

October 2022 Gerner Early Childhood Center Menu

<p>Strawberry Boli Fruit, Milk, Juice AM Snack: Muffin</p> <p>Hamburger Yogurt with Breadstick Sides: Steamed Broccoli, Mandarin Oranges, Milk, Juice PM Snack: Grip Grahams</p> <p style="text-align: right;">3</p>	<p>Hadley Farms Sweet Potato Cinnamon Roll, Fruit, Milk, Juice AM Snack: Fruit Cup</p> <p>Beef Fiestada Pizza Mini Cheese Ravioli Sides: Fresh Cucumber Slices, Peaches, Milk, Juice PM Snack: Animal Crackers</p> <p style="text-align: right;">4</p>	<p>Pillsbury Mini Cinnis Fruit, Milk, Juice AM Snack: Zee Zee Bar</p> <p>Chicken Tenders Yogurt with Breadstick Sides: Green Beans, Fresh Apple Slices, Milk, Juice PM Snack: Assorted Cereal</p> <p style="text-align: right;">5</p>	<p>Oatmeal Round Fruit, Milk, Juice AM Snack: Yogurt</p> <p>Rotini with Meatsauce Mini Cheese Ravioli Sides: Broccoli & Cauliflower Mix, Fresh Strawberries, Milk, Juice PM Snack: Cheez-It Crackers</p> <p style="text-align: right;">6</p>	<p>Hadley Farms Cinnabar Fruit, Milk, Juice AM Snack: Raisins</p> <p>Macaroni & Cheese Yogurt with Breadstick Sides: Peas, Pineapple Tidbits, Milk, Juice PM Snack: Scooby Doo Grahams</p> <p style="text-align: right;">7</p>
<p>Pillsbury Frudel Fruit, Milk, Juice AM Snack: ½ Cheese Sandwich</p> <p>Sweet & Sour Meatballs with Rice Yogurt with Breadstick Sides: Steamed Broccoli, Peaches, Milk, Juice PM Snack: Scooby Doo Grahams</p> <p style="text-align: right;">10</p>	<p>Turkey Sausage & Biscuit Fruit, Milk, Juice AM Snack: Yogurt</p> <p>Cheese Pizza Slice Mini Cheese Ravioli Sides: Carrots, Pears, Milk, Juice PM Snack: Sunflower Butter with Graham Crackers</p> <p style="text-align: right;">11</p>	<p>Pillsbury Mini Bagels Fruit, Milk, Juice AM Snack: Peach Cup</p> <p>Chicken Nuggets Yogurt with Breadstick Sides: Mashed Potatoes & Gravy, Green Beans, Strawberry Cup, Milk, Juice PM Snack: Zee Zee Bar</p> <p style="text-align: right;">12</p>	<p>Fruit Flip Fruit, Milk, Juice AM Snack: Tortilla Chips & Salsa</p> <p>Breakfast for Lunch Pancakes & Sausage Mini Cheese Ravioli Sides: Tater Tots, Peas, Fresh Pineapple Chunks, Milk, Juice PM Snack: Fresh Orange Wedges</p> <p style="text-align: right;">13</p>	<p>Apple Burrito Fruit, Milk, Juice AM Snack: Turkey Coins & Crackers</p> <p>Fish Sticks Yogurt with Breadstick Sides: Green Bell Pepper Strips, Mandarin Oranges, Milk, Juice PM Snack: Zee Zee Grahams</p> <p style="text-align: right;">14</p>
<p>Cereal Fruit, Milk, Juice AM Snack: Dried Fruit</p> <p>Mandarin Chicken with Rice Yogurt with Breadstick Sides: Steamed Broccoli, Pineapple Tidbits, Milk, Juice PM Snack: Lemon Doodles</p> <p style="text-align: right;">17</p>	<p>Hadley Farms Cinnabar Fruit, Milk, Juice AM Snack: Fruit Cup</p> <p>Beef Soft Taco Mini Cheese Ravioli Sides: Corn, Mandarin Oranges, Milk, Juice PM Snack: Animal Crackers</p> <p style="text-align: right;">18</p>	<p>Turkey Sausage & Biscuit Fruit, Milk, Juice AM Snack: Scooby Doo Grahams</p> <p>Grilled Cheese Sandwich