

Menu Cycle Week – Nutrient Analysis

Menu Cycle: Elementary Lunch Week 7 All Elementary Schools
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	596.34	
Total Fat (g)		20.52	30.97
Sat Fat (g)(1)	< 10.00 % of Calories	5.89	8.88
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		65.79	
Sodium Target 1 (mg)(13)	< 1,230.00	1,095.23	
Sodium Target 2 (mg)(13)	< 935.00	1,095.23	
Carb (g)		74.28	49.83
Total Fiber (g)		5.36	
Total Sugars (g)		39.10(M)	26.22
Added Sugars (g)		3.14(M)	
Protein (g)		32.25	21.63
Iron (mg)		3.01(M)	
Calcium (mg)		374.15(M)	
VitA (IU)		1,529.18(M)	
VitC (mg)		20.83(M)	
VitD (mcg)		0.08(M)	
Potassium (mg)		642.97(M)	
Mois (g)		47.70(M)	
Ash (g)		0.32(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Meat/MA	[8.000 - 10.000]	[10.000 - 11.750](a)	
Grains	[8.000 - 9.000]	[9.750 - 12.500](a)	
Non-WGR		5.000	
WGR	>= 50.000 % of	37.250	88.17
Grain-D	<= 2.000	0.000	
Fruit	>= 2.500	5.000	
Fruit-J	<= 50.000 % of	2.500	50.00
Veg	>= 3.750	[5.250 - 8.000]	
Veg-DG	>= 0.500	2.000	
Veg-RO	>= 0.750	1.500	
Veg-BP	>= 0.500	1.000	
Veg-S	>= 0.500	1.000	
Veg-O	>= 0.500	2.500	
Veg-X		0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-F	>= 5.000	5.000	
MILK-V		Pass	

Legend

PrimerEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	
Lunch Menu Week 7 Day 1 All Elementary Schools	300																		
Category: Entrees; May Choose: 1																			
Chicken Tenders - LR100194 (1 serv.)	175	382.87	17.14	3.28	0.00	45.54	669.85	32.14	2.51	4.04	2.52	23.73	2.84	0.00	0.00(M)	0.00(M)	0.00	713.44	
Elementary PB&J - LR100001 (1 ea.)	10	460.00	22.50	6.00	0.00	10.00	650.00	47.00	5.00	15.00	13.00	18.00	1.70	261.00	400.00(M)	0.00(M)	0.00	397.98	
Ham and cheese sandwich - LR100204 (1 serv.)	30	305.65	9.02	2.50	0.00	62.77	1330.11	27.01	2.00	6.51	(M)	29.62	2.44(M)	100.00(M)	0.00(M)	0.00(M)	(M)	(M)	
Walking Taco Elementary and Middle - LR100028 (1	85	392.32	18.44	5.96	0.00	55.81	647.83	33.49	4.00	2.99	0.99(M)	21.96	2.40	185.27	0.00(M)	0.00(M)	0.00(M)	79.88(M)	
Category: Vegetables; May Choose: 2																			
Seasoned Green Beans, Veg-O - SR105383 (1/2 c.)	150	41.79	1.95	0.60	0.00(M)	0.00	157.62	6.08	2.36	2.47	(M)	1.17	0.52	33.46	397.20	3.22	0.00(M)	125.31(M)	
Spinach Salad side - LR100066 (1 salad)	75	16.14	0.12	0.02	0.00(M)	0.00	26.10	3.14	1.34	1.50	(M)	1.20	0.94	33.12	3240.95	15.00	0.00(M)	167.40(M)	
Category: Fruits; May Choose: 2																			
Fruit, Pineapple Cup 4.75 oz, AdvancePierre Foods, Juice - LR100023 (1 ea.)	150	70.00	0.00	0.00	0.00	0.00	0.00	18.00	1.00	14.00	(M)	0.00	0.36	20.00	0.00	9.00	(M)	(M)	
	200	17.69	0.00	0.00	0.00	0.00	2.92	4.37	0.00	4.08	(M)	0.00	0.00	0.00	0.00	10.35	(M)	(M)	
Category: Milk; May Choose: 1																			
Milk, 1% Chocolate, Schneider's - SR109446 (1	250	140.00	2.50	1.50	0.00	10.00	120.00	25.00	0.00	23.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	
Milk, 1% Lowfat, Schneiders, MILK - SR100053 (1	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	
Category: Condiments; May Choose: 4																			
Condiment, Ketchup, Tomato Fancy 33% Dressing, Italian Low Cal, Heinz - MCR100048 (1	100	30.00	0.00	0.00	0.00	0.00	380.00	8.00	0.00	8.00	(M)	0.00	0.00	0.00	200.00	0.00	(M)	(M)	
Dressing, Ranch Low Fat, Heinz - MCR100047 (1	100	25.00	1.25	0.25	0.00	0.00	160.00	4.00	0.50	2.50	(M)	0.00	0.00	1.00	0.00	1.00	(M)	(M)	
Mustard, Yellow, Dispenser Pouch, Heinz, 652000 -	25	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	
Lunch Menu Week 7 Day 2 All Elementary Schools -	300																		
Category: Entrees; May Choose: 1																			
Chicken Tenders - LR100194 (1 serv.)	160	382.87	17.14	3.28	0.00	45.54	669.85	32.14	2.51	4.04	2.52	23.73	2.84	0.00	0.00(M)	0.00(M)	0.00	713.44	
Elementary and middle salad and cookie - Elementary PB&J - LR100001 (1 ea.)	10	475.21	13.03	3.01	0.00	45.00	680.53	63.90	9.38	21.63	0.00(M)	26.11	5.37	112.69	4558.62(M)	15.22(M)	0.10(M)	659.22(M)	
Elementary PB&J - LR100001 (1 ea.)	10	460.00	22.50	6.00	0.00	10.00	650.00	47.00	5.00	15.00	13.00	18.00	1.70	261.00	400.00(M)	0.00(M)	0.00	397.98	
French Toast Lunch elementary and middle -	120	290.00	14.00	3.50	0.00	145.00	610.00	26.99	2.00	11.00	10.00(M)	15.00	1.72	99.00	0.00(M)	0.00(M)	1.00(M)	115.00(M)	

