breakfast with Goldfish Graham Crackers:
 - Cheerios
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Reese's Puffs
 - Cocoa Puffs
 - Honey Nut Cheerios
 - Frosted Flakes
 - Yogurt Breakfast with Goldfish Graham Crackers
 - Bagel with Cream Cheese, Jelly, or Butter



Fruit Choices May Include:
 Apples, Oranges, Bananas, Pears, Grapes, Applesauce, Pineapples, Mixed Fruit, Honeydew, Cantaloupe, Mandarin Oranges, Peaches, or 100% Assorted Fruit Juice



Milk Choices Include:
 1% White Milk,
 Fat Free Chocolate Milk,
 Fat Free Vanilla Milk,
 Fat Free Strawberry Milk,
 Fat Free White Milk,
 or Lactaid Milk

Food Service Director:
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