



September/October 2022 Elementary School Lunch Menu



Hampton Township School District

Monday	Tuesday	Wednesday	Thursday	Friday
26 <u>Chicken Patty on a Bun</u> Or <u>Alternate Entree</u> <u>Choice of Milk</u> <u>Steamed Mixed Veggies</u>	27 <u>Chicken Soft Taco</u> Or <u>Alternate Entree</u> <u>Choice of Milk</u> <u>Steamed Corn</u>	28 <u>Pasta with Meat Sauce and a Breadstick</u> Or <u>Alternate Entree</u> <u>Choice of Milk</u> <u>Steamed Green Beans</u>	29 <u>Cheeseburger on a Bun</u> Or <u>Alternate Entree</u> <u>Choice of Milk</u> <u>Steamed Broccoli</u>	30 <u>Big Daddy's Pizza</u> Or <u>Alternate Entree</u> <u>Choice of Milk</u> <u>Steamed Carrots</u>
3 <u>Meatball Hoagie</u> Or <u>Alternate Entree</u> <u>Choice of Milk</u> <u>Smiley Fries</u>	4 <u>Nachos Grande</u> Or <u>Alternate Entree</u> <u>Choice of Milk</u> <u>Steamed Corn</u>	5 <u>Toasted Cheese</u> Or <u>Alternate Entrée</u> <u>Choice of Milk</u> <u>Tomato Soup</u>	6 <u>Macaroni and Cheese</u> Or <u>Alternate Entree</u> <u>Choice of Milk</u> <u>Steamed Peas</u>	7 <u>Homemade Cheese Pizza</u> Or <u>Alternate Entrée</u> <u>Choice of Milk</u> <u>Steamed Broccoli</u>
10 <u>No School</u>	11 <u>Pierogi Meal</u> Or <u>Alternate Entree</u> <u>Choice of Milk</u> <u>Side Garden Salad</u>	12 <u>Mini Corn Dogs</u> Or <u>Alternate Entrée</u> <u>Choice of Milk</u> <u>Baked Beans</u>	13 <u>Chicken Mashed Potato Bowl</u> Or <u>Alternate Entrée</u> <u>Choice of Milk</u> <u>Steamed Corn</u>	14 <u>Big Daddy's Pizza</u> Or <u>Alternate Entrée</u> <u>Choice of Milk</u> <u>Ranchero Carrots</u>
17 <u>BBQ Ribby on a Bun</u> Or <u>Alternate Entree</u> <u>Choice of Milk</u> <u>Cole Slaw</u>	18 <u>Pasta with Meat Sauce Bread Stick</u> Or <u>Alternate Entrée</u> <u>Choice of Milk</u> <u>Steamed Green Beans</u>	19 <u>French Toast Sticks with Sausage</u> Or <u>Alternate Entrée</u> <u>Choice of Milk</u> <u>Potato Triangle</u>	20 <u>Beef Soft Taco</u> Or <u>Alternate Entree</u> <u>Choice of Milk</u> <u>Steamed Corn</u>	21 <u>Homemade Cheese Pizza</u> Or <u>Alternate Entrée</u> <u>Choice of Milk</u> <u>Steamed Cauliflower</u>
24 <u>Hot Dog on a Bun</u> Or <u>Alternate Entree</u> <u>Choice of Milk</u> <u>Baked Beans</u>	25 <u>General Tso's Chicken with Rice</u> Or <u>Alternate Entree</u> <u>Choice of Milk</u> <u>Steamed Broccoli</u>	26 <u>Yogurt Parfait with Cheese Stick and Belly Bears</u> Or <u>Alternate Entree</u> <u>Choice of Milk</u> <u>Red Pepper Strips</u>	27 <u>Hot Ham and Cheese Pretzel Sandwich</u> Or <u>Alternate Entree</u> <u>Choice of Milk</u> <u>Sweet Potato Puffs</u>	28 <u>Big Daddy's Pizza</u> Or <u>Alternate Entree</u> <u>Choice of Milk</u> <u>Steamed Corn</u>

Lunch Prices
 Lunch \$2.50
 Reduced Lunch \$0.40
 Adult \$3.75

**ALL ENTREES Include:
FRUIT + VEGETABLES + MILK**

***MENU IS SUBJECT TO
CHANGE BASED ON
PRODUCT AVAILABILITY**

Daily Alternative Entrees

- #2 Peanut Butter and Jelly with a Cheese Stick
- #3 Talbot Salad with Dinner Roll (Ham & Cheese Cups)
- #4 Chicken Tenders with a Dinner Roll



Daily Fruit & Vegetable Choices

Choices May Include:
(Local Choices Available in Season)
 Apples, Bananas, Grapes, Oranges, Apple Sauce, Cinnamon Apple Sauce, Mixed Fruit, Mandarin Oranges, Peaches, Baby Carrots, Broccoli, Cauliflower, Cucumbers, Celery, Spring Salad
 100% Fruit Juice Also Available Daily



rBST Hormone Free Milk

1% White
Fat Free Choices May Include:
 White, Chocolate, Vanilla & Strawberry
 Lactaid White Milk Available Upon Request

Menu is subject to change.