Menu Cycle Week – Nutrient Analysis

Category: Vegetables; May Choose: 2																		
Cucumber, with peel, raw - SR105245 (1/2 cup slices)	125	7.80	0.06	0.02	0.00	0.00	1.04	1.89	0.26	0.87	(M)	0.34	0.15	8.32	54.60	1.46	0.00	76.44
Vegetable, Baked Beans, Veg-BP - SR102961 (1/2)	50	126.98	0.00	0.00	0.00	0.00	433.74	26.56	5.14	9.80	(M)	6.04	1.54	34.25	49.41	0.59	(M)	(M)
Category: Fruits; May Choose: 2																		
Applesauce, Natural, Unsweetened, 4.5 oz.	150	50.00	0.00	0.00	0.00	0.00	0.00	14.00	1.00	12.00	(M)	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Juice - LR100023 (1 ea.)	150	17.69	0.00	0.00	0.00	0.00	2.92	4.37	0.00	4.08	(M)	0.00	0.00	0.00	0.00	10.35	(M)	(M)
Category: Milk; May Choose: 1																		
Milk, 1% Chocolate, Schneider's - SR109446 (1	250	140.00	2.50	1.50	0.00	10.00	120.00	25.00	0.00	23.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, 1% Lowfat, Schneiders, MILK -	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Category: Condiments; May Choose:																		
Condiment, Ketchup, Tomato Fancy, 33%	200	30.00	0.00	0.00	0.00	0.00	380.00	8.00	0.00	8.00	(M)	0.00	0.00	0.00	200.00	0.00	(M)	(M)
Dressing, Italian Low Cal, Heinz - MCR100048 (1	5	2.50	0.00	0.00	0.00	0.00	45.00	0.63	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Dressing, Ranch Low Fat, Heinz - MCR100047 (1	100	25.00	1.25	0.25	0.00	0.00	160.00	4.00	0.50	2.50	(M)	0.00	0.00	1.00	0.00	1.00	(M)	(M)
Mustard, Yellow, Dispenser Pouch, Heinz, 652000 -	5	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Lunch Menu Week 7 Day 3 All Elementary Schools -																		
Category: Entrees; May Choose: 1																		
Chicken Tenders - LR100194 (1 serv.)	120	382.87	17.14	3.28	0.00	45.54	669.85	32.14	2.51	4.04	2.52	23.73	2.84	0.00	0.00(M)	0.00(M)	0.00	713.44
Elementary PB&J - LR100001 (1 ea.)	10	460.00	22.50	6.00	0.00	10.00	650.00	47.00	5.00	15.00	13.00	18.00	1.70	261.00	400.00(M)	0.00(M)	0.00	397.98
Ham and cheese sandwich - LR100204 (1 serv.)	75	305.65	9.02	2.50	0.00	62.77	1330.11	27.01	2.00	6.51	(M)	29.62	2.44(M)	100.00(M)	0.00(M)	0.00(M)	(M)	(M)
Italian Hoagie Elementary and Middle - LR100049 (1	95	474.39	26.78	11.29	0.00	92.80	1570.29	26.82	3.00	6.82	0.00(M)	29.43	2.38	267.56	0.00(M)	0.60(M)	0.00(M)	25.31(M)
Category: Vegetables; May Choose: 2																		
Broccoli, Spears, No Salt Added, Frozen, USDA	75	26.00	0.00	0.00	0.00	0.00	22.00	5.00	3.00	1.00	(M)	3.00	(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)
Carrots, baby-cut, fresh, peeled [100982, A094] -	75	26.00	0.09	0.02	0.00	0.00	57.20	6.01	2.13	(M)	(M)	0.46	0.66	23.40	10163.40	1.95	(M)	(M)
Category: Fruits; May Choose: 2																		
Juice - LR100023 (1 ea.)	200	17.69	0.00	0.00	0.00	0.00	2.92	4.37	0.00	4.08	(M)	0.00	0.00	0.00	0.00	10.35	(M)	(M)
Strawberries, raw - SR105449 (1/2 cup, halve)	75	24.32	0.23	0.01	0.00	0.00	0.76	5.84	1.52	3.72	(M)	0.51	0.31	12.16	9.12	44.69	0.00	116.28
Category: Milk; May Choose: 1																		
