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ARGS

**Appomattox
Regional
Governor's
School**

VISUAL ART

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DANCE

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Appomattox Regional Governor's School

for the Arts & Technology

Dance





OVERVIEW

Dance at ARGs prepares students to succeed in a collegiate dance major program (emphasis: Modern Dance/Choreography). The program can also enhance pre-professional classical ballet training program (emphasis: Classical Ballet/Performance). The dance program at ARGs provides students a strong foundation in theatrical dance technique, as well as in dance academics, sciences, and aesthetics. ARGs Dance values artistic integrity achieved through self-discipline, creativity founded in aesthetic principles, and the spirit of artistic inquiry and openness to new ideas.

While working hard to develop strong technique, dancers are nurtured in the development of a unique creative voice. Students entering the ARGs dance program receive consistent, quality dance training and are able to develop their artistry to the fullest possible potential. In addition, our program offers non-dance focus students the opportunity to explore dance as an elective art experience.

ARGs Dance enjoys an unique, exciting partnership with the Richmond Ballet, the State Ballet of Virginia. Dance focus majors study in the state-of-the-art facility and the stimulating environment of this renowned professional dance company. Classes are held in the spacious, state-of-the-art studio facilities of the Richmond Ballet. ARGs dancers also perform in the beautiful Richmond Ballet Studio Theatre space.



CURRICULUM

The Dance Department's rigorous program of studies is designed to prepare students to successfully enter any collegiate dance major or conservatory program. Students are provided a challenging, comprehensive program of studies designed to maximize technical mastery and dance artistry, as well as the development of a unique choreographic voice.

Students are offered regular performance opportunities including annual concerts, national festival performances, informal showings, and other venues. In addition, students regularly attend live professional dance performances as part of their dance education experience.

Guest artists and artists-in-residence allow dance students to broaden their exposure to a diverse array of working professional dance artists.

Senior dance focus majors culminate their ARGs Dance experience by choreographing and producing their own works in the senior dance concert.



COURSES

The ARGs Dance Department offers an array of dance classes designed to prepare dance focus majors to successfully enter any collegiate dance major program. In addition, elective courses are offered to all students who may be interested in learning more about the art of dance. Subjects include ballet, modern, and jazz techniques, exploration of ethnic and other dance forms, improvisation, personal conditioning for dance, dance history, dance sciences, dance composition, and dance repertory and performance.

COURSE LISTING

- Basic Dance
- Ballet I – IV
- Modern I – IV
- Composition I: Dancer's Workshop Senior
- Composition II: Independent Projects
- Dance History & Conditioning I, II
(including Pilates, Yoga)
- Dance Repertory & Performance I, II
- Jazz I, II

