



AVID Newsletter



The AVID team at Foothill wants to share monthly tips and strategies that are helpful for ALL students.

This Month: Note Taking! (Created for teachers and students)

Student Voices



Curve of Forgetting



Good note taking in 5 easy steps!

Focused Note-Taking Process

- ✓ Taking Notes
- ✓ Processing Notes
- ✓ Connecting Thinking
- ✓ Summarizing and Reflecting on Learning
- ✓ Applying Learning

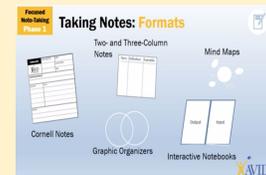


[Printable Template](#)
[Fillable Template + Instructions](#)

FOCUSED NOTES Falcon Pride

Shout out to the science department and their amazing interactive notebooks!!

See some amazing science notes featured on Ms. Applin's website [here](#)



1. [Formats](#) [HERE](#) [AND](#) [HERE](#)
2. [Graphic Organizers](#) [HERE](#)

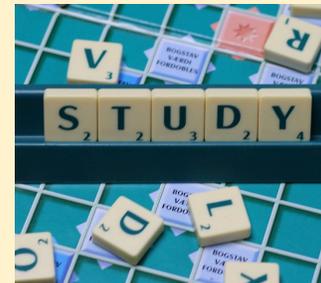


Self-Assessment

Would you like to be part of our AVID team?

Have some feedback, questions or want to share a success story?

Please reply [here](#)!



Strategies for Studying

Who are your [AVID](#) Elective Teachers??