Milk, 1% Chocolate, Schneider's - SR109446 (1	250	140.00	2.50	1.50	0.00	10.00	120.00	25.00	0.00	23.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Milk, 1% Lowfat, Schneiders, MILK -	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Category: Condiments; May Choose: 4																		
Condiment, Ketchup, Tomato Fancy, 33%	20	30.00	0.00	0.00	0.00	0.00	380.00	8.00	0.00	8.00	(M)	0.00	0.00	0.00	200.00	0.00	(M)	(M)
Dressing, Ranch Low Fat, Heinz - MCR100047 (1	75	25.00	1.25	0.25	0.00	0.00	160.00	4.00	0.50	2.50	(M)	0.00	0.00	1.00	0.00	1.00	(M)	(M)
Mustard, Yellow, Dispenser Pouch, Heinz, 652000 - SR102847 (1 Then)	5	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Lunch Menu Week 7 Day 4	300																	
Category: Entrees; May Choose: 1																		
Chicken Tenders - LR100194 (1 serv.)	190	382.87	17.14	3.28	0.00	45.54	669.85	32.14	2.51	4.04	2.52	23.73	2.84	0.00	0.00(M)	0.00(M)	0.00	713.44
Elementary and middle salad and cookie - SR100011 (1 ea.)	15	475.21	13.03	3.01	0.00	45.00	680.53	63.90	9.38	21.63	0.00(M)	26.11	5.37	112.69	4558.62(M)	15.22(M)	0.10(M)	659.22(M)
Elementary PB&J - LR100001 (1 ea.)	10	460.00	22.50	6.00	0.00	10.00	650.00	47.00	5.00	15.00	13.00	18.00	1.70	261.00	400.00(M)	0.00(M)	0.00	397.98
Popcorn Chicken and Chocolate Granola Bar - SR100012 (1 ea.)	85	404.75	19.40	3.77	0.00	22.15	497.67	39.51	6.32	10.11	8.00	17.51	3.21	36.55(M)	0.00(M)	0.00(M)	0.00(M)	819.96
Category: Vegetables; May Choose: 2																		
Celery, raw - SR105165 (1/2 cup choppe)	150	7.07	0.09	0.02	0.00	0.00	40.40	1.50	0.81	0.68	(M)	0.35	0.10	20.20	226.75	1.57	0.00	131.30
Potatoes, Reduced Sodium Tater Tots, 2.52 oz.,	150	90.00	3.50	0.00	0.00	0.00	160.00	14.00	2.00	0.00	0.00	1.00	0.40	10.00	0.00(M)	0.00(M)	0.00	180.01
Category: Fruits; May Choose: 2																		
Bananas, raw - SR105089 (1 medium (7"))	150	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	(M)	1.29	0.31	5.90	75.52	10.27	0.00	422.44
Juice - LR100023 (1 ea.)	200	17.69	0.00	0.00	0.00	0.00	2.92	4.37	0.00	4.08	(M)	0.00	0.00	0.00	0.00	10.35	(M)	(M)
Category: Milk; May Choose: 1																		
Milk, 1% Chocolate, Schneiders, SR100146 (1	250	140.00	2.50	1.50	0.00	10.00	120.00	25.00	0.00	23.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, 1% Lowfat, Schneiders, MILK -	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Category: Condiments; May Choose: 4																		
Condiment, Ketchup, Tomato Fancy, 33%	100	30.00	0.00	0.00	0.00	0.00	380.00	8.00	0.00	8.00	(M)	0.00	0.00	0.00	200.00	0.00	(M)	(M)
Dressing, Italian Low Cal, Heinz - MCR100048 (1	20	2.50	0.00	0.00	0.00	0.00	45.00	0.63	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Dressing, Ranch Low Fat, Heinz - MCR100047 (1	10	25.00	1.25	0.25	0.00	0.00	160.00	4.00	0.50	2.50	(M)	0.00	0.00	1.00	0.00	1.00	(M)	(M)
Mayonnaise, 1.5 Gallon Dispenser, Heinz, 516700 -	2	50.00	3.50	0.50	0.00	5.00	135.00	4.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Mustard, Yellow, Dispenser Pouch, Heinz, 652000 - SR102847 (1 Then)	2	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Lunch Menu Week 7 Day 5	300																	
Category: Entrees; May Choose: 1																		

