

Trinity Area School District

October 2022 - Trinity Middle School Menu

MENU SUBJECT TO CHANGE

October

ALL MEALS SERVED WITH MILK CHOICE OF:

1% WHITE, 1% CHOCOLATE

100% Fruit Juice

Earn while your child learns! We are hiring substitute workers. Call 724-223-2000 ext. 7114 Please send checks made payable to Trinity Cafeteria or pay online thru Skyward.



October 03	October 04	October 05	October 06	October 07
Chicken Tenders Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Cheese Stick Appetizer Basket Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Buffalo Chicken Dip w/WG Chips Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Build a Burrito Bar Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Soft Tacos Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties C. P.
October 10	October 11	October 12	October 13	October 14
Panini Sandwich Chicken Filet Sandwich Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Nachos Grande Chicken Filet Sandwich Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Chicken Tenders Basket Chicken Filet Sandwich Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	French Toast w/sausage Chicken Filet Sandwich Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Bosco Sticks w/sauce Chicken Filet Sandwich Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties
October 17	October 18	October 19	October 20	October 21
General Tso w/Rice and Egg Roll Chicken Nuggets w/breadstick Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Pasta & Meatballs w/breadstick Chicken Nuggets w/breadstick Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Nashville Chicken Chicken Nuggets w/breadstick Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Soft Tacos Chicken Nuggets w/breadstick Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Italian Dunkers w/sauce Chicken Nuggets w/breadstick Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties
October 24	October 25	October 26	October 27	October 28
Bosco Sticks w/sauce Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Pork Nachos Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Chicken Alfredo Pasta w/breadstick Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Mexican Pizza Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Yogurt and Fruit Parfait Bar Cheeseburger Yogurt and Soft Pretzel Salad/Sandwich Line w/grahams PB&J or Pizza Varieties Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties
October 31	Apply for FREE and REDUCED Meal Benefits at www.schoolcafe.com Paid Lunch \$3.15 Reduced Lunch \$.40		Students must take the full meal or pay the ala carte price Menu subject to change without notice due to availability Check us out on Facebook or Twitter @tasdfodservice 724-223-2000 ext. 6504	Breakfast is free for all enrolled students

What is a MEAL?
 You must choose at least 3 of the 5 components available for the school lunch price. A minimum of a 1/2 cup of fruit or vegetable must accompany a reimbursable lunch.
Components are
Meat or Alternative
Grain/Bread
Choice of Vegetable
Choice of Fruit

Milk Selections are
 1% White
 Chocolate

Meals are Grab & Go
 No choices of fruits and vegetables
Fruit May Include
 Oranges, Pineapple, Grapes, Banana, Pears, Peaches, Cantaloupe, Melon, Apples, Strawberries, Fruit Salad, Applesauce, Mixed Fruit, Mandarin Oranges, etc.

Daily Cold Veggies
 May Include
 Carrots, Side Salad, Broccoli, Cole Slaw, Green and Red Peppers, Cucumbers, Cauliflower, Salad, Spinach Salad, Carrots, Side Salad,

Make Payments Skyward or send a check made out to Trinity Cafeteria
 Cash can be lost

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