Yogurt with Breadstick Sides: Green Beans, Fresh Apple Slices, Milk, Juice PM Snack: Assorted Cereal</p> <p style="text-align: right;">19</p>	<p>Oatmeal Round Fruit, Milk, Juice AM Snack: Yogurt</p> <p>Lasagna Roll Up with Marinara Mini Cheese Ravioli Sides: Fresh Cucumber Slices, Peaches, Milk, Juice PM Snack: Cheez-It Crackers</p> <p style="text-align: right;">20</p>	<p>Pillsbury Mini Cinnis Fruit, Milk, Juice AM Snack: Peach Cup</p> <p>Shrimp Poppers Yogurt with Breadstick Sides: Sweet Potato Fries, Pears, Milk, Juice PM Snack: Muffin</p> <p style="text-align: right;">21</p>
<p>Strawberry Boli Fruit, Milk, Juice AM Snack: ½ Cheese Sandwich</p> <p>Turkey & Cheese Sub Sandwich Yogurt with Breadstick Sides: Carrots, Peach Cup, Milk, Juice PM Snack: Grip Grahams</p> <p style="text-align: right;">24</p>	<p>Hadley Farms Sweet Potato Cinnamon Roll, Fruit, Milk, Juice AM Snack: Yogurt</p> <p>Cheese Quesadilla Mini Cheese Ravioli Sides: Fiesta Black Beans, Pears, Milk, Juice PM Snack: Sunflower Butter with Graham Crackers</p> <p style="text-align: right;">25</p>	<p>Raspberry Cream Bar Fruit, Milk, Juice AM Snack: Peach Cup</p> <p>Popcorn Chicken Yogurt with Breadstick Sides: Mashed Potatoes & Gravy, Green Beans, Mandarin Oranges, Milk, Juice PM Snack: Zee Zee Bar</p> <p style="text-align: right;">26</p>	<p>Turkey Sausage & Biscuit Fruit, Milk, Juice AM Snack: Tortilla Chips & Salsa</p> <p>Chicken Alfredo with Rotini Mini Cheese Ravioli Sides: Broccoli, Fresh Orange, Wedges, Milk, Juice PM Snack: Assorted Cereal</p> <p style="text-align: right;">27</p>	<p>Banana Bread Fruit, Milk, Juice AM Snack: Turkey Coins & Crackers</p> <p>Fun Fish Yogurt with Breadstick Sides: Tater Tots, Fresh Bell Pepper Strips, Fruit Cocktail, Milk, Juice PM Snack: Zee Zee Grahams</p> <p style="text-align: right;">28</p>
<p>Apple Flip Fruit, Milk, Juice AM Snack: Lemon Doodles</p> <p>Beef & Bean Chili with Cinnamon Roll Yogurt with Breadstick Sides: Steamed Broccoli, Mandarin Oranges, Milk, Juice PM Snack: Animal Crackers</p> <p style="text-align: right;">31</p>	<p>Oatmeal Round Fruit, Milk, Juice AM Snack: Fruit Cup</p> <p>Beef Fiestada Pizza Mini Cheese Ravioli Sides: Refried Beans, Fresh Sliced Cucumbers, Peaches, Milk, Juice PM Snack: Zee Zee Grahams</p> <p style="text-align: right;">1</p>	<p>Pillsbury Mini Bagels Fruit, Milk, Juice AM Snack: Zee Zee Bar</p> <p>Chicken Tenders Yogurt with Breadstick Sides: Green Beans, Fresh Apple Slices, Milk, Juice PM Snack: Assorted Cereal</p> <p style="text-align: right;">2</p>	<p>Hadley Farms Cinnabar Fruit, Milk, Juice AM Snack: Yogurt</p> <p>Breaded Chicken Sandwich Mini Cheese Ravioli Sides: Broccoli & Cauliflower mix, Strawberries, Milk, Juice PM Snack: Cheez-It Crackers</p> <p style="text-align: right;">3</p>	<p>Pillsbury Frudel Fruit, Milk, Juice AM Snack: Raisins</p> <p>Macaroni & Cheese Yogurt with Breadstick Sides: Peas, Pineapple Tidbits, Milk, Juice PM Snack: Muffin</p> <p style="text-align: right;">4</p>