Menu Cycle Week – Nutrient Analysis

Chicken Tenders - LR100194 (1 serv.)	190	382.87	17.14	3.28	0.00	45.54	669.85	32.14	2.51	4.04	2.52	23.73	2.84	0.00	0.00(M)	0.00(M)	0.00	713.44
Elementary PB&J - LR100001 (1 ea.)	10	460.00	22.50	6.00	0.00	10.00	650.00	47.00	5.00	15.00	13.00	18.00	1.70	261.00	400.00(M)	0.00(M)	0.00	397.98
Ham and cheese sandwich - LR100204 (1 serv.)	25	305.65	9.02	2.50	0.00	62.77	1330.11	27.01	2.00	6.51	(M)	29.62	2.44(M)	100.00(M)	0.00(M)	0.00(M)	(M)	(M)
Pizza, BIG DADDY'S Primo 16" WG Par-Baked Crust	75	360.00	16.00	8.00	0.00	40.00	490.00	35.00	4.00	6.00	(M)	18.00	(M)	(M)	(M)	(M)	(M)	611.00
Category: Vegetables; May Choose: 2																		
Peas, green, cooked from frozen, drained, without	100	62.00	0.22	0.04	0.00	0.00	58.00	11.41	4.40	(M)	(M)	4.12	1.26	19.00	1680.00	7.90	(M)	(M)
Peppers, sweet, green, raw - LR100140 (1/2 cup, chopp)	125	14.90	0.13	0.04	0.00	0.00	2.23	3.46	1.27	1.79	(M)	0.64	0.25	7.45	275.65	59.90	0.00	130.38
Category: Fruits; May Choose: 2																		
Juice - LR100023 (1 ea.)	200	17.69	0.00	0.00	0.00	0.00	2.92	4.37	0.00	4.08	(M)	0.00	0.00	0.00	0.00	10.35	(M)	(M)
Pears, canned, juice pack, solids and liquids -	150	62.00	0.09	0.01	0.00	0.00	4.96	16.05	1.98	12.03	(M)	0.42	0.36	11.16	7.44	1.98	0.00	119.04
Category: Milk; May Choose: 1																		
Milk, 1% Chocolate, Schneider's - SR109446 (1	250	140.00	2.50	1.50	0.00	10.00	120.00	25.00	0.00	23.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Milk, 1% Lowfat, Schneiders, MILK -	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Category: Condiments; May Choose: 4																		
Condiment, Ketchup, Tomato, Heinz - 516700	10	30.00	0.00	0.00	0.00	0.00	380.00	8.00	0.00	8.00	(M)	0.00	0.00	0.00	200.00	0.00	(M)	(M)
Dressing, Ranch Low Fat, Heinz - MCB100047 (1	75	25.00	1.25	0.25	0.00	0.00	160.00	4.00	0.50	2.50	(M)	0.00	0.00	1.00	0.00	1.00	(M)	(M)
Mayonnaise, 1.5 Gallon Dispenser, Heinz - 516700	5	50.00	3.50	0.50	0.00	5.00	135.00	4.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Mustard, Yellow, Dispenser, French, Heinz - 652000	5	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)

i	Mois (g)
	(M)
	(M)
	(M)
4)	(M)
(81.26(M)
(27.42
	(M)
	(M)
	(M)
	(M)
	(M)
	(M)
	(M)
	(M)
	(M)
(24.76(M)
	(M)
((M)

	49.52
	(M)
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4)	(M)
	(M)
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	(M)
	69.12
	(M)

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(M)
(24.76(M)
(M)
(M)
48.19
(M)
88.